



## Curriculum vitae

**NAME: Dr. Arish Mohammad Khan Sherwani**

### **Current Address and Permanent Address**

**Address** : Flat NO.204,2<sup>nd</sup> floor,6&7 Ranganatha Regency,2<sup>nd</sup>  
main,12<sup>th</sup> cross, Health layout(RHCH),  
Annapoorneshwari nagar,  
Near Nagarbhavi 2<sup>nd</sup> stage  
BDA Complex.  
Bangalore-560091  
Karnataka

**Mobile No.** : 09448794691

**Email** : [arish\\_sherwani@yahoo.co.in](mailto:arish_sherwani@yahoo.co.in),

### **Personal Particulars**

**Age** : 48 years

**Date of Birth:**15/07/1976

**Nationality :** Indian  
**Marital Status :** Married

**Gender:** Male

### Qualifications

**1.Post Graduation: -**

**Level :** MD(Tahaffuzi wa samaji tib)      **Percentage & Class :** 72.2% ,1<sup>st</sup> Division  
**Title of Study :** “Study of risk factors of type 2DM and evaluation of efficacy of non pharmacotherapeutic and Unani intervention in the control of modifiable risk factors”  
**Name of Institution :** Jamia Hamdard (Hamdard University),

**Location :** New Delhi, India

**Year of Completion :** 2003

**2. Graduation level: - BUMS**

**Percentage :** 62.3% ,1<sup>st</sup> Division

**University :** Jamia Hamdard (Hamdard University,)

**Location:** New Delhi, India

**Year of Completion:**1999

**3: High school** :

**Percentage : 55.83%**

**Name of college** : MD Jain Inter college, Agra

**Subjects** : English, Hindi, Social science, Science, Biology, Mathematics

**4:Intermediate**

**Percentage : 57.2%**

**Name of College** St. Johns Inter College, Agra

**Subjects:** English, Hindi, Biology  
Physics, Chemistry

**Experience**

**As a lecturer: UG Teaching:** 1. One year and six month at Dr.MIJTUMC & HARK Hospital, Versova, Mumbai, Maharashtra, India.

**PG Teaching (21 yrs, approximately):**

1. One year and six month at Dr.MIJTUMC & HARK Hospital, Versova, Mumbai, Maharashtra, India.(approximately)

2. **20 years** (till date) at NIUM, Bangalore. (approximately)

**Contributed Areas of research:**

**As a co guide and guide:**

1.Intervention, prevention, risk factors and Adjuvant trials

2. Cross sectional and other epidemiological studies (Observational and Analytical)

**Job Responsibilities:** PG Teaching, Guiding, maintain records and register of DOTS in NIUM,

Community Medicine OPD-3 (Formerly Known as health promotion unit comprised of DOTS and vaccination), worked as consultant in Regimenal therapy Unit for 8yrs and Internal animal ethical committee member for 3 years.

**Administrative Experience:**

1. **Head of the Department**, Tahaffuzi wa Samaji Tib- 18.06.2012 to 31.12.2014 & 15.04.2015 to till date (**12 years approximately**)
2. **Hostel warden** gents' hostel for more than two years at NIUM.

3. **Nodal Public Greivance officer, NIUM Bangalore-** 04.01.2013 to 12.04.2016 (3 years & 3 months)

**Dissertations related researches covering review of literature, clinical, prevention, interventional and cross-sectional trial:**

**(As a Guide) 26**

**2006-2007 Batch**

1. “A Study on Choice of Manae Hamal Tadabeer (Contraceptive Methods) among Newly Married Couples Attending NIUM Hospital”, Ansari Shabnam Mohammed Shamsuddin, Dr. Arish M. K. Sherwani.

**2007-2008 Batch**

2. “An Interventional Trial for the Evaluation of Efficacy of Nutool Therapy in control of Insomnia among Elderly”, Muhib Jahan, Dr Arish MK Sherwani

**2008-2009 Batch**

3. “Role of Jawarish Amla in Patients of Diqqe revi (Pulmonary Tuberculosis) on Directly Observed Treatment ,Short Course Chemotherapy(DOTS)” Rahmatulla, Dr Arish MK Sherwani

**2009 -2010 Batch**

4. “An Adjuvant Trial of Tiriyaqe Arba among HIV Patients On First Line Art” Bagli,Asima,Satish, Dr Arish MK Sherwani

**2012-13 Batch**

5. "Study of Modifiable Risk Factors of Coronary Heart Disease among Patients attending NIUM Hospital"  
Zubyr S., Dr Arish MK Sherwani

#### **2013-14 Batch**

6. "Prevalence of *Ziabetas Shakari* (Type 2 Diabetes Mellitus) and dietary habits among senior citizen attending NIUM hospital, Bangalore" AA Rizwana Dr Arish MK Sherwani
7. "Study on prevalence of nuzulul-ma [cataract] in shivajinagar area of Bangalore"  
**Maqsood**, Dr Arish MK Sherwani

#### **2014-15**

8. Study of Prevalence of fatty liver among the patients attending the hospital of NIUM, B'lore, Asma,  
Dr Arish MK Sherwani
9. A study of prevalence of Nafsiyati wa Samaji Aaraz (Psychological problem)  
among school going adolescent in the field area of NIUM, B'lore, Rafique Khan, Dr Arish MK Sherwani

#### **2015-16**

10. Prevalence of study of musculoskeletal disorder in Kachohalli (rural), Bangalore Sheikh Mohmad,  
Dr Arish MK Sherwani
11. Prevalence of Iron deficiency anaemia among the reproductive age group women attending, NIUM,  
Mazhar I, Dr Arish MK Sherwani

### **2016-17**

12. Knowledge Attitude and Utilization (KAU) study of Unani system of medicine among the population of two selected localities of Bangaluru . Ashaq H Munshi, Dr Arish MK Sherwani
13. Study of health status among workers in small scale industries in field area of Kottigepalya .Mahmud Ahmad, Dr Arish MK Sherwani

### **2017-2018**

14. Prevalence of Upper Respiratory Tract Infection among Urban Dwellers of Bangalore  
**PG student: Mohammad Haneef Hanamsagar, Guide: Dr. Arish M.K Sherwani**
15. An Open Interventional Field Trial of Lauq Khayar Shamber among Subjects **with Nazla wa Zukam. PG student: Masood Ahmed, Guide: Dr. Arish M.K Sherwani**

### **2018-2019**

16. Study of Knowledge of mode of administration of Unani drugs among patients attending NIUM Hospital.  
**PG student: Saba Parween, Guide: Dr. Arish M.K Sherwani**
17. An Open interventional field trial of Ghazae Husne Afza in Busoor Labniya(Acne Vulgaris) among workers of MSME (Micro, Small and Medium enterprises) in Kottigepalya, Bangalore  
**PG student: Mohd. Imlaque, Guide: Dr. Arish M.K Sherwani**

### **2019-2020**

18. "Study of Prevalance of obesity among Micro, Small and Medium Enterprises"  
PG student: Dr. Manzoor Ahmad Mir,Guide: Dr.Arish MKS
19. "Study of occupational stress among the workers of Micro, Small and Medium Enterprises"  
PG student: Mohd Azhar",Guide: Dr.Arish MKS

**2020-2021**

20. STUDY OF PREVALENCE OF FAQRAL-DAM (ANAEMIA) AMONG SCHOOL GOING CHILDREN.PG student: SAFDER HUSAIN,Guide: Dr.Arish MK Sherwani

21. An open intervention trial of Qurse Ziabetes( A formulation of Sabith bin Qurrah) in the secondary prevention of Ziabetes Shakri (Diabetes mellitus Type 2),PG student: MOHD SUHAIL,Guide: Dr. Arish MK Sherwani

