

CURRICULUM VITAE



Name : *Abdul Haseeb Ansari*
Designation : Professor (Dept. of Tahaffuzi wa Samaji Tib)
Academic Qualifications :

Examination Passed	Year of Passing	University/ Board	Division/ Percentage
MD (Hifzan-e-Sehat)	2000	AMU, Aligarh	I
BUMS	1996	AMU, Aligarh	I
Alimiat/ Eq. 10+2	1987	Al-Jamiatu-s-Salafiah, Banaras	I
Certificate Course in MS-Office 2000	2001	AMU, Aligarh	NA
Certificate Course in Computer Fundamentals	1997	AMU, Aligarh	NA
Certificate in Remedial Course in English	1998	AMU, Aligarh	NA
Foundation Course in Educational Methodology (FCEM)	May-June 2022	RGUHS Academic & Administrative Training Institute (RAATI), RGUHS Karnataka, Bengaluru.	NA

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Date of Birth : January 4th, 1969

Nationality : Indian

Religion : Islam

Registration Certificate No. : **8021** (Board of Indian Medicine, UP)
CR/UN/UP/5164 (CCIM/NCISM)

Marital Status : Married

Languages Known : Urdu, Hindi, English, Arabic & Persian

Academic Awards:

●“Best Teacher Award – for Literary Research in Unani Medicine”, awarded by Ministry of AYUSH (CCRUM), New Delhi, held on **11-02-2020**, during “*Unani Day - 2020*”, at Vigyan Bhawan, New Delhi.

●“**10th Hakim Ahmed Memorial National Award**”, awarded by Hakim Ahmed Ashraf Memorial Society (Regd.), held on **30-11-2019**, during “*1st World History of Unani Medicine Conference 2019*”, at Dr. Ahmed Ashraf Memorial Unani Specialty Treatment Center for Paralysis, Hyderabad, Telangana.

Professional details (Teaching Experiences): >20 years

❖ Currently working as “*Professor*” in the **D/o Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine**, (An autonomous Organization under Ministry of AYUSH, Govt. of India), Kottigepalya, Magadi Main Road, Bangalore – 560091 (K.A.), from **03-09-2019** till date.....

Publications:

Books:

Published:

1. “*Jadeed Moashrey main Jinsi Hifzan-e-Sehat ke Usool*”, (Urdu) published by **National Educational Society (Regd.), Aligarh**. (Dec. 2001).
2. “*Khurd-o-Noash (Ghiza) - Hifzan-e-Sehat ke Tanazur mein*”, (Urdu) published by **National Educational Society (Regd.), Aligarh**. (July 2002).
3. “*Evaluation of Nutritional Status Anthropometry*”, (English) published by **LAP- Lambert Academic Publishing, Germany**, 2011; ISBN: 978-3-8443-83720. (as co-author)
4. “*Umūr Tabī‘iyya*” (Urdu) 1st Edition, published by **Idara Kitabush Shifa, New Delhi**. (February 2012).
5. “*A Glossary of Objective Questions in Surgery (for PG Competitive Examinations)*” (English), published by **Idara Kitabush Shifa, New Delhi**. (June 2012). (as co-author)
6. “*Umūr Tabī‘iyya*” (Urdu) 2nd Edition, published by **Kutub Khana Amjadia, Jama Masjid, Delhi**. (January 2020). ISBN: 978-81-944988-0-3.

Chapter in Book published: 01

7. “*Hifzan-e-Sehat*” (Urdu), a *Chapter “Tadabeer Asbab Sitta Zarooriya”* as part of PROJECT on “*Work for writing of Text Books on Unani Medicine*” published by **National Council for Promotion of Urdu Language (NCPUL)**, an autonomous body under **Ministry of HRD, Govt. of India**, New Delhi. (2018). ISBN: 978-93-87510-49-4. (as **Chapter writer**)

Ready for Publication:

8. “*Asbab Sitta Zarooriya*” (Urdu) is ready for publication. (as Author)
9. “*Jarahiyat-e-Nizami*” (Urdu) is ready for publication. (as co-author)

Papers:

1. **Hkm. Abdul Haseeb Ansari**, “*Hamal aur Ghiza*”, **Jahan-e-Tib** A Quarterly Urdu Journal of CCRUM, D/o AYUSH, Ministry of Health & F.W. Govt. Of India, April-June. (2004), Vol. 5, Issue 4, pp54-59, Published by CCRUM, New Delhi.
2. Tanzeel Ahmad, **Ansari A. H.**, Mohd. Anwar, Abid A. Ansari. “*The Effect of Dalak (Massage) with Roghan-e-Baboona in Wajaul Mafasil (Arthritis) – A Clinical Study*”, **Journal of Indian Medicine & Homeopathy (JIM)** – Quarterly, April-June (2004), Vol.4, Issue 01, pp24-27, Published by Society for the Journal of Indian Medicine and homeopathy Commissionerate of Indian Medicine and Homeopathy, Chennai-06 Tamilnadu, India.
3. **Dr. Abdul Haseeb Ansari**, Dr. Farkhunda Jabeen. “*Ghizaie Tawazun*”, **Nawa-i-Tib-o-Sehat** Quarterly Journal (A Complete Journal on Medical Health), Oct. to Dec. (2004), Vol. 13, Issue 4, pp12-15, Published by Hakim Mohd. Irfan Najaf Haleemi, P.O. Begum Sarai, Allahabad. ISSN:2348-9669.

