

NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU
Faculty Wise Research Projects (Last Three Years)

Sl. No.	Name of the Project/ Department, Chair	Year	Fund Provided
1.	Effect of Khar-i-khasak (<i>Tribulus terrestris</i> Linn.) in preventing the progression of prehypertension to hypertension: A randomized, double blind, placebo-controlled trial Principal Investigator: Prof. M.A. Siddiqui Co- Investigators: Dr. Malik Itrat, Dr. Abdul Mobeen, Dr. Md. Imran Khan Department of Moalajat	Completed in 2020	IMR Project (NIUM) Total fund approved Rs. 90,000/-
2.	Assessment of Mizaj in Ihtibas al-Tamth Principal Investigator: Dr. Arshiya Sultana Reader, Department of Ilmul Qabalat wa Amraze Niswan, NIUM, Bengaluru Department of Ilmul Qabalat wa Amraze Niswan	Completed in March 2020	IMR Project (NIUM) Non-funded
3.	Efficacy of Majoon Idrare Haiz in PCOS- A pilot study. Principal Investigator: Dr. Kouser Fathima Firdose, Assistant Professor Co- Investigator: Prof. Wajeeha Begum, HoD, Ilmul Qabalat wa Amraze Niswan, NIUM, Bengaluru. Department of Ilmul Qabalat wa Amraze Niswan	(in Progress)	IMR Project (NIUM) Non-Funded



The investigators submit a paper of this project
to any good quality Journal at the earliest

To
The Director
National Institute of Unani Medicine
Bangalore-91

Date: 10.06.20

Subject: Submission of Intramural Research Project Report


Respected Sir,

We are very pleased to submit the intramural research project report entitled "Evaluation of efficacy of Khār-i-khasak (*Tribulus terrestris* Linn.) in preventing the progression of prehypertension to hypertension: A randomized, double blind, placebo-controlled trial".

In presenting this report, we have tried our level best to include all the relevant information and explanation, to make the report informative and comprehensive.


Lastly, we would like to express our sincere appreciation and thanks to your help while doing this project. We shall be glad to answer any queries that you may have in this regard.

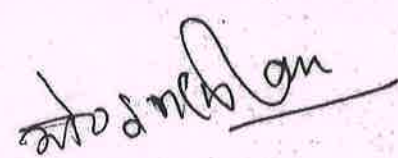
Yours sincerely


Prof. M. A. Siddiqui

(Principal Investigator)


Dr. Malik Itrat
(Co-investigator)


Dr. Abdul Moheen
(Co-investigator)


Dr. Md. Imran Khan
(Co-investigator)

End! Hardcopy of Project Report



2/6/2020

Date: June 1, 2020

To,
The Director,
NIUM,
Bengaluru.

CA
2/6
2/6/2020
3/1/20

Sub: Information regarding completion of IMR project... reg.

Sir,

With the above cited subject, I like to inform that I have completed the intramural research project on "Assessment of Mizaj in Ihtibas al-Tamth."

Thanking You

Yours faithfully,

Arshiya

Arshiya Sultana
Reader, D/o Amraze Niswan wa Ilmul Qabalat
NIUM

[Handwritten signature]



National Institute of Unani Medicine, Bangalore
Communication of Decision of the Institutional Ethics Committee (IEC)
for Biomedical Research

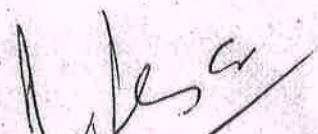
IEC No: NIUM/IEC/2016-17/036/IMR/04

Protocol Title:		
Effect of Majoon-e- Idrare Haiz in PCOS – A Pilot Study		
Name of the Investigator: Dr Kouser Fathima Firdose Lecturer, Department of Ilmul Qablat wa Amraze Niswan National Institute of Unani Medicine, Bangalore		
<input checked="" type="checkbox"/> New review	<input type="checkbox"/> Revised review	<input type="checkbox"/> Expedited review
Date of review (D/M/Y): 18.05.2017		
Date of previous review, if revised application:		
Decision of the IEC		
<input checked="" type="checkbox"/> Recommended	<input type="checkbox"/> Recommended with suggestions	
<input type="checkbox"/> Revision	<input type="checkbox"/> Rejected	
Approved		

Please note:

- Inform IEC immediately in case of any adverse events and serious adverse events.
- Inform IEC in case of any change of study procedure, site and investigator
- Annual report to be submitted to IEC.
- Members of IEC have right to monitor the trial with prior intimation.




Dr. Mohd Aleenuddin Quamri
Dr. Member Secretary
 Institutional Ethics Committee
IEC NIUM Biomedical Research
 National Institute of Unani Medicine
 Bangalore - 560 091.





NATIONAL INSTITUTE OF UNANI MEDICINE

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F.No.NIUM/B'lore//Dept.of Amraze Niswan/Batch 2014-15

Date: 03/08/2018

Office Order

The Competent Authority has accorded permission to start pilot study to generate data on the title "Effect of Majoone Idrare Haiz in PCOS" by Dr. Kousar Fathima Firdose, Lecturer, Dept.of Ilmul Qabalat wa Amraze Niswan without any financial assistant.


 (Nadeem A. Siddiqui)
 Administrative Officer 6/8/18

Distribution to:

1. Dr.Kousar Fathima Firdose, Lecturer, Dept.of Ilmul Qabalat wa Amraze Niswan for information and necessary action.
2. Dr.Wajeeha Begum, HOD / Reader for information.
3. Concerned file