**2021-2022**

22. “Efficacy of Dawausshifa in the Secondary Prevention of Imtila Bi Hasbul Auiya (Zightuddam Qawi)”PG student: Dr. Nisha Parween,Guide: Dr.Arish MKS

23. Study on *Nafsiyati wa Samaji Aaraz* (Psychosocial problems) due to SARS-CoV-2 epidemic among healthcare professionals of Bengaluru,PG student: Dr. SYEDA SAIRA BANU,Guide: Dr.Arish MKS

**2022-2023 (Research work completed)**

24. Study of Dietary pattern among patients with Fatty Liver Disease,PG student: Dr. IFTIKHAR HUSSAIN MUSHKI,Guide: Dr.Arish MKS

25. Effect of Lauq Sapistan Khayar Shambari in secondary prevention of Nazla wa **Zukam**, PG student: Dr. MOHAMMADU NIZAR MOHAMED MUSTHAQ,Guide: Dr.Arish MKS

26. Study of Rashes of Respiratory infections and its public health importance in light of Unani literature PG student: Dr. Ismat, Guide: Dr.Arish MKS



### **2023-2024 (Synopsis submitted to RGUHS)**

27. **Efficacy of Arq Biranjasif in the secondary prevention of fatty liver disease and its risk factors with associated conditions. Dr. C. RAZIYA THASEEN, Dr. Arish MKS**

28. **Study on prevalence of hypertension with associated risk factors in patient attending NIUM Hospital QURESHI RUMANA KHATOON JAHID ALI, Dr. Arish MKS**

### **2004-2005 Batch (Theses submitted as a Co-Guide:05)**

1. "A Study of Prevalence of Zaghtuddam Qavi in Specified Population of Kottigepalya and its Association with Mizaj", M. Farooq Ahmad Iqbal, Dr. Mohd. Zulkifile, Dr. Arish M. K. Sherwani.
2. "Study of Personal Hygiene of Primary School Children in Gouripalya, Azad Nagar, Bangalore", Shaheena Begum, Prof. Syed Shahabul Haq, Dr. Arish M. K. Sherwani

### **2005-2006 Batch**

3. "Evaluation of Efficacy of Riyazat with Dalake Istedad and Dalake Istardad in the relief of Wajaur Rakba", Abdul Aziz Khan, Dr. Mohd. Zulkifile, Dr. Abdul Haseeb Ansari, Dr. Arish M. K. Sherwani.
4. "A Study of Prevalence of Obesity in Middle School Children in the Field Area of NIUM Bangalore", Mohd. Farooque, Dr. Mohd. Zulkifile, Dr. Arish M. K. Sherwani.

### **2006-2007 Batch**

5. "A Study on Prevalence of Fever and its Correlation with Mosquitoes Breeding Sites", Mohammad Nazrul Islam, Dr. Mohd. Zulkifle , Dr. Arish M. K. Sherwani.

**A number of Papers read/ published abstracts in seminars/conferences as author and contributed as co author: not less than 31**

**Reviewed Articles of journals as a reviewer: 04**

**Published original papers/ review articles in journals: National & International**

<b>S. No.</b>	<b>Title of Paper</b>	<b>Journal</b>	<b>National / International</b>
<b>1.</b>	Concept Of Hypertension In Ancient Unani Literature As Imtala- An Overview	World health review (WHR),Vol.1,issue-10April 2003,Pp-42-46	State journal (New Delhi-India ) R.N.I.Reg. Number DELENG / 2002/7544
<b>2.</b>	The contribution of Albucasis (Abul Qasim Zohravi) in venesection	Journal of the International Society for the History of Islamic Medicine. Vol.3, No.5, April, 2004, P6-8.	International 1303-667x
<b>3.</b>	Spirulina ; An overview	Hamdard Medicus Vol. XLVIII, No. 1, Jan-Mar,2005, P.53-57.	International ISSN 02507188

4.	Evaluation of efficacy of Safoofe Muhazzil as a Unani intervention in the control of Obesity & hypertension	Vol.XLVIII, No.2, April-June, (2005); P145-156. Hamdard Medicus	International ISSN 02507188
5.	Scientific Evaluation of Breakthrough Avenues Of Contraception Sans Side Effects In The Light Of Unani System Of Medicine-An Overview	Cureall Journal Of Unani Medicine Oct-Dec 2005 Pp8-11	State journal (Hyderabad-India) R.N.I.Reg. Number APENG/ 2002 / 9091
6.	Balaneology:A Concept of Public health bath houses in Arabian life	Vol:5,No:9, April, 2006, Istanbul, Turkey,Pp.15-18	International 1303-667x
7.	Al-Razi: A great Arab epidemiologist- Al-Razi & his	Vol:5,No:9, April, 2006, Istanbul, Turkey, Pp.54-56.	International 1303-667x

	life time achievements		
8.	Nazla-A well understood phenomenon of Arab, misinterperated by successors,	Vol:5,No:10,October, 2006 Istanbul,Turkey,Pp.7-10	International 1303-667x
9.	Clinical evaluation of Unani Herbal Formulation in zaghtuddam Qavi	Vol.52, No.3, July-September, 2009, Pp:51-57. Hamdard Medicus.	International ISSN 02507188
10.	Conceptual amalgamation for pathogenesis of fever: A scientific Perspective	JISHIM, Qatar: Vol.6-7 , No.11-12-13-14 , April / October 2007-2008 ,pp:114-115	International 1303-667x
11.	Etymology of <i>Warne Shoab Muzmin</i> (Chronic Bronchitis) and Its Management in Unani (Greeko-Arab)	JISHIM, Qatar: Vol.6-7 , No.11-12-13-14 , April / October 2007-2008 ,pp:86-89	International 1303-667x

	System of Medicine		
12	Hijamat: The renaissance masterpiece of medical sciences in Unani system	JISHIM :Vol.8-9 ,No.15-16-17-18,Qatar, April / October 2009-2010 ,pp:38-41	International 1303-667x
13	Assessment of obesity status of middle school obese children of Bangalore	IJUM, Vol.II, issue-1, Jan-June, 2009, N.delhi, pp57-62	International ISSN No. 0974-6056
14	Clinical evaluation of Unani Herbal Formulation in zaghtuddam Qavi ibtadai (primary hypertension)	Hamdard Medicus. Vol.52, No.3, July-September, 2009, Pp:51-57.	International ISSN 02507188
15	Prevalence of Malaria , Dengue, and Chikungunya Significantly Associated with Mosquito Breeding Sites	<a href="#">JIMA</a> . 2011 Jul; 43(2): 61–70.	International Pubmed  PMCID: PMC351605 <b>also indexed in science.gov (gateway to US federal science)</b>

16	The incredible Health Benefits Of Saffron : A Review	Journal Of Pharmacy Research vol.4 Issue.7 July2011 Pp 2156-2158	International ISSN 0974-6943
17	History Of Ancient Obstetrics And Gynaecology : A Review	J. Microbiol. Biotech. Res.,2011, (1): 35-39	International
18	History Of Hijamat	JISHIM 2011-2012 Pp 153-157	International 1303-667x
19	A Pilot Trial of Jawarish Amla as Adjuvant to Anti-Tubercular Treatment Drugs for Control of Adverse Reactions in DOTS Regime in Pulmonary TB	<a href="#">J IMA</a> . 2012; 44(1): 44-1-9988 Published online feb,2013	International Pubmed PMCID: PMC3708637
20	Diagnosis of fever, one of the greatest skills for physicians: A Scientific perspective	JICH, vol.1,issue-1,jan-june, 2012, AMU, Aligarh. <b>Pp 31-35</b>	<b>National</b>