4. Mohd. Zulkifle, I. H. Zaidi, **A. Haseeb Ansari**, “*Concept of Embryology in Unani System of Medicine*”, **Unimed**, April-Sep. (2005), Vol.1, Issue1, pp17-18, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703
5. Tanzeel Ahmad, Abid A. Ansari, **A. Haseeb Ansari**, Nasreen Jahan, “*Diabetes Mellitus – A Demographic Study*”, **Unimed**, April-Sep. (2005), Vol.1, Issue1, p25, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703
6. Tanzeel Ahmad, **Abdul Haseeb Ansari**, Abid Ali Ansari, “*Bronchial Asthma – An Epidemiological Study*”, **National Medicos – A Quarterly Medical Journal (An Official Journal of International Institute of Al-Tib)**, July-Sep. (2005), Vol.8, Issue 01, pp18-19, Published by Dr. S. M. Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai. ISSN: 0973-0478.
7. Dr. Abid Ali Ansari, Dr. Nasreen Jahan, **Dr. Abdul Haseeb Ansari**, “*Hayateen ‘Alif’ (Vitamin ‘A’)–Mana-e-Shabkori wa mana-e-Tadiya Hayateen*”, **Nawa-i-Tib-o-Sehat**, Quarterly Journal (A Complete Journal on Medical Health), July to Sept. (2005), Vol. 14, Issue 3, pp30-32, Published by Hakim Mohd. Irfan Najaf Haleemi, P.O. Begum Sarai, Allahabad. ISSN: 2348-9669
8. Mohd. Zulkifle, I. H. Zaidi, **A. Haseeb Ansari**, “*Quwa-e-Tabiyah – A Concept*”, **Unimed**, Oct.-March (2005-06), Vol.1, Issue2, pp31-33, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703
9. Nasreen Jahan, Dr. Abid Ali Ansari, **A. H. Ansari**, Tanzeel Ahmad, “*Hepato-protective Activity of Unani Medicinal Plants (An Overview)*”, **Unimed**, Oct.-March. (2005-06), Vol.1, Issue2, pp51-53, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703
10. Dr. Nasreen Jahan, Dr. Abid Ali Ansari, **Dr. Abdul Haseeb Ansari**, “*Sodium (Natroon)–Baqaa-e-Hayat ke liye Zaroori Unsur*”, **Nawa-i-Tib-o-Sehat** Quarterly Journal (A Complete Journal on Medical Health), Oct. to Dec. (2005), Vol. 14, Issue 4, pp25-27, Published by Hakim Mohd. Irfan Najaf Haleemi, P.O. Begum Sarai, Allahabad. ISSN: 2348-9669
11. Nasreen Jahan, Abid Ali Ansari, **Abdul Haseeb Ansari**, “*Olive Oil – The Most Precious Oil in the World*”, **National Medicos – A Quarterly Medical Journal (An Official Journal of International Institute of Al-Tib)**, Jan. (2006), Vol.8, Issue 03, pp3-5, Published by Dr. S. M. Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai. ISSN: 0973-0478.
12. **Abdul Haseeb Ansari**, Abid Ali Ansari, Tanzeel Ahmad, Farkhunda Jabeen, Mohd. Aazam, “*Health Effect of Radiation Hazards on Human Body and its Preventive Measures*”, **National Medicos – A Quarterly Medical Journal (An Official Journal of International Institute of Al-Tib)**, Jan. (2006), Vol.8, Issue 03, pp12-19, Published by Dr. S. M. Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai. ISSN: 0973-0478.
13. Mohd. Zulkifle, I. H. Zaidi, and **A. Haseeb Ansari**, “*Health – A broader Theme*”, **Unimed**, April-Sep. (2006), Volume-II, Issue-1, pp34-35, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703

14. **Abdul Haseeb Ansari**, Mohd. Zulkifle, Abid A. Ansari, Tanzeel Ahmad and Mohd. Afzal, “*Etymology and Evolution of Preventive Medicine – A Historical Overview*”, **Unimed**, April-Sep. (2006), Volume-II, Issue-1, pp48-52, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703
15. Abid Ali Ansari, Nasreen Jahan, **Abdul Haseeb Ansari**, “*Hajamat (Cupping)–The Ancient Way of Healing*”, **Hamdard Medicus**, Quarterly Journal of Science and Medicine, April-June (2007), Vol.50, No.2, pp100,104, Published by Bait al-Hikmah at Madinat al-Hikmah, Shara-e-Madinat al-Hikmah, Karachi, Pakistan. P-ISSN: 0250-7188.
16. Dr. Tabassum, Prof. Shah-ul-Haq, Dr. Shakeela Banu, Dr. Mohd. Zulkifle, **Dr. A. H. Ansari**, “*Ancient Physicians and Their Views about “CONTRACEPTION”*”, **National Medicos – A Quarterly Medical Journal** (An Official Journal of International Institute of Al-Tib), July (2007), Vol.10 Issue 1, pp3-5, Published by Dr. S. M. Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai. ISSN: 0973-0478.
17. Nasreen Jahan, Abid Ali Ansari, **Abdul Haseeb Ansari**, “*Dietary Approaches to stop Hypertension*”, **National Medicos – A Quarterly Medical Journal** (An Official Journal of International Institute of Al-Tib), Oct. (2007), Vol.10, Issue02, pp11-14, Published by Dr. S. M. Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai. ISSN: 0973-0478.
18. **Abdul Haseeb Ansari**, Abid Ali Ansari, Amanullah, M. Afzal, “*Physical Fitness in Today’s Life – The Right Choice and Importance*”, **National Medicos – A Quarterly Medical Journal** (An Official Journal of International Institute of Al-Tib), Oct. (2007), Vol.10, Issue02, pp19-21, Published by Dr. S. M. Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai. ISSN: 0973-0478.
19. **Ansari A. Haseeb**, Zulkifle M, “*Classification of Diseases in Unani System of Medicine – An Attempt to Make it More Comprehensive*”, Proceedings of International Conference on Research Advances in Traditional Medicine: Challenges and Opportunities, held on October 30th – 31st, 2007, at Convention Centre, Jamia Hamdard, New Delhi, pp33-35. Late Issue
20. Nazrul Islam M, Zulkifle M, **Ansari A.H**, “*Effects of Therapeutic Life-Style Changes in Modern Disease of Civilization*”, Proceedings of International Conference on Research Advances in Traditional Medicine: Challenges and Opportunities, held on October 30th – 31st, 2007, at Convention Centre, Jamia Hamdard, New Delhi, pp73-77. Late Issue
21. Zulkifle M, **Ansari A. Haseeb**, “*Leaching – A Mean of Healing of Venous Ulcer*”, Proceedings of International Conference on Research Advances in Traditional Medicine: Challenges and Opportunities, held on October 30th – 31st, 2007, at Convention Centre, Jamia Hamdard, New Delhi, pp156-160. Late Issue
22. Mohd. Zulkifle and **Abdul Haseeb Ansari**, “*Mahiyat of Ziabetes Shakri – A Concept*”, **Unimed - Kulliyat**, A Journal of Unani Medicine, April-Sep. (2008), Volume-IV, Issue-1, pp26-29, Published by Dept of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh. ISSN:2249-5703
23. Abdul Aziz Khan, M. Zulkifle, **A. Haseeb Ansari**, A.H. Najma Khan and M. farooque, “*Persian Contribution to Unani Medicine – A Review*”, **Hamdard Medicus**, Quarterly Journal of Science and

Medicine, October-December (2008), Vol.51, No.4, pp137-143, Published by Hamdard Foundation, Nizamabad, Karachi, Pakistan. P-ISSN: 0250-7188.

24. Abdul Aziz Khan, M. Zulkifile, **A. Haseeb Ansari** and Mohammad Farooque, “*Ilaj Bil Riyazat – A Way of Natural Cure*”, **Hamdard Medicus**, Quarterly Journal of Science and Medicine, January-March (2009), Vol.52, No.1, pp116-119, Published by Hamdard Foundation, Nizamabad, Karachi, Pakistan. P-ISSN: 0250-7188.
25. Maruthi Vadlakonda, Tanzeel Ahmad, Abid Ali Ansari, Nasreen Jahan, **A.H. Ansari**, “*Demographical Study of Hypertension*”, **JIM**, Oct. 2007-Sept. 2009, Vol.7-9, No.2, pp26-30, Published by Society for the Journal of Indian Medicine and Homoeopathy, Chennai, Tamilnadu.
26. Maruthi Vadlakonda, Tanzeel Ahmad, Abid Ali Ansari, Nasreen Jahan, **A.H. Ansari**, “*Clinical and Therapeutic Evaluation of Essential Hypertension with Sumbul-ut-Teeb, Amla and Nagarmotha*”, **JIM**, Oct. 2007-Sept. 2009, Vol.7-9, No.2, pp36-40, Published by Society for the Journal of Indian Medicine and Homoeopathy, Chennai, Tamilnadu.
27. Abdul Aziz Khan, M. Zulkifile, **A. H. Ansari**, S.M. Faisal Iqbal, Khan Najma A.H, “*Role of Majoon Chobchini and Safoof-e-Asgandh in Lumbar Canal Stenosis - A Case Study*”, **Indian Journal of Unani Medicine**, January-June (2009), Vol. II, Issue 1, pp45-49, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
28. Ahsan Ilahi, M. Zulkifile, **AH Ansari**, “*An Observational Study in Occurrence of Skin Disorders Pertaining to Personal Cleanliness*”, **Indian Journal of Unani Medicine**, January-June (2009), Vol. II, Issue 1, pp51-55, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
29. M. Farooque, M Zulkifile, AMK Sherwani, **AH Ansari**, Nusrath F. “*Assessment of Obesity Status of Middle School Obese Children of Bangalore*”, **Indian Journal of Unani Medicine**, January-June (2009), Vol. II, Issue 1, pp57-62, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
30. Ahsan Ilahi, M. Zulkifile, **AH Ansari**, “*Relevance of Exercise and Timing of Meal in Causation of Joint Disorders – An Observational Study*”, **Indian Journal of Unani Medicine**, July-Dec. (2009), Vol. II, Issue 2, pp59-61, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
31. Zulkifile M, Siddiqui MJ, **Ansari AH**, Ansari ZA, “*Association of Qillatun Naum (Sleep Deprivation) in Night Shift Workers*”, **Indian Journal of Unani Medicine**, January-June (2010), Vol. III, Issue 1, pp45-55, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
32. Akmal M, M. Zulkifile, **AH Ansari**, “*Ibn Nafis – A Forgotten Genius in the Discovery of Pulmonary Blood Circulation*”, **Heart Views**, March-May. 2010;11(1):26-30, Published by Hamad Medical Corporation. (http://www.hmc.org.qa/heartviews/VOL11NO1/HISTORY_MEDICINE.htm.) **Online Issue**
PMCID: PMC2964710, ISSN: 0976-5123
33. Iqbal Aziz, Anis Ismail, Zulkifile M, **A.H. Ansari**, “*Sharbat Buzoori Motadil an Iso-osmotic Alkalinizing Diuretic – An Analytical Study*”, **Hamdard Medicus**, Quarterly Journal of Science and Medicine, April-

June (2010), Vol.53, No.2, pp71-74, Published by Hamdard Foundation, Nizamabad, Karachi, Pakistan. P-ISSN: 0250-7188.

34. Ahsan Ilahi, M. Zulkifile, **AH Ansari**, “*An Observational Study Regarding the Role of Overcrowding, Lack of Exercise and Sexual Behaviour in the Genesis of Respiratory Disorders*”, **Indian Journal of Unani Medicine**, July-Dec. (2010), Vol. III, Issue 2, pp113-117, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
35. Ahsan Ilahi, **Ansari AH**, Ahmad QZ and M. Zulkifile, “*Dietary Hygiene: In the light of Graeco-Islamic Medicine*”, **Indian Journal of Unani Medicine**, July-Dec. (2010), Vol. III, Issue 2, pp153-157, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
36. **Abdul Haseeb Ansari**, Mohd. Zulkifile, Mahboob Ali, “*An analytical study of concordance between Mizaj and diseases in adult patients of NIUM Hospital, Bangalore*”, **Ancient Science of Life** 2010;30(1):07-11. Published by International Institute of Ayurveda, P.B. No. 7102, Ramanathapuram, Coimbatore-641045, Tamil Nadu, India. PMID: PMC3336268, ISSN:2249-9547 [Online Issue](#)
37. Ahsan Ilahi, M. Zulkifile, **AH Ansari**, “*Association of Exercise, Sleep Habits, Washing of Hands, Nails Hygiene and Dietary Habits with the Development of Digestive Disorders – An Observational Study*”, **Hamdard Medicus**, Quarterly Journal of Science and Medicine, January-March (2011), Vol.54, No.1, pp15-20, Published by Hamdard Foundation, Nizamabad, Karachi, Pakistan. P-ISSN: 0250-7188.
38. **Dr. Abdul Haseeb Ansari**, Dr. Mohd. Zulkifile, Dr. Abid Ali Ansari, “*Misri Tib – Tareekhe Tib ka ek Sunahra Baab*”, **Nawa-i-Tib-o-Sehat** Quarterly Journal (A Complete Journal on Medical Health), April to June (2011), Vol. 20, Issue 2, pp26-28, Published by Hakim Mohd. Irfan Najaf Haleemi, Nim Sarai, P.O. Dhoomanganj, Allahabad. ISSN: 2348-9669
39. Izharul Hasan, Mohd Zulkifile and **Abdul Haseeb Ansari**, “*An assessment of nutritional status of the children of government Urdu higher primary schools of Azad Nagar and its surrounding areas of Bangalore*”, **Archives of Applied Science Research** 2011;3(3):167-176. CODEN (USA) AASRC9, ISSN:0975-508X [Online Issue](#)
40. Iqbal Aziz, Anis Ismail, Zulkifile M, **Ansari A Haseeb**, “*Effects of Sharbat Buzoori Motadil on citrate excretion*”, **Indian Journal of Traditional Knowledge (IJTK)**, Published by National Institute of Science Communication And Information Resources (NISCAIR), Dr. K.S. Krishnan Marg, Pusa Campus, New Delhi. Indian Journal of Traditional Knowledge July 2011;10(3):498-501. ISSN:0975-1068. Impact Factor 1.273. [Online Issue](http://nopr.niscair.res.in/handle/123456789/12027) <http://nopr.niscair.res.in/handle/123456789/12027>
41. Ahsan Ilahi, **AH Ansari**, MA Mufti, QZ Ahmad, M Usman, “*Relevance of sleep disturbances in causation of different disorders: An observational study*”, **Indian Journal of Unani Medicine**, January-June (2011), Vol. IV, Issue 1, pp67-72, Published by National Environmental Science Academy, New Delhi. ISSN: 0974-6056.
42. Izharul Hasan, Mohd Zulkifile and **Abdul Haseeb Ansari**, “*Prevalence of stunting among school children of Government Urdu Higher Primary Schools in Azad Nagar and its surrounding area, Bangalore*”,