<b>21</b>	Prevalence of Hypertension in a specified population of Bangalore	JRUM, vol.1, issue-1, NIUM, 2012	<b>National</b>
<b>22</b>	Eating behaviour of obese children of bangalore	Asian J Med Cli sci, vol.1,issue-2, May-Aug 2012	International ISSN 2278-6589
<b>23</b>	Therapeutic evaluation of Safoof daroonaj with honey water in management of suqoote qalb intilai (congestive cardiac failure)	Asian J Med Cli sci vol.1,issue-3, Sep-dDec 2012	International ISSN 2278-6589
<b>24</b>	Relieving and halting the progress of cervical pain by therapeutic oil: A Secondary Prevention	International Research Journal of Medical Sciences, Vol.1 (9), October (2013) pp1-5 (ISCA)	International ISSN 2320-7353
<b>25</b>	A Divine Itinerary of Al-Hijamat (Cupping)	JISHIM, Qatar: Vol.12-13, April / October 2013-2014 pp:175-179	International 1303-667x

26	Al-Hijamat: Conceptual Amalgamation of War'm (A Transient Immuno – Inflammatory Response) Acupuncture and Acupressure Mechanisms and its Operational Implication	JISHIM, Qatar: Vol.12-13, April / October 2013-2014 pp:46-53	International 1303-667x
27	Tabasheer (Bambosa Arudinacea) :A Review	JISHIM, Qatar: Vol.12-13, April / October 2013-2014 pp:62-64	International 1303-667x
28	An interventional trial to evaluate efficacy of Nutool Therapy in control Of Primary insomnia among elderly using Insomnia severity index	International Journal of Cure Review (IJCRR), Vol. 5, issue: 19, October (2013), pp 103-109 (ISCA),	International ISSN 2320-7353.
29	Contraceptive Knowledge,	Research & Reviews: A Journal of Unani, Siddha and homeopathy,Vol.1	<b>National</b>



	Attitude and Practice among Newly Married Couples	, Issue 1, ) Jan(2014), pp1-5(Online: www.STM Journals.com)	
30	An interventional trial to evaluate efficacy of Nutool Therapy in control Of primary insomnia among elderly using structured Insomnia schedule	International Research Journal of Medical Sciences, Vol.2 (2), 1-6, Feb(2014) pp1-6(ISCA)	International ISSN 2320-7353.
31	Increasing Prevalence of Neck Pain among youngsters of Bangalore: An Alarming Shift	Research Article (American Journal of Pharmacy and Health Research), www. ajphr. com , July 2014, Volume 2 ,Issue7	International ISSN: 2321–3647 (online)
32	Ziabetus Shakari (Type 2 Diabetes Mellitus) in Elderly and its	PHR:IJPHR, Jan-Mar 2015,Vol.2, issue 1, , <b>Online Issue</b>	International Print ISSN: 2349-4158, Online ISSN: 2349-4166

	Dietary Management		
33	Prevalence of type 2 DM and RF among senior citizen attending NIUM Hospital Bengaluru	AJPHR, May,2015, issue 6,vol.3 <b>Online Issue</b>	International ISSN: 2321-3647
34	TADABEER E MASHAIKH (REGIMENS FOR ELDERLY) IN UNANI SYSTEM OF MEDICINE	European Journal of Pharmaceutical and Medical Research,August,2015 <b>ejpmr, 2015,2(5), 249-253. Online Issue</b>	International ISSN 3294-3211 <b>SJIF Impact Factor 2.026</b>
35	Prevalence of Ziahetas Shakari (Type 2 Diabetes Mellitus) and Dietary Habits among Senior Citizens Attending NIUM Hospital, Bengaluru	Cloud Publications International Journal of Advanced Complementary and Traditional Medicine 2015, Volume 1, Issue 1, pp. 10-15, Article ID Med-241	International
36	Concept of Ziahetus shakari - Type 2 Diabetes	Cloud Publications International Journal of Advanced Complementary and Traditional Medicine(IJACTM	International

	Mellitus in Unani System of Medicine	)2015, Volume 1, Issue 1, pp. 10-15, Article ID Med-241	
37	History of contraception through ages	JISHIM, Qatar: Vol.14-15, April / October 2015-2016 pp:205	International 1303-667x
38	Qualities and Purification Methods of Potable Water Described in Unani Literature	Am J Pharm Health Res 2014;2(1):1-11. <b>Online Issue</b>	International ISSN: 2321-3647
39	Prevalence of amraz-e gosh (otological diseases) and associated risk factors among secondary level school children in the field area of NIUM, Bangalore	Journal of biological and Scientific Opinion,2016, 04(6), pp193-201	International
40	Chikunguniya, An Alpha viral infection significantly associated with Aedes breeding	Journal of Hamdard University Bangladesh, Vol.2, No.2, December 2015	International ISSN 24099627

	sites in an urban area of a metropolitan city”		
41.	<i>Aḥwāl-I-Sū’al-Qinya</i> : Whether these are Associated with <i>Sū’al-Qinya</i> (Iron Deficiency Anemia) or Not? An Attempt to Validate	Research & Reviews: A Journal of Unani, Siddha and Homeopathy Volume 5, Issue 1 ,pp17-21.2018 www.stmjournals.com	International ISSN: 2394-1960 (Online)
42.	Population explosion follow contraception	National Medicos, Vol:10, No:04, April, 2008, Pune, Pp.9-12.	International ISSN:09730478
43.	Tukhm-e-Kahu- An ideal Unani anti hypertensive drug”.	National Medicos Journal, Vol.11, issue.2, Oct,2008 Mumbai Pp.18-22.	International ISSN:09730478
44.	Khar-e-Khasak-khurd An ideal anti ischaemic Unani drug	National Medicos Journal, Vol.11, issue.1, July,2008 Mumbai. pp3-7.	International ISSN:09730478
45.	Herbal Remedies For Menstrual Disorders	National Medicos Journal, Vol.10, issue.3, Jan,2008 Mumbai. Pp 16-20	
46.	Primary Dysmenorrhoea	Health Update, A quarterly Medical Journal Vol.4, issue:1 Pp 19-22	State journal (Pune-Maharashtra )

	(usr tams ibtedai) In Adolescence Girls-Unani Perspective		Reg.No.MAH /269/ 2003 / Pune F-18554 (Pune); Issue no.2/ 2003/ February 2008
47.	Upper respiratory tract infection and evidence base Medicine-A review	International Journal of Physiology, Nutrition and Physical Education 2019; 4(1): 1506-1508	International ISSN: 2456-0057
48.	Study of Risk factors of type 2 diabetes mellitus (NIDDM) and evaluation of efficacy of non pharmacologic therapeutic and Unani intervention in the control of modifiable risk factors	Journal of Hamdard University Bangladesh, Vol.4, No.2, December 2018	International ISSN 24099627
49.	Prevalence of Lower Back pain in a sample population of Musculo-skeletal disorders – Cross	Research & Reviews: A Journal of Medicine, Volume 11, Issue 2, 2021	ISSN 2249-8648 (online) ISSN 2348-7917 (Print)

	Sectional Community Based Study		
50	Knowledge And Attitude Study Of Unani System Of Medicine Among The Two Selected Localities Of Bangalore'' With Special Reference To National Ayush Mission	ejpmmr, 2021,8(7), 506-511	ISSN 2394-3211
51	Prevalence of Iron Deficiency Anaemia among the reproductive Age Group women attending the Unani Hospital, Bangalore, Karnataka, India	Journal of clinical and diagnostic Research,2020 December,Vol- 14(12):LC16-LC20	Science gateways
52	Study on Efficacy of Unani Formulation on Acne Vulgaris	IJPPR,October 2022 Vol.:25, Issue:3	International ISSN 23497203

53	An Open Intervention Field Trial of Ghazae Husn Afza in Busoore Labaniya (Acne Vulgaris) among Workers of Micro, Small and Medium Enterprises (MSME)	Volume 10, Issue 3, 2021 DOI (Journal): 10.37591/JoAYUSH	ISSN: 2278-2214 (Online) ISSN: 2321-6484 (Print)
54	Diagnostic Manifestations (Istedlal wa Alamat) of Anaemia (Faqr al-Dam) in Ancient Unani Literature - A Review	Chettinad Health City Medical Journal Volume 12, Issue 1 - 2023, Pg. No. 1-4 Peer Reviewed & Open Access Journal	ISSN: 2278-2044 UGC care
55	Utilization of Unani Medicine among the dwellers of two selected population of Bengaluru, a comparative	Chettinad Health City Medical Journal Volume 13, Issue 2 - 2024, Pg. No. 1-4 Peer Reviewed & Open Access Journal	ISSN: 2278-2044 UGC care

	study of two populations		
<b>56</b>	Prevention and Control of Anaemia by Unani Intervention,	International Journal of plant and environment, Vol.09, issue 1 (2023)	
<b>57</b>	The prevalence and associated factors for anaemia in school children in Bengaluru, Karnataka, India: a cross sectional study	Christian Journal of Global health 10(2) (October 2023)	Scopus index
<b>58</b>	Meta Analysis of Dyslipidaemia-a review in Unani Literature	Communication and management Journal	ISSN:2269-7195
<b>59</b>	Preventive strategies for non-communicable diseases in	International Journal of advanced research (IJAR),11(09),696-702	ISSN:2320-5407



	Unani medicine: A review		
<b>60</b>	Unani Medicine for Type-2 Diabetes mellitus: A review	JRUM, vol.9, issue-1, NIUM, 2020, Pp21-25	
<b>61</b>	Prevention of cardiovascular diseases through Unani Medicine: A review	JRUM, vol.9, issue-1, NIUM, 2020, Pp54-60	
<b>62</b>	Prevalence of Iron deficiency Anaemia among the reproductive age group women attending the Unani Hospital, Bangalore, India	Journal of clinical and diagnostic research,2020, December, Vol.14 (12), Pp16-20	
<b>63</b>	Prevalence of lower back pain in a sample population of Musculo skeletal	R&R: A journal of Medicine, Vol.11, Issue 2, 2021	ISSN:2348-7917

	disorders-Cross sectional based study		
64	A cross-sectional study to assess the prevalence and contributing factors of anaemia in private school children in Bengaluru	International Journal of Community Medicine and Public Health Husain S et al. Int J Community Med Public Health. 2024 Aug;11(8):3167-3174 <a href="http://www.ijcmph.com">http://www.ijcmph.com</a>	pISSN 2394-6032   eISSN 2394-6040 Pubmed index

#### Chapters in books: 04 (Four)

1. A chapter of “Tibbi Adab wa Qawaneen” (medical ethics and related Laws in urdu) in of a book of Tibbul Qanoon wa Ilmussamoom (Jurisprudence and Toxicology) has been published by NCPUL (National council for the promotion of Urdu language/Quami Council barai farogh Urdu Zaban, New Delhi), First edition, Chapter 2 ,2021, Pp9-20. (ISBN:978-93-91511-06-7)
2. **Chapters (03/three) as co-author in a book entitled: Harmony of healing: A journey through Unani Medicine (<https://doi.org/10.52458/9789388996983.nsp2023.eb>, <http://www.noblesciencepress.org/>, PAPER BACK ISBN : 978-93-88996-79-2, E-ISBN : 978-93-88996-98-3,DATE : 2023,PAGES : 1-169,EDITIONS : 01,LANGUAGE : English):**
  - a. (Chapters 07): Diabetes Mellitus in the context of Unani Medical System, 59-65
  - b. (Chapters 13): Siman Mufrit (Obesity) in the Unani Medical System, Pp110-115
  - c. (Chapters 16): Rheumatoid Arthritis (WAJA ul Mafasil or Hudar) concept in Unani Medicine, Pp139-144

**Paper presented on 03ICAUST (Internnational Conference)10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup> 2015,University of colombo, Rajagiriya ,Sri lanka(by.co-author)**

1. **Abdul Azeez Rizwana, Arish MK Sherwani And MHM hafeel** History of type 2 DM through ages:An appraisal
2. **Abdul Azeez Rizwana, Arish MK Sherwani And MHM hafeel** Ziabetes Shakru(Type 2DM):A critical review

**Paper presented on 10<sup>th</sup> ICAUST (Internnational Conference)& 1<sup>st</sup> IRS on De Aa Sukhi Dakshina 9<sup>th</sup> -10<sup>th</sup> 2024,University of colombo, Rajagiriya ,Sri lanka(by.co-author)**

1.AsF Shifra,Arish MK Sherwani ,Saima ShafiRecent application in pharmacological studies of zulae Ziabetes in the Prevention of Met Syndrome

**Participations in training programmes:**

**Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences”:**

Themes no.1: **“Law and the doctors”, 19<sup>th</sup> March, 2006**

Themes no.2: **“Mosquitoes: Doctors beware &Make public aware”, 14 May, 2006**

Themes no.3: **“Newer trends in transfusion Medicine”, 19 February, 2006**

Theme no.4: **“The patients & Ramdhan”, 10, September, 2006**

Theme no.5: **“MR-fit or Misfit”-modern medicine, 25, October, 2009**

Theme no.6: **“Swine flu-A devine mercy or human error”, 14, May, 2009**

Theme no.7: **“Diagnosis and management of Type 2 Diabetes Mellitus”, 17, March, 2009**

Theme no.8: **29/06/08**

Theme no.9: **“Obesity –Grace or disgrace”, 28/01/07**

**Theme no.10: “Health care redefined” on 7<sup>th</sup> -8<sup>th</sup> ,March,2015**

**Theme no.11: “Law and the doctors”, May, 2015**

**CME on Dengue and Kumga excellancy Awards,24<sup>th</sup> September,2017.**

**CME on Pharmacovigilance of Unani Drugs on 15<sup>th</sup> &16<sup>th</sup> January,2019**

**CME-30th June,2019**

**Education programmes:**

**National seminar (UNANI):**

1. 27-28/03/2004, AMU
2. 29-31,AIUTC,Hyderabad
3. 23-24,August,2008,Allahabad
4. 20-22, March, 2007, CCRUM, N. Delhi.
5. 14/02/2019,Seminar on Unani Medicine for Public Health

**International & National conference and other international programmes:**

1. 08-11, February, 2005, AMU (UNANI)
2. Golden jubilee conference of the association of physiologists and pharmacologist of India, NIMHANS, 19-22, December, 2004
3. CME on Golden jubilee of the association of physiologists and pharmacologist of India, NIMHANS, 19-December, 2004, presented paper over there.
4. CRISM(8-9/10/10)
5. International Delegates Assembly,2010
6. Arogya-expo, Gayatri vihar,2010
7. WAC-2010
8. International healer knowledge exchange and conference,8-9<sup>th</sup> Nov,2009,at FRLHT
9. Global wellness meet
10. NUC&Herbal Mela,7&8May,2016.
11. 3days program on implementation of NABH standard in Unani Hospitals on 1-3,December,2016

**International Seminar (Unani):**

1. 29-30, March, 2005, AMU.
2. 26-27, February, 2006, Bijapur.