43. Mohd Zulkifle, **Abdul Haseeb Ansari**, Mohd. Farooque, Nusrat Fathima, *“Efficacy of a Unani polyformulation in post chikungunya arthritis – A case study”*, **Unani Res.** July-December 2011; ISSN:2231-2544. [Online Issue](#)
44. Mohd. Zulkifle, **Abdul Haseeb Ansari**, Afzal Ahmad Khan, *“Evaluation of efficacy of barley water in pulmonary tuberculosis”*, **Unani Res.** July-December 2011;1(2):50-54. ISSN:2231-2544. [Online Issue](#)
45. Ahsan Ilahi, **AH Ansari**, M. Zulkifle, AN Ansari, *“Norms and Impacts of Coitus: An Over Arching Traditional Review”*, **Indian Journal of Unani Medicine**, July-December (2011), Vol. IV, Issue 2, pp109-112, Published by National Environmental Science Academy, New Delhi. ISSN:0974-6056.
46. **Dr. Abdul Haseeb Ansari**, Dr. Mohd. Zulkifle, Dr. Abid Ali Ansari, *“Ta’reeq – Ilaj Bit Tadbeer ka ek Matrook lekin Aham Tareeqae Kar”*, **Nawa-i-Tib-o-Sehat** Quarterly Journal (A Complete Journal on Medical Health), October to December (2011), Vol. 20, Issue 4, pp32-35, Published by Hakim Mohd. Irfan Najaf Haleemi, Nim Sarai, P.O. Dhoomanganj, Allahabad. ISSN: 2348-9669
47. Ahsan Ilahi, **Abdul Haseeb Ansari**, Mohd. Zulkifle, Wasi M Akhtar, *“Massage: A Crutch for the Elderly Insomniacs”*, **Journal of AYUSH** April 2012;1(1):14-20. ISSN:2278-2214 [Online Issue](#)
48. Mohd. Zulkifle, **Abdul Haseeb Ansari**, Mohd. Sajid, *“Prevalence of Genetic Predisposition in Patients of Diabetes Mellitus Type-2”*, **Journal of AYUSH** April 2012;1(1):21-29. ISSN:2278-2214 [Online Issue](#)
49. **Dr. Abdul Haseeb Ansari**, Dr. Mohd. Zulkifle, Dr. Abid Ali Ansari, Dr. Mohd. Afzal, Dr, Amanullah, *“Husool Ghiza aur Ayyame Razaat-Jadeed Izafat ki Roshni mein”*, **Nawa-i-Tib-o-Sehat** Quarterly Journal (A Complete Journal on Medical Health), April to June (2012), Vol. 21, Issue 2, pp22-24, Published by Hakim Mohd. Irfan Najaf Haleemi, Nim Sarai, P.O. Dhoomanganj, Allahabad. ISSN:2348-9669
50. M. Farooque, M Zulkifle, AMK Sherwani, **AH Ansari**, Nusrath F, Sofi G. *“Eating behaviour of Obese Children of Bangalore”*, **Asian J Med Cli Sci** May-Aug 2012;1(2):75-79, Published by PBS Publishing, Palakkad, Kerala. ISSN:2278-6597.
51. Ahsan Ilahi, Mohd. Zulkifle, **Abdul Haseeb Ansari**, *“Successful Management of Sue-Mizaj Barid Yabis Aasabi (G.B. Syndrome): A Case Report”*, **Journal of AYUSH** August 2012;1(2):73-75. ISSN:2278-2214. [Online Issue](#)
52. Dr. Mohd. Zulkifle, **Dr. Abdul Haseeb Ansari**, Mohd. Shakir, Mohd. Akmal. *“Hypertension Scenario in Bangalore Metropolitan Transport Corporation (BMTCL) Employees – A Study”*. **International Journal of Advanced Ayurveda, Yoga, Unani, Siddha and Homeopathy** 2012;1(1):1-5. ISSN:2320-0251. [Online Issue](#)
53. Dr. Mohd. Zulkifle, **Dr. Abdul Haseeb Ansari**, Manchala Ramesh, *“Relation between Socioeconomic Status of Parents and Health of Children”*. **International Journal of Advanced Ayurveda, Yoga, Unani, Siddha and Homeopathy** 2012;1(1):6-12. ISSN:2320-0251. [Online Issue](#)

54. **Dr. Abdul Haseeb Ansari**, Dr. Mohd. Zulkifile, Mohd. Akmal, Mohd. Shakir, “*Status of Hepatitis-B Virus Carriers in the Patients of NIUM Hospital*”. **International Journal of Advanced Ayurveda, Yoga, Unani, Siddha and Homeopathy** 2012;1(1):13-22. ISSN:2320-0251. [Online Issue](#)
55. Zulkifile M, **Ansari AH**, Sherwani AMK, Farooq AI, “*Prevalence of Hypertension in A Specified Population of Bangalore*”, **Journal of Research in Unani Medicine** 2012;1(1):51-55, Published by NIUM, Bangalore. ISSN:2320-8015.
56. **Abdul Haseeb Ansari**, Mohd. Zulkifile, Zahid Kamal, “*Effect of Ta’reeq (Sweating) to Control the Progress of Samane Mufrat (Overweight/Obesity) – A Study*”, **Journal of AYUSH** December 2012;1(3):10-14. ISSN:2278-2214. [Online Issue](#)
57. **Abdul Haseeb Ansari**, Mohd. Zulkifile, Manchala Ramesh, “*Prevalence of URTI and Growth Retardation in Government Primary School Children of Bangalore*”, **Journal of AYUSH** December 2012;1(3):38-43. ISSN:2278-2214. [Online Issue](#)
58. Ahsan Ilahi, **AH Ansari**, M. Zulkifile and M.A. Mufti, “*Association of Exercise, Sleep Habits, Dietary Habits, Bathing and House Status in the Genesis of Central Nervous System Disorders – An Observational Study*”, **Hamdard Medicus**, Quarterly Journal of Science and Medicine, July-September (2012), Vol.55, No.3, pp33-38, Published by Hamdard Foundation, Nizamabad, Karachi, Pakistan. P-ISSN: 0250-7188.
59. Izharul Hasan, Mohd Zulkifile and **A. H. Ansari**, “*Prevalence of underweight among school children of government Urdu higher primary schools of Azad Nagar and its surrounding areas of Bangalore*”, **International Research Journal of Medicine and Medical Sciences** 2013;1(1):8-12. ISSN:2354-211X. Impact factor: 0.379, UIF: 0.1631, SJIF: 4.459. [Online Issue](#)
60. Izhar-Ul Hasan, Mohd Zulkifile & **A. H. Ansari**, “*Immunization Status among Government Urdu Higher Primary Schools of Azad Nagar and its Surrounding Area, Bangalore*”, **Global Journal of Medical research (USA)** 2013;13(1):18-23 version 1.0. ISSN:02249-4618. [Online Issue](#)
61. Tanwir MA, **Ansari AH**, Aisha P and Anzar MA, “*Dalk (Therapeutic Massage) & Their Indication for Musculoskeletal Disorder in Unani Medicine*”, **International Journal of Advanced Ayurveda, Yoga, Unani, Siddha and Homeopathy** 2013;2(1):59-70. Article ID Med-52 ISSN: 2320-0251 [Online Issue](#)
62. Raudas Kumar, Mohd Zulkifile, **Abdul Haseeb Ansari**, Md Tanwir Alam, “*A Survey of Awareness and Willingness of Contraception in Married Males*”, **RRJoM © STM Journals** 2013;3(1):01-10. (ISSN: 2249-8648) [Online Issue](#)
63. Md Tanwir Alam, **Abdul Haseeb Ansari**, Aisha Perveen, Md Anzar Alam, “*Rihan (Basil)- An Important Medicinal Herb*”, **International Journal of Universal Pharmacy and Bio Sciences** 2013;2(4):133-145. ISSN: 2319-8141, Impact Factor: 1.89, ICV: 2.40 [Online Issue](#)
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6. **Abdul Haseeb Ansari**, Prof. Afzal Ahmad, and Prof. Anis A. Ansari “*Dalak-e-Wajha (Face Massage – A Rational Approach Towards its Technique)*”, Souvenir and Abstracts, International Conference on Good Health in New Millennium through Unani System of Medicine, May 29-31, 2001, Sponsors Dept. of ISM & H, Ministry of Health and F.W., Govt. of India, New Delhi & AMU, Aligarh. At PG Dept. of Kulliyat, A. K. Tibbiya College, AMU, Aligarh, India.
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 74. Md. Akhter Hussain Jamali, Mohd. Zulkifle, **A. H. Ansari**, Mohd. usman, **“Diagnostic Ability of Unani Physicians in case of Diqqe Rewi (pulmonary tuberculosis)”**, Souvenir, National Scientific Seminar on Unani Tib, held on 16th-17th January 2010, organized by All India Unani Tibbi Congress, Andhra Pradesh, Hyderabad.
 75. Mohd Akmal, **A. Haseeb Ansari**, Mohd. Zulkifle, Mohd. Shakir, **“Diet for Pregnant and Breastfeeding Women”**, Souvenir, National Scientific Seminar on Unani Tib, held on 16th-17th January 2010, organized by All India Unani Tibbi Congress, Andhra Pradesh, Hyderabad.
 76. Mohd. Shakir, Mohd. Zulkifle, **A. H. Ansari**, Afzal Ahmad Khan, **“Hypertension – A Temperamental Trait”**, Souvenir, National Scientific Seminar on Unani Tib, held on 16th-17th January 2010, organized by All India Unani Tibbi Congress, Andhra Pradesh, Hyderabad.
 77. Afzal Ahmad Khan, Mohd. Zulkifle, **A. Haseeb Ansari**, Mohd. Shakir, **“Role of Nutrition in Prevention and Management of Tuberculosis with Special Reference to Barley Water”**, Souvenir, National Scientific Seminar on Unani Tib, held on 16th-17th January 2010, organized by All India Unani Tibbi Congress, Andhra Pradesh, Hyderabad.
 78. Mohd Akmal, Mohd. Zulkifle, **A. Haseeb Ansari**, **“Smoking – Aweapon of Mass Health Hazard”**, Souvenir, National Conference on Environmental Aspects of Healthcare in Unani Medicine, Sponsored by Dept. of AYUSH, Ministry of Health & FW, Govt. of India, held on 27th to 28th March 2011, at Convention Centre, Jamia Hamdard, New Delhi, Organized by National Environmental Science Academy, New Delhi.
 79. **Ansari AH**, Zulkifle M, Khan A, **“Waste Management of Unani Hospital – A Study”**, Souvenir, National Conference on Environmental Aspects of Healthcare in Unani Medicine, Sponsored by Dept. of AYUSH, Ministry of Health & FW, Govt. of India, held on 27th to 28th March 2011, at Convention Centre, Jamia Hamdard, New Delhi, Organized by National Environmental Science Academy, New Delhi.
 80. Shakir M, Zulkifle M, **Ansari AH**, Kamal Z, Mujassam M, **“Effect of Lifestyle Changes on Six Essentials in Present Scenario”**, Souvenir, National Conference on Environmental Aspects of Healthcare in Unani Medicine, Sponsored by Dept. of AYUSH, Ministry of Health & FW, Govt. of India, held on 27th to 28th March 2011, at Convention Centre, Jamia Hamdard, New Delhi, Organized by National Environmental Science Academy, New Delhi.
 81. Tanwir AM, Zulkifle M, **Ansari AH**, Aisha P, **“Unani Way of Water Purification”**, Souvenir, National Conference on Environmental Aspects of Healthcare in Unani Medicine, Sponsored by Dept. of AYUSH, Ministry of Health & FW, Govt. of India, held on 27th to 28th March 2011, at Convention Centre, Jamia Hamdard, New Delhi, Organized by National Environmental Science Academy, New Delhi.

82. Kamal Z, *Ansari AH*, Zulkifile M, “*Obesity and Climate*”, Souvenir, National Conference on Environmental Aspects of Healthcare in Unani Medicine, Sponsored by Dept. of AYUSH, Ministry of Health & FW, Govt. of India, held on 27th to 28th March 2011, at Convention Centre, Jamia Hamdard, New Delhi, Organized by National Environmental Science Academy, New Delhi.
83. Md Tanwir Alam, *A Haseeb Ansari*, Md S Karim, Aisha Perveen, Shaista Perveen, “*Hijamah: Principles and Mechanism Involved*”, Souvenir, International Conference on “*Unani Medicine (ICUM-16)*”, held on October 25-27, 2016, organized by NIUM, Bengaluru.
84. Shabiya Sultana, Shah Nawaz, *Abdul Haseeb Ansari*, Mohd Zulkifile, “*Prevention of Buthūr-i-Labaniyya with Taqlīl-i-Ghidha Tadabir*”, Souvenir, International Conference on “*Unani Medicine (ICUM-16)*”, held on October 25-27, 2016, organized by NIUM, Bengaluru.
85. *Ansari AH*, Faris AA, Zulkifile M, Ahmad W, Sofi GD, “*Understanding the Concept of Hifzan-e-Sehat in Unani Medicine – A Review*”, Souvenir, International Conference on “*Unani Medicine (ICUM-16)*”, held on October 25-27, 2016, organized by NIUM, Bengaluru.
86. **Dr. Abdul Haseeb Ansari**, Dr. Mohammed Zulkifile, Dr. Abid Ali Ansari, Dr. Abdul Aziz Faris, Dr. Wasim Ahmad. “*Hamam – Izala-e-Amraz wa Tahaffuz ki ek behtrin Tadbeer*”, Souvenir, National Seminar Cum Training Workshop on “*Unani Medicine “Interventional of Regimenal and Pharmacotherapy in the Management of Chronic Intractable Diseases*”, held on 10th & 11th December 2016, Organized by Healthcare Clinic and Research Centre, Patna and Sidra Educational & Healthcare Society, Patna.
87. **Dr. Abdul Haseeb Ansari**, “*Dimaghi Tadabeer Mizaj ke tanazur me*” Souvenir, TSTCON-2017, National Conference on “*Depression – Holistic & Integrated Approach in its Management*”, held on 7–8 April, 2017, Organized by Dept. of Tahaffuzi wa Samaji Tib (Preventive and Social Medicine), F/o Unani Medicine, AK Tibbiya College, AMU, Aligarh, p16.
88. **Dr. Abdul Haseeb Ansari**, “*Tibb-e-Unani ki Tafhim wa Tarwaj mein Arabi Tarjuma Nigari – Tarikhi pas Manzar mein*”, Souvenir, “*1st World History of Unani Medicine Conference 2019*”, held from 28-11-2019 to 30-11-2019, at Dr. Ahmed Ashraf Memorial Unani Speciality Treatment Center for Paralysis, Hyderabad, Telangana.
89. **Dr. Abdul Haseeb Ansari**, “*Azeem Tibbi Muhaqqiq, Shaykh Al-Rais Ibn Sina Risala Advia Qalbiyya ke Tanazur mein*”, Souvenir, National Seminar on “*Prevention and Control of Non-Communicable Diseases*”, held on 16-17, December 2019, organized by Department of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine (NIUM), Bangalore, Sponsored by Ministry of AYUSH, Government of India.