**Workshops (Unani):**

1. On research methodology,8-9,December,2012
2. On research methodology, 15-16, February, 2014, NIUM, B'lore.

3. 3<sup>rd</sup>-4<sup>th</sup> March, 2014.
4. 18<sup>th</sup> December, 2013.

#### **Accomplished following services (Teaching)**

“**ILAJ BIL RIYAZAT-The Way of Natural Cure**” in Unani Doctors training programme for 2010-2011 under state level-NRHM, organised by NIUM, held from 19<sup>th</sup> -24<sup>th</sup>, November, 2010.

Delivered lecture on 27/11/12 in CME, NIUM, under NRHM, Govt. of India, 19 November to 03/12/12

Delivered a lecture, 6-9, 2012 at Arogya, Jaipur

Participated and delivered a lecture in workshop, ZVM, 30-31/07/2010.

Delivered two lectures as resource person in CME for the teachers of Tahaffuzi wa Samaji Tib, NIUM, 8-13, December, 2014.

Delivered two lectures as resource person in CME for the teachers, Dept. of Tahaffuzi wa Samaji Tib, HSZH. Govt. Unani Medical college, Bhopal, NIUM, 20-25, February, 2016.

Delivered a Scientific paper cum lecture on PSM for common men 5-9, December 2018

Delivered lecture and demonstrated during practical session as resource person in

6 days CME for the teachers, Dept. of Amraze Niswan wa Atfal, AKTC, AMU, Aligarh, UP. 23-28, September, 2019.

#### **Conducted Practical demonstrations cum lectures on the topics:**

“TB/HIV co-infection programme (including OIs)” on 25<sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM

“Cancer prevention and control programme including Pap smear, FNAC, SBE, cancer awareness” etc. with Dr. Ibrahim Nagnoor on 26<sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at Kidwai

“Nootul Therapy: Practical demonstration” on 27<sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM

“Practical demonstration on Regimenal therapy, larvivorous fishes and Slide demonstration (carcinoma of cervix, *Plasmodium falciparum*, *Leptospirosis*, Rat flea; *Xenopsila cheopsis* and *X. Astia*)” on 28<sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM

“Practical Demonstration on Regimenal Therapy” with Dr.Zulkifle, HOD, TST on 30<sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM

<b>Department Name</b>	<b>Details Of Seminar, Workshops, Conferences</b>		
<b>Sl. No.</b>	<b>Details of conferences / Workshop / Seminar / symposia</b>	<b>Participation / Paper presentation</b>	<b>National / International</b>
<b>1.</b>	Workshop on Research Methodology for Fundamental Principles in Unani Medicine, 11-12 <sup>th</sup> June,2015, NIUM, Bangalore	Attended as delegate	National
<b>2.</b>	Conference on Unani Medicine, 18 <sup>th</sup> March, 2007, AIUTC, Maharashtra	Paper presentation on topic entitled: A need of Field trial in Tahaffuzi wa Samaji Tib of Unani Medicine and attended as delegate	National
<b>3.</b>	Conference ,Unani Medicine,08-11 February 2005,CCRUM,under the Aegis of D/oAYUSH, M/oHFW, GoI,N.Delhi	Paper presentation on topic entitled: A review on Corpus Hippocraticum & principles of the Hippocratic Method	International
<b>4.</b>	Conference & Herbal Mela , Unani Medicine,7 <sup>th</sup> &8 <sup>th</sup> , May, 2016,KUWFT in association with D/o AYUSH, Government of Karnataka, Bangalore	Attended as delegate	National
<b>5.</b>	Golden Apicon, Golden Jubilee conference of the association of Physiologists and Pharmacologists of India, Medical Council of India	Attended as delegate	National
<b>Sl. No.</b>	<b>CME / Reorientation courses attended</b>		

	Sponsored CME on Pathophysiology of Neurodegenerative diseases, 19 <sup>th</sup> December, 2004, NIMHANS, Bangalore		
<b>6.</b>	Golden Apicon, Golden Jubilee conference of the association of Physiologists and Pharmacologists of India, Medical Council of India Sponsored CME on Pathophysiology of Neurodegenerative diseases, 19 <sup>th</sup> December, 2004, NIMHANS, Bangalore	Paper presentation on topic entitled: Evaluation of efficacy -----Risk Factors and attended as delegate	National
<b>7.</b>	ICUM-16, Conference on Unani Medicine, 25-27, 2016, NIUM, Bengaluru	Attended as delegate	International
<b>8.</b>	ICUM-16, Conference on Unani Medicine, 25-27, 2016, NIUM, Bengaluru	Attended as Rapporteur	International
<b>9.</b>	Global Wellness Meet-2016,26-28 February,2016, Golden jubilee, KAUPB, Bangalore India	Attended as delegate	International
<b>10.</b>	Seminar on Unani Medicine,29-31 <sup>st</sup> July,2005, AIUTC,Hyderabad	Paper presentation on topic entitled: Intervention strategies--abstinence and attended as delegate	National
<b>11.</b>	Workshop on New trends of research in the field of Ilaj Bit Tadbeer (Regemenal Therapy) and its role in	Delivered Lecture on on topic entitled:	National



	recent era, 30-31, July, 2010 D/o TST, ZVMUMCH, Punesponsored by D/o AYUSH, MoHFW, Goi, N. DEIHI	New trends of research in the field of Ilaj Bit Tadbeer (Regemenal Therapy) and its role in recent era on 30 <sup>th</sup> July,2010	
<b>12.</b>	Arogya Health Mela,6-9, January, 2012, Jaipur	Delivered Lecture on cupping	National
<b>13.</b>	Perfect health mela, N. Delhi,26 sept-2 Oct, 1997, N.Delhi	Distinguished Service Award	National
<b>14.</b>	Perfect health mela,N.Delhi, 2 Oct-6Oct,1996,N.Delhi	Awarded to Services rendered	National
<b>15.</b>	Workshop on Unani General Practice,3 <sup>rd</sup> November,2018, Hermas Greek Health Concept, at NIUM, Bangalore	Attended as delegate	National
<b>16.</b>	Workshop on Dengue Fever (Awareness, management & treatment) on 24 <sup>th</sup> September, 2017, KUMGA, Bengaluru	Attended as delegate and got KUMGA Excellency award over there	National
<b>17.</b>	Seminar on Unani Medicine for public health,14 <sup>th</sup> February,2019, NIUM, Bangalore	Attended as delegate	National
<b>18.</b>	Workshop on recent development in Unani Dawasazi, D/o Ilmussaidla, NIUM, Bangalore	Attended as delegate	National
<b>19.</b>	Unani Day, Unani Uthsav, on10 &11 <sup>th</sup> February, 2019, D/o AYUSH,	Attended as delegate	National

	GoI, KA, NAM (National AYUSH Mission)		
20.	CME cum Workshop on Epi Info 15 <sup>th</sup> December,2018, D/o Epidemiology, centre for Public Health, NIMHANS (Institute of National Importance), Bengaluru	Attended as delegate	National
21.	CME cum Workshop on Research Methodology-2018, 12 <sup>th</sup> -15 <sup>th</sup> December,2018, D/o Epidemiology center for Public Health, NIMHANS (Institute of National Importance), Bengaluru	Attended as delegate, KMC (Karnataka Medical Council has granted Six (6) credit hours for delegates / resource person vide letter No. KMC /CME / 462 / 2018, Dt. 22 <sup>nd</sup> October 2018	National
22.	Arogya Fair 2018 cum International Conference on Conglomeration of health tradition in Bharat Varsha, M-o-AYUSH, JIGNASA, 5-9, December, 2018, Bengaluru	Attended as resource person and delivered lecture	National (Fair) and International (Conference)
23.	Workshop on Matab wa Nuskha Naesi in Unani Medicine,18 <sup>th</sup> December, 2013, D/o Moalajat, NIUM, Bangalore	Attended as delegate	National
24.	Workshop on Research Methodology in Unani Medicine, 8-9 <sup>th</sup> December, 2012, D/o Moalajat, NIUM, Bangalore	Attended as delegate	National