Attandance in Conferences/ Workshops/ Seminars/ Oral presentation/ Symposiums/ Webinars:

International:

1. International Conference on “*Unani System of Medicine*”, held on 28th & 29th October 2000, organized by Niamath Science Academy, Chennai, (T.N.).
2. International Conference on “*Good Health in New Millennium through Unani System of Medicine*” held on 29–31 May 2001, at Ajmal Khan Tibbiya College, AMU, Aligarh, India.
3. International Conference on “*Unani Medicine*”, held on 8–11 February 2005, organized by Central Council for Research in Unani medicine (CCRUM), New Delhi.

4. International Conference on “*Scientific Validation and Technical Evaluation of Ancient Medical System SVTEAMS - II*”, held during 15th to 17th March 2007, organized by D/o Medical Electronics, Dayananda Sagar College of Engineering, Bangalore-78, INDIA.
5. International Conference on “*Research Advances in Traditional Medicine: Challenges and Opportunities*”, held on October 30th-31st, 2007, at Convention Centre, Jamia Hamdard, organized by Foundation for Promotion of Natural Products, 4C/17, Old Rajinder Nagar, New Delhi-110060.
6. International Conference on “*Holistic Approach of Unani Medicine in Lifestyle Diseases*” held on 5th-7th November 2007, at P.G. Department of Kulliyat, F/o Unani Medicine, AMU, Aligarh, India.
7. Indo-US Symposium on “*Methodology of Research in Indian System of Medicine under the aegis of Centre for Research in Indian Systems of Medicine (CRISM)*” held on 8-9 December 2010, at Hotel Artia, Bangalore, Organised by CCRUM, New Delhi.
8. International Conference on “*Unani Medicine (ICUM-16)*”, held on October 25-27, 2016, organized by National Institute of Unani Medicine (NIUM), Bengaluru.
9. “*1st World History of Unani Medicine Conference 2019*”, held from 28-11-2019 to 30-11-2019, at Dr. Ahmed Ashraf Memorial Unani Speciality Treatment Center for Paralysis, Hyderabad, Telangana.

National:

10. National Symposium on “*Hifzan-e-Sehat Wa Samaji Tib*”, held on 29th & 30th Sept 1999, Organized by Dept. of Hifzan-e-Sehat Wa Samaji Tib, A.K. Tibbiya College, AMU, Aligarh.
11. Regional Conference on “*Environment, Agriculture and Poverty*”, held on March 3-5, 2001, organized by Department of Geography, Aligarh Muslim University, Aligarh, (U.P.).
12. National Seminar on “*Unani Medicine*”, held on 8th & 9th April 2001, organized by All India Tibbi Conference, A.P., Hyderabad.
13. One-Day National Seminar on “*Relevance of Unani Medicine in the Present Health Scenario*”, held on 25th August 2001, at Hotel Kanha Shyam, organized by Usmania Academy, Allahabad, UP, India.
14. National Seminar on “*Munafeul Aza*”, held on April 6-7, 2002 at Ajmal Khan Tibbiya College, organized by Dept. of Tashreeh wa Munafeul Aza, F/o Unani Medicine, AMU, Aligarh, UP.
15. National Seminar on “*Tibb-e-Nabvi*”, held on 12th & 13th October 2002, jointly organized by Unani Medicine Development Academy & International Institute of Islamic Medicine, A.P. Chapter, Hyderabad.
16. National Conference on “*Need Based Physical Education and Sports in India*”, held on October 25-27, 2002, organized by Department of Physical Health & Sports Education, AMU, Aligarh, India.
17. National Seminar on “*AIDS*”, on July 10, 2004, organized by National Healthcare Foundation, held at Jamia Hamdard, New Delhi, India.
18. National Seminar on “*Hifzan-e-Sehat*”, held on 5th & 6th October 2004, Organized by Dept. of Hifzan-e-Sehat Wa Samaji Tib, A.K. Tibbiya College, AMU, Aligarh.
19. Sixth Sir Dorabji Tata Symposium on “*Viral Hepatitis*”, held on March 10–11, 2005, Organized by Sir Dorabji Tata Centre for Research in Tropical Diseases in association with the Department of Microbiology & Cell Biology, Indian institute of Science, Bangalore.
20. National Seminar on “*Unani Medicine*”, held on July 29-31, 2005, organized by All India Tibbi Conference, on the occasion of its XVII General Session, at Jamia Arifia Nooria Campus, Bandalaguda, Hyderabad.
21. National Seminar on “*Kulliyat*”, held on December 3-4, 2005, organized by Dept. of Kulliyat, A.K. Tibbiya College, AMU, Aligarh.

22. National Seminar on “*Nutrition in Health & Disease*”, held on 15th March, 2007, organized by Global Welfare Society in Collaboration with & at F/o Unani Medicine, A.K. Tibbiya College, AMU, Aligarh.
23. National Conference on “*Unani Medicine*”, held on March 8-9, 2008, organized by Mohammadia Tibbia College & Assayer Hospital, Mansoor, Malegaon, Nasik (MS).
24. National Seminar on “*Hifzan-e-Sehat aur Maholiyat (Hygiene & Environment)*”, held on 23rd & 24th August 2008, organized by State Unani Medical College Allahabad, Sponsored by Dept. of AYUSH, Ministry of Health & F.W., Govt. of India, New Delhi.
25. VIIth Annual Session & National Seminar on “*Unani Medicine*”, held on January 16-17, 2010, organized by All India Tibbi Congress, at Gandhi Bhawan, Hyderabad.
26. National Conference on “*Environmental Aspects of Healthcare in Unani Medicine*”, Sponsored by Dept. of AYUSH, Ministry of Health & FW, Govt. of India, held on 27th to 28th March 2011, at Convention Centre, Jamia Hamdard, New Delhi, Organized by National Environmental Science Academy, New Delhi.
27. Unani Utsav on “*Unani Day - 2019*” held on 10th and 11th Feb, 2019, Organized by Department of AYUSH, Govt. of Karnataka, held at Jnana Jyothi Auditorium, Central College Campus, Bengaluru.
28. National Seminar on “*Prevention and Control of Non-Communicable Diseases*”, held on 16-17, December 2019, organized by Department of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine (NIUM), Bangalore, Sponsored by Ministry of AYUSH, Government of India.

E-Seminars/E-Symposiums/Webinar/E-Workshop Attended / Paper Presented:

International:

29. International Webinar on “*Understanding COVID-19 Pandemic – An Integrated Approach*”, held on 7th – 8th October 2020, organized by Department of Moalajat, National Institute of Unani Medicine (NIUM), Bengaluru.
30. International Webinar on World Unani Day–2021, entitled “*Health Promotion and Disease Prevention in the New Normal through Unani System of Medicine*” held on 11th February 2021, organized by Study Unit of Moalejat, Institute of Indigenous Medicine, University of Colombo.
31. The Joint Işıl Berat Barlan (IBB) Symposium on “*Immunologic Disorders and The History of Medicine Meeting along with USERN Congress 2021*”, jointly held on Nov. 10-12, 2021 (with potential social program in Nov. 13th), the first day of the IBB meeting (10th of Nov.) is the UN Day of Science for Peace and Development, by the 6th International USERN (Universal Scientific Education and Research Network) Congress. Marmara University School of Medicine, Başbüyük/ Maltepe/Istanbul, Turkey.