25.	Workshop on Research Methodology in Unani Medicine, 15-16 <sup>th</sup> February, 2014, NIUM, Bangalore	Attended as delegate	National
26.	Workshop on Research Methodology and scientific Publication, 4-5 <sup>th</sup> June, 2008, Indian Academy of oral Medicine and Radiology and Health Centre Indian Institute of Science and Indian Medical Association at JN tata Auditorium, IISC, Bangalore	Attended as delegate	National
27.	Workshop on Advanced Epidemiology-2019, 22 <sup>nd</sup> -26 <sup>th</sup> July, 2019, D/o Epidemiology, centre for Public Health, NIMHANS (Institute of National Importance), Bengaluru	Attended as delegate	National
28.	Seminar on prevention and control of Non-Communicable Diseases, organized by Do TST, Sponsored by M/o Ayush, GoI, N. Delhi at NIUM, Bangalore	Attended as Chairperson in one session and resource person in valedictory session and as Jt. Secretary in organizing National seminar	National
29	Workshop on Medical astrology-An integral part of prevention, diagnosis and therapeutics of diseases, 8 <sup>th</sup> January, 2020, Institute of Indian Knowledge (IIK) of Apex University, Pasighat, Arunachal Pradesh at NIUM, Bangalore	Attended as delegate	National

30.	Workshop on Unani for good health & wellbeing, Unani Day, on 03 <sup>rd</sup> March, 2020, D/o AYUSH, GoI, KA, NAM (National AYUSH Mission)	Attended as delegate	National
31	<b>Indo-US Symposium on</b> Methodology of research in Indian System of Medicine under the Aegis of <b>CRISM</b> (8-9 December 2010), CCRUM, N. Delhi at Atriya Hotel, Bangalore and also participated in International Delegates Assembly, 2010, Arogya-expo, Gayatri vihar,2010,WAC-2010,Bangalore during the same occasion	Attended as delegate and appreciated to Services rendered	National
32.	Workshop on review of syllabus, BUMS, IInd year MUHS, NASHIK, 11 <sup>th</sup> October, 2003, Malegaon	Participated as resource person	National
33.	participated in syllabus review of MD(TST) at NIUM in years (2004, 2009, 2010, 2011) participated in syllabus review making for MD ( Regimenal therapy, 2011)	Participated as resource person	National
34.	Workshop on diagnosis and management of liver diseases in Unani Medicine, 30 <sup>th</sup> -31 <sup>st</sup> , March, 2007, NIUM, Bangalore	Attended as delegate	National
35.	Seminar on Skin diseases and cosmetology in Unani Medicine, 12 <sup>th</sup>	Paper presentation on topic entitled: An	National

	-13 <sup>th</sup> , 2017, CRIUM, CCRUM, Mo AYUSH, GOI at Hyderabad	Approach towards preventive dermatology in Unani and attended as delegate	
36.	Seminar on What is Hifzane sehat, 22 <sup>nd</sup> August, 2003, D/o Hifzane sehat (PG), Dr. MIJTUMC and HARK, Hospital, Versova, Mumbai	Participated in pannel discussion	National
37.	Seminar on Amraze Niswan , 27 <sup>th</sup> & 28 <sup>th</sup> , March, 2004, PG department of Qabalate wa Amraze Niswan, AKTC, AMU, Aligarh, UP	Paper presentation on topic entitled: Preventive intervention strategies of GDM- An overview and attended as delegate	National
38.	Seminar on Unani Medicine, 30 <sup>th</sup> - 31 <sup>st</sup> January, 2017, AIUTC, Government Nizamia tibbi college, Hyderabad (T. S.)	Paper presentation on topic entitled: Diabetes Mellitus and its Asbab- Descriptive Study and attended as delegate	National
39.	Seminar on Hifzane sehat and Maholiyat, 29 <sup>th</sup> -30 <sup>th</sup> , March, 2005 D/o Hifzane sehat wa Samaji tib, F/o Unani Medicine, AKTC, AMU, Aligarh, UP	Paper presentation on topic entitled: A review on the Aphorism of Hippocrates and attended as delegate	International
1.	attended ROTP, Sponsored by D/o AYUSH, MoHFW, GoI, Organised by D/o TST, NIUM, Bangalore on 1-6 <sup>th</sup> , December, 2008		

40.	Seminar on Kulliyat, 3 <sup>rd</sup> -4 <sup>th</sup> December, 2005, D/o Kulliyat, AKTC, AMU, Aligarh, UP	Paper presentation on topic entitled: Research need of--- In Unani Medicine and attended as delegate	National
41.	Seminar on Historical and literary researches in Unani, 20 <sup>th</sup> -22 <sup>nd</sup> March, 2007, CCRUM, N. Delhi	Paper presentation on topic entitled: A Review of Al- Judri Wal Hasba and attended as delegate	National
42	Seminar on Role of Unani Medicine in coping with health challenges of the day, 26 <sup>th</sup> & 27 <sup>th</sup> , February, 2006, SeCAB Association & Luqman, Medical College at Bijapur	attended as delegate	International
43.	Workshop in department of Moalejat on strength and potentials of basic concept & practice of Unani Medicine, 22 <sup>nd</sup> -23 <sup>rd</sup> October, 2003, ICMR-WHO sponsored, D/o Moalejat organized, AI's, Dr. M I J T U M C & H A R K Hospital, Versova, Mumbai	attended as delegate and participated to Services rendered	National (ICMR-WHO sponsored)
44.	International healer knowledge exchange and conference, 8-9 <sup>th</sup> Nov, 2009	attended as delegate	National
2.	attended ROTP, Sponsored by D/o AYUSH, MoHFW, GoI, Organised by D/o TST, Faculty of Medicine (U), Jamia Hamdard, New Delhi on 15-20 <sup>th</sup> December, 2008		

<b>3.</b>	Co-ordinated Re-orientation and training programme (ROTP) for the teacher of tahaffuzi wa samaji tib, Organised by department of tahaffuzi wa samaji tib, NIUM, Sponsored by Department of AYUSH, Ministry of health and family welfare from 25 <sup>th</sup> -30 <sup>th</sup> May,2009.
<b>4.</b>	Did Practical demonstration on TB/HIV co-infection programme (including OIs)” on 25 <sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM
<b>5.</b>	Did Practical demonstration on Regimenal therapy, larvivorous fishes and Slide demonstration (carcinoma of cervix, <i>Plasmodium falciparum</i> , <i>Leptospirosis</i> , Rat flea; <i>Xenopsila cheopsis</i> and <i>X.Astia</i> ) ”on 28th May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM
<b>6.</b>	Did Practical demonstration on Cancer prevention and control programme including Pap smear, FNAC, SBE, cancer awareness”etc. with Dr. Ibrahim Nagnoor on 26 <sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at Kidwai
<b>7.</b>	Did Practical demonstration on Nootul Therapy: Practical demonstration” on 27 <sup>th</sup> May, 2009 in ROTP of Tahaffuzi wa Samaji Tib at NIUM
<b>8.</b>	Co-ordinated one special six days Continuing Medical Education programme (CME) for the teacher of tahaffuzi wa samaji tib, Organised by department of tahaffuzi wa samaji tib, NIUM, Sponsored by Department of AYUSH, Ministry of health and family welfare from 8-13 <sup>th</sup> December,2014 .
<b>9.</b>	Delivered two lectures including practical demonstration as resource person in 6 days CME for the teachers of Tahaffuzi wa Samaji Tib, NIUM, Bangalore, 8-13, December, 2014.
<b>10.</b>	Delivered two lectures as resource person in 6 days CME for the teachers on 21/02/2016 and chaired session on same day, Dept. of Tahaffuzi wa Samaji Tib, HSZH. Govt.Unani Medical college, Bhopal, NIUM, held from 20-25, February,2016.
<b>11.</b>	Delivered a lectures and demonstration during the practical session as resource person in 6 days CME for the teachers on 25 <sup>th</sup> September,2019, Dept. of Amraze Niswan wa Atfal, Faculty of Medicine (U), AKTC, AMU, 20-28 <sup>th</sup> , September, 2019.
<b>12.</b>	Participated in training program of Swachhta pakhwada,2019
<b>13.</b>	Participated in CME on Science of Energy, D/o IImul Jarahat(Surgery) on 24 <sup>th</sup> August, 2019

<b>14.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on 29/06/08
<b>15.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on “Law and the doctors”, on 19 <sup>th</sup> March, 2006
<b>16.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Theme “Swine flu-A divine mercy or human error”, 14, May, 2009
<b>17.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Theme “MR-fit or Misfit”-modern medicine, 25, October, 2009
<b>18.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Theme “Diagnosis and management of Type 2 Diabetes Mellitus”, 17, March, 2009
<b>19.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Theme: “Obesity –Grace or disgrace”, 28/01/07
<b>20.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Theme: “The patients & Ramdhan”, 10, September, 2006
<b>21.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Themes: “Mosquitoes: Doctors beware & Make public aware”, 14 May, 2006
<b>22.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Theme 10: “Health care redefined” on 7 <sup>th</sup> -8 <sup>th</sup> ,March,2015
<b>23.</b>	attended Continuing Medical Education programmes at allopathic “Shifa Institute Post graduate Medical Sciences bangalore” on Themes: “Newer trends in transfusion Medicine”, 19 February, 2006
<b>24.</b>	Participated in CME on held on 30 <sup>th</sup> June, 2019 at Shangri la Hotel,Bangalore
<b>25.</b>	Participated in 3 days programme on Implementation of NABH standards for Unani Hospitals held on 01/12/2016-03/12/2006 , Bangalore
<b>26.</b>	Successfully completed five hard days special training course on Administrative and Financial Skills for Administrators and faculty members of AYUSH training institutions, Organised by department of education and training, National Institute of Health and family welfare (NIHFW), in collaboration with department of AYUSH, Ministry of health and family welfare from 5-9 November, 2012 at NIHFW, N.Delhi.



<b>27.</b>	Delivered lecture on 27/11/12 in training programme/CME on Ilaj Bit Tadbeer(Regimenal Therapy), NIUM, under NRHM, Govtt. of India, held from 19 November,2012 to 03/12/12
<b>28.</b>	Attended CME cum Workshop on Epi Info 15 <sup>th</sup> December,2018,D/o Epidemiology, centre for Public Health ,NIMHANS(Institute of National Importance),Bengaluru
<b>29.</b>	Attended CME cum Workshop on Research Methodology-2018, 12 <sup>th</sup> -15 <sup>th</sup> December,2018,D/o Epidemiology centre for Public Health ,NIMHANS(Institute of National Importance),Bengaluru Attended as delegate,KMC ( Karnataka Medical Council has granted Six (6) credit hours for delegates / resource person vide letter No. KMC /CME / 462 / 2018 , Dt. 22 <sup>nd</sup> October 2018
<b>30.</b>	attended Continuing Medical Education programme on Pharmaco vigilance of Unani drugs organized by Intermediary Pharmacovigilance centre (IPvCC) for Unani drugs, NIUM, Bangalore on 15 <sup>th</sup> &16 <sup>th</sup> January, 2019
<b>31.</b>	Attended training on intensified HIV-TB Package , H&FW,KSAPS (Karnataka state AIDS prevention society and Distt TBO/DAPCU) held on 18/03/2009 at District TB centre ,Bangalore Urban District, KC General Hospital Premises,Malleswaram,Bangalore-3
<b>32.</b>	Short term course: 'SMET' from SVYASA, subsidiary of VYASA at NIUM on February month
<b>33.</b>	HELINET Training and Continuing Education program on 26 <sup>th</sup> August, 2008 at Dhanwantri Hall, RGUHS, Jayanagar, Bangalore
<b>34.</b>	One day orientation programme and study tour at National tuberculosis Institute on 28/07/2011
<b>35.</b>	Coordinated and organized Revised National Tuberculosis Control Programme sensitization on 16th September,2009 (in collaboration with Damien Foundation India Trust and DTC) for updating knowledge of consultants and PG scholars about the new guidelines effective from 1st April,2009 and modules1-4,2005.
<b>36.</b>	attended Continuing Medical Education program on Data Analysis Using SPSS, organized by NIUM, Bangalore on 24 <sup>th</sup> &25 <sup>th</sup> January, 2023
<b>37.</b>	attended interdisciplinary Continuing Medical Education program on Unani and contemporary view on Diabetic complications and their management organized by NIUM in collaboration with NU hospitals , Bangalore on 03/09/2022

38.	attended interdisciplinary Continuing Medical Education program on Advances in Infertility management and IVF specialty care organized by NIUM in collaboration with milan fertility and birthing hospital , Bangalore on 08 <sup>th</sup> February, 2023
39.	attended First AID and BLS training session organized by Fortis Hospital, Nagarbhavi, Bangalore at NIUM, Bangalore on 27 <sup>th</sup> February, 2023
40.	Delivered two lectures as resource person in 6 days CME for the teachers on topic: Epidemiology I&II, at Dept. of Tahaffuzi wa Samaji Tib, HSZH. Govt.Unani Medical college, Bhopal, NIUM, on 01 <sup>st</sup> March held from 1-6, March, 2023.
41.	attended 13 <sup>th</sup> National conference on one health focus Early diagnosis and prevention of animal origin summer diseases of public health importance,(Delhi Medical Council granted 1.5 CME credited points vide their approval number 3640/DMC/16C/2023,Dated 30 June,2023) on Thursday,6 <sup>th</sup> July,2023,Organiser:Millenium India Education, N.delhi &D/ o Community Medicine, VMMC, safderjang Hospital , N.Delhi
42.	Organizing Chairman & chair of a Scientific session in National conference on scientific writing for Unani Teachers from 20 <sup>th</sup> & 21 <sup>st</sup> September,2023,Sponsored by M/O Ayush,Organised by D/o TST, NIUM, Bangalore
43.	Presented Paper as co-author on topic Prevention and control of Non communicable diseases through Islamic perspective in International Conference on scientific exploration & understanding of Tibbe Nabvi at Malegaon on 11& 12 December 2023
44.	Invited speaker for delivering talk on Epidemiology and community Integration, chairperson in a session and delegates in WCICH-2024,8-10, February,2024, organized by TST(PSM), F/o UM, AKTC, AMU, Aligarh U.P

Sl. No.	Online Training /online Short term course/Webinars and extra-curriculars
1.	Short term Course on Inclusive Health from 20 <sup>th</sup> October 2020 to 26 October 2020 organized by UGC Human Resource Development Centre , Aligarh Muslim University
2.	International Webinar on Understanding COVID-19 Pandemic – An Integrated Approach on 7 <sup>th</sup> – 8 <sup>th</sup> October 2020 organized by National Institute of Unani Medicine, Bangalore.

3.	National Webinar on Gynecological Malignancies – A Holistic Approach organized by Department of Ilmul Qabalat wa Amraze Niswan, by National Institute of Unani Medicine, Bangalore on 22 -23 January 2021.
4	National Webinar on Pharmacovigilance of ASU & H drugs @AYUSHSURAKSHA- 2020@ Organized by Intermediary Pharmacovigilance Centre for Unani Drugs, National Institute of Unani Medicine, Bangalore on 15 <sup>th</sup> -16 <sup>th</sup> September 2020.
5	The Training in Clinical Management – COVID -19 On 29 <sup>th</sup> April 2020 organized by Department of Personnel & Training.
6	The Training in Infection Prevention and Control on 30 <sup>th</sup> April 2020 organized by Department of Personnel & Training.
7	The Training in Quarantine and Isolation on 26 <sup>th</sup> April 2020 organized by Department of Personnel & Training
8	The Training in Psychological care of patients with COVID -19 on 26 <sup>th</sup> April 2020 organized by Department of Personnel & Training
9	The Training in Infection Prevention through PPE - Bengali on 26 <sup>th</sup> April 2020 organized by Department of Personnel & Training
10	The Training on Infection Prevention through PPE - Hindi on 26 <sup>th</sup> April 2020 organized by Department of Personnel & Training
11	The Training on Basics of COVID -19 on 26 <sup>th</sup> April 2020 organized by Department of Personnel & Training
12	The Training On Pregnancy and COVID -19 on 08 <sup>th</sup> May 2020 organized by Department of Personnel & Training
13	The Training on ICU Care and Ventilation Management on 08 <sup>th</sup> May 2020 organized by Department of Personnel & Training
14	The Training on Pediatric Concerns During COVID-19 on 08 <sup>th</sup> May 2020 organized by Department of Personnel & Training
15	The Training on Respiratory Therapy for COVID -19 on 10 <sup>th</sup> May 2020 organized by Department of Personnel & Training
16	The Training on COVID Awareness – Hindi on 10 <sup>th</sup> May 2020 organized by Department of Personnel & Training
17	The Training on Management of COVID -19 cases (SARI, ARDS & Septic Shock) on 02 <sup>nd</sup> May 2020 organized by Department of Personnel & Training
18	E-workshop on Dermoscopy organized by D/o Amraze Jild wa Zahrawiya, F/UM, AKTC, AMU & Unani Dermatologists & Cosmetologists Association of India (UDCAI), 6 <sup>th</sup> December, 2020

19.	Webinar Series-1 Unani Medicine in Ilmul Qabalat wa Amraze Niswan(OBG)-An Evidence based approach, organized by D/o Ilmul Qabalat wa Amraze Niswan(OBG),NIUM,Bangalore,4 <sup>th</sup> February,2021
20	One day National Conference organized by D/o Ilmul Qabalat wa Amraze Niswan(OBG),NIUM,Bangalore,9 <sup>th</sup> February,2021
21	National Webinar, organized by D/o Mahiyatul Amraz,NIUM on 12 <sup>th</sup> February,2021
22.	Webinar Series-2,Unani Medicine in Ilmul Qabalat wa Amraze Niswan(OBG)-An Evidence based approach, organized by D/o Ilmul Qabalat wa Amraze Niswan(OBG),NIUM,Bangalore,16 <sup>th</sup> February,2021
23.	Panel Expert on 2 <sup>nd</sup> e-National Symposium on People Access to healthcare without the prospect of Financial Hardship on 9 <sup>th</sup> December, 2020, organized by Indian Integrated Community Health Association(IICHA) & Simnan Imperial Guild Aligarh 202002(UP).
24.	Participated on 2 <sup>nd</sup> IICHA National e-Symposium on 9 <sup>th</sup> December 2020, organized by Indian Integrated Community Health Association(IICHA) & Simnan Imperial Guild Aligarh 202002(UP) As Delegate.
25.	International Symposium on Immunomodulation An Integrated Approach in Unani Medicine on 6 <sup>th</sup> October 2020, organized by AKTU, AMU, Aligarh.
26.	The Training on Laboratory Sample Collection and Testing on 08 <sup>th</sup> May 2020 organized by Department of Personnel & Training
27.	COVID-2021 & Beyond one day virtual International Conference, organized by CETI (Collaboration to eliminate TB among Indians) & IIPH (Indian Institute of Public Health, Gandhinagar) on 17 <sup>th</sup> July, 2021
28	Webinar Series on Medicolegal issues and its legal implications, organized by D/o Forensic Medicine and Toxicology & Supreme Medicolegal Forum, PIMPRI, Pune on 16 <sup>th</sup> July, 2021
29	The Training on Respiratory Therapy for COVID 19 on 10 May 2020 organized by Department of Personnel & Training
30	The Training on COVID Awareness- Hindi on 10 May 2020 organized by Department of Personnel & Training
31	Webinar on Tele dermatology in Unani Medicine and Its Challenges to cope with COVID 19 on 09 May 2020 organized by Department of Amraz-E-Jild-Wa-Zoharawiya, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.
32	National Webinar on Pharmacovigilance of ASU & H drugs "AYUSH SURAKSHA-2020" on 15-16 Sep, 2020 organized by Mo AYUSH
33	International Webinar on COVID 19 on 7-8 October 2020 organized by NIUM, Bangalore.

34	National Webinar on Gynecological Malignancies- A Holistic Approach on 22-23 January 2021 organized by NIUM, Bangalore.
35	Online Workshop on Patent Filing, Technology Transfer & Commercialization on 18 Sep, 2021 organized by IPC, AMU, Aligarh
36	Webinar Series on Medicolegal Issues on 16 July 2021 organized by DPU, Pune-18
37	Participated as Speaker in Public Health Awareness program on 24 March 2022 organized by NIUM, Bangalore.
38	Participated as Speaker in Public Health Awareness program on 15 September 2021 organized by NIUM, Bangalore.
39	Participated as Speaker in Public Health Awareness program on 07 April 2022 organized by NIUM, Bangalore.
40	National Webinar on Ilmu Jarahath Updates 2022 on 04 June 2022 organized by NIUM, Bangalore.
41	National Webinar on Bloodletting Procedure in IBT on 18 June 2022 organized by NIUM, Bangalore.
42	National Webinar on The Concept of Nutraceuticals and Dietary Guidelines in USM on 22 June 2022 organized by NIUM, Bangalore.
43	National Webinar on Modification and recent advancement in Unani Dosage forms on 29 June 2022 organized by NIUM, Bangalore.
44	National Webinar on Innovative Approaches of Research in Ilmu Advia on 25 June 2022 organized by NIUM, Bangalore
45	National Webinar on Importance of Mahiyathul Amraz in USM on 14 June 2022 organized by NIUM, Bangalore
46	Foundation Course in Educational Methodology (FCEM) held during May- June 2022 on RAATI LMS, RGUHS, Karnataka.
47	Webinar on Assessment Methods for the Unani, Yoga & Naturopathy Faculty held on 17 February 2022 on RGUHS, Karnataka.
48	Participated as Judge in Health Quiz on Unani Day Calibration 2022 on 09 March 2022
49	Organized Essay writing and Poster -Making Competition on World Diabetes day 2021
50	Speaker Health Awareness program on Unani Day Celebration on 4/02/2023
51	Speaker Health Awareness program on Poshan Pakhwada on 01&03/04/2023
52	Organising Chairperson And Nodal Officer Poshan Pakhwada,2023

(Dr.Arish Mohammad Khan Sherwani)