National:

32. Webinar on “*Ministry of AYUSH, Government of India Initiatives for Empowering AYUSH Fraternity*”, held on May 29, 2020 03:00pm, Organized by CCRAS-National Institute of Indian Medical Heritage, Hyderabad Topics covered: 1. *National AYUSH Morbidity and Standardized Terminologies Portal Electronic (NAMASTE) Portal*, 2. *AYUSH Hospital Management Information System (A-HMIS)*, 3. *AYUSH Sanjivani APP*.
33. Organized, Coordinated and Conducted **Online Training of A-HMIS** for the Consultant and PGs of NIUM on 12-06-2020, at NIUM, Bangalore
34. Webinar on “*Standardization of Herbal Products*”, held on July 06, 2020, Organized by Vivek College of Technical Education, Bijnor.
35. Webinar on “*Ischemic Stroke and Treatment Options: What do we Know*”, held on July 13, 2020, Organized by Vivek College of Technical Education, Bijnor.

36. National Webinar on “**Pharmacovigilance of ASU & H drugs (AYUSHSURAKSHA – 2020)**”, held on 15th - 16th September 2020, organized by Intermediary Pharmacovigilance Centre for Unani Drugs, National Institute of Unani Medicine (NIUM), Bengaluru.
37. Webinar on “**AYUSH for Immunity**”, held on 09-10-2020 at 11:00 AM, organized by Regional Research Institute of Unani Medicine, Kolkata (CCRUM, Ministry of AYUSH, Govt. of India) to make masses aware of the benefits of Unani Medicine to fight the Pandemic.
38. E-Workshop on “**Dermoscopy**”, held on 6th December 2020, Organized by Department of Amraz-e-Jild wa Zoharawiya, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, AMU, Aligarh & Unani Dermatologist & Cosmetologists Association of India (UDCAI), at Aligarh.
39. 2nd ICHA National e-Symposium on “**People Access to Healthcare without the Prospect of Financial Hardship**”, held on 9th December (Wednesday) 2020, Sponsored by Simnan Imperial Guild, Aligarh (UP), Organized by Indian Integrated Community Health Association & F/o Unani Medicine, AMU, Aligarh, at Aligarh.
40. Live Webinar on “**Common Ailments in Childhood and Management with Unani Medicine**”, held on 9th January 2021, Organized by A & U Tibbia College and Hospital (Govt. of NCT of Delhi), at Delhi.
41. Live Webinar on “**Revisiting Unani Formulations in Management of COVID-19**”, held on 16th January 2021, Organized by PG Department of Ilmul Saidla, A & U Tibbia College and Hospital (Govt. of NCT of Delhi), at Delhi.
42. Two Days National Webinar on “**Gynaecological Malignancies - A Holistic Approach**”, held on 22-23 January 2021, organized by Department of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine (NIUM, Ministry of AYUSH, Govt. of India), Bengaluru.
43. Webinar on “**Health Promotion & Disease Prevention through Unani Medicine**”, held on 2nd February 2021, Organized by Regional Research Institute of Unani Medicine (CCRUM, Ministry of AYUSH, Govt. of India), at RRIUM, Srinagar (J&K).
44. Webinar Series on “**Unani Medicine in Ilmul Qabalat wa Amraze Niswan (Obstetrics & Gynaecology) - An Evidence Based Approach**”, held on 04 February 2021, organized by Department of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine (NIUM, Ministry of AYUSH, Govt. of India), Bengaluru.
45. Webinar Series on “**Unani Medicine in Ilmul Qabalat wa Amraze Niswan (Obstetrics & Gynaecology) – Sehatul Umm wat Tifl**”, held on 09 February 2021, organized by Department of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine (NIUM, Ministry of AYUSH, Govt. of India), Bengaluru.
46. National Webinar on “**Pharmacovigilance for ASU & H drugs (AyushSuraksha-2021)**”, held on 27th and 28th August 2021, organized by Intermediary Pharmacovigilance Centre, National Institute of Homoeopathy, Kolkata.
47. Webinar on “**Role of Nutrition in Maintaining Health**” held on 16th December 2021, organized by CCRUM, Ministry of AYUSH, Govt. of India), New Delhi.
48. Webinar on “**Management of COVID-19 Cases: Experience Sharing**” held on 17th December 2021, organized by CCRUM, Ministry of AYUSH, Govt. of India), New Delhi.
49. Webinar on “**Taking Care of Mental Health During and After COVID-19**” held on 20th December 2021, organized by CCRUM, Ministry of AYUSH, Govt. of India), New Delhi.
50. Webinar on “**Post-COVID Complications and Care**” held on 21st December 2021, organized by CCRUM, Ministry of AYUSH, Govt. of India), New Delhi.

51. Webinar on “*Assessment Methods for the Unani, Yoga & Naturopathy Faculty*”, held on 17.02.2022, during *Azadi ka Amrit Mahotsav*, organized by RGUHS Academic & Administrative Training Institute (RAATI), RGUHS Karnataka, Bengaluru.
52. One Day National Webinar on “*Ilmul Jarahat Updates 2022*”, held on 23 March 2022, during *Azadi ka Amrit Mahotsav*, organized by Department of Ilmul Jarahat, National Institute of Unani Medicine (NIUM), Bengaluru.
53. One Day National Webinar on “*Ilmul Jarahat Updates 2022*”, held on 23 April 2022, during *Azadi ka Amrit Mahotsav*, organized by Department of Ilmul Jarahat, National Institute of Unani Medicine (NIUM), Bengaluru.

Attandance in AROGYA Mela/ Medical Camp/ Mobile Clinic/ Health Awareness Rallies:

1. Deputed to organize the NIUM Stall in *AROGYA Mela-2007*, held from April 20-23, at Parade Ground, Dehradun, Uttarakhand, Organized by Department of AYUSH, Ministry of Health & F.W., Govt. of India.
2. Deputed to organize the NIUM Stall in *AROGYA Mela-2007*, held from October 26-29, at Pargati Maidan, New Delhi, Organized by Department of AYUSH, Ministry of Health & F.W., Govt. of India.
3. Deputed to organize the NIUM Stall in *AROGYA Mela-2008*, held from January 04-07, at Lalbagh, Indore, Madhya Pradesh, Organized by Department of AYUSH, Ministry of Health & F.W., Govt. of India.
4. Deputed to organize the NIUM Stall in *AROGYA Mela-2008*, held from March 15-18, at Golbagh, Amritsar, Punjab, Organized by Department of AYUSH, Ministry of Health & F.W., Govt. of India.
5. Deputed to organize the NIUM Stall in *AROGYA Mela-2008*, held from October 31 to November 03, at Pargati Maidan, New Delhi, Organized by Dept. of AYUSH, Ministry of Health & F.W., Govt. of India.
6. Deputed to organize the NIUM Stall in *AROGYA Mela-2010*, held from October 28 to November 03, at Ajmer, Organized by Dept. of Ayurveda, Rajasthan with collaboration of Dept. of AYUSH, Ministry of Health & F.W., Govt. of India.
7. Deputed to organize the NIUM Stall in *AROGYA Expo-2010*, held from December 07 to December 13, at Palace Ground, Bangalore, Organized by Dept. of AYUSH, Ministry of Health & F.W., Govt. of India.
8. Deputed to organize the NIUM Stall in *AROGYA Mela-2012*, held during February, at Palace Ground, Bangalore, Organized by Department of AYUSH, Ministry of Health & F.W., Govt. of India.
9. Deputed to organize the NIUM Stall in *AROGYA Mela-2015*, held from February 06-09, at Raipur, Chhattisgarh, Organized by Ministry of AYUSH, Govt. of India.
10. Deputed to organize the NIUM Stall in *AROGYA Mela-2015*, held from December 12-15, at BHU, Varanasi, UP, Organized by Ministry of AYUSH, Govt. of India.
11. Deputed to organize the NIUM Stall in *AROGYA Mela-2018*, held during February, at Palace Ground, Bangalore, Organized by Ministry of AYUSH, Govt. of India.
12. Deputed to organize the NIUM Stall in *Ayuryog Expo and State AROGYA 2023*, held during February 24-27, 2023, at Deendayal Hasthkala Sankul, Varanasi, UP, Organized by Ministry of AYUSH, Govt. of India.
13. Deputed to organize the NIUM Stall in *National Level Arogya Fair-2023*, held during December 01-05, 2023, at Greenfield International Stadium, Thiruvananthapuram, Kerala, Organized by Ministry of AYUSH, Govt. of India.
14. Deputed to organize the NIUM Stall in *International Arogya Fair 2024*, held during February 22-25, 2024, at Awadh Shilpgram, Lucknow, UP, Organized by Ministry of AYUSH, Govt. of India.
15. Deputed to organize (several times) the *Free Medical Camp* of NIUM, Hospital, to popularize the Unani Medicine in the surrounding of Bangalore, and to serve the SC/ST & BPL population of Bangalore.
16. Deputed to organize and participate the *Free Swasthya Parikshan Unani Medical Camp and Awareness Programme on Menstrual Hygiene for School Children, and Distribution of Prophylactic Unāni Medicine for COVID-19* under @ 75th *Azadi ka Amrit Mahotsava* held at Aqsa Public School, behind SSIT Ring Road, Sadashivanagar, Tumkuru on 25-06-2022 (Saturday).

17. Deputed to organize (several times) the one-day **Mobile Clinic** of Department of Tahaffuzi wa Samaji Tib, NIUM, to serve the SC/ST & BPL population of Bangalore.
- Shamana Nagar, Bangalore on 22-06-2011, 122 patients benefitted.
 - Sangam Circle, Bangalore on 30-06-2011, 100 patients benefitted.
 - Goripalya, Bangalore on 22-10-2012, 129 patients benefitted.
 - Padrayan Pura, Bangalore on 19-01-2013, 152 patients benefitted.
 - Mysore Road, Bangalore on 03-12-2013, 164 patients benefitted.
 - Sangam Circle, Bangalore on 10-09-2014, 111 patients benefitted.
 - Sangam Circle, Bangalore on 24-09-2014, 201 patients benefitted.
 - Gurdhalli, Bangalore on 11-08-2016, 110 patients benefitted.
 - Gurdhalli, Bangalore on 18-08-2016, 100 patients benefitted.
 - Gurdhalli, Bangalore on 24-08-2017, 150 patients' benefitted.
 - Padarayana pura, Goripalya, Bangalore on 29-11-2018 & 13-12-2018, 298 patients' benefitted.
18. Deputed to organize (several times) the **Rally**, every year on 1st December on the occasion of **AIDS DAY** in the surrounding areas of NIUM, to create awareness about the fact and myths of HIV/AIDS.
19. Deputed to organize (several times) the **one-day / two-days School Children Health Program** in the surrounding areas of NIUM.
- Okkaligarasanga Primary and High School, Bangalore on 1st and 2nd September, 2014.
 - Okkaligarasanga Primary and High School, Bangalore on 8th September, 2014.
 - Okkaligarasanga Primary and High School, Bangalore on 21st and 22nd July, 2015.
 - Okkaligarasanga Primary and High School, Bangalore on 3rd and 4th August, 2016.
 - Okkaligarasanga Primary and High School, Bangalore on 22nd and 23rd August, 2016.
 - Okkaligarasanga Primary and High School, Bangalore on 16th and 18th September, 2017.
 - Okkaligarasanga Primary and High School, Bangalore on 8th and 9th November, 2017.
 - Okkaligarasanga Primary and High School, Bangalore on 1st and 2nd August, 2018.
 - Okkaligarasanga Primary and High School, Bangalore on 13-02-2019.

Supervision to MD Thesis (Topic and PG) – Submitted till date:

Sl.No.	Name of Scholars	Title of Thesis/ Dissertation	Thesis/ Dissertation & Degree Status	Guide/ Co-Guide
1.	Ameerullah Khan	A Study on 'Hospital Waste Management' of National Institute of Unani Medicine, S.J.I.I.M. Hospital (Unani) and other Govt. Unani Dispensaries in Bangalore	Submitted and Degree Awarded 2007	Co-Guide
2.	Manchala Ramesh	A Study on Health Appraisal of Children of Government Primary School in Kottigepalya	Submitted and Degree Awarded 2007	Co-Guide
3.	Abdul Aziz Khan	Evaluation of Efficacy of Riyazat with Dalake Istedad and Dalake Istardad in the Prevention of Wajaur Rakba	Submitted and Degree Awarded 2008	Co-Guide
4.	Ahsan Ilahi	A Study of Assessment of Personal Hygiene in the Patients Attending NIUM Hospital	Submitted and Degree Awarded 2008	Co-Guide
5.	Mohd Sajid	An Epidemiological Study on Risk Factors among Type 2 Diabetes Mellitus Patients Attending NIUM Hospital Bangalore	Submitted and Degree Awarded 2009	Co-Guide

6.	Md. Akhter Hussain Jamali	A Study of Relation in Between Meals and Body Temperature in Patients of Diqqe Rewi (Pulmonary Tuberculosis)	Submitted and Degree Awarded 2010	Guide
7.	Afzal Ahmad Khan	Role of Barley Water in Tuberculosis	Submitted and Degree Awarded 2010	Co-Guide
8.	Mahboob Ali	A Study of Temperamental Distribution of Patients Attending NIUM HOSPITAL, BANGALORE	Submitted and Degree Awarded 2010	Co-Guide
9.	Mohd Akmal	Screening of HBV Carriers in the Patient Attending NIUM	Submitted and Degree Awarded 2011	Guide
10.	Mohammad Shakir	A Study of Prevalence of Hypertension in Employees of Bangalore Metropolitan Transport Corporation (BMTc)	Submitted and Degree Awarded 2011	Co-Guide
11.	Izharul Hasan	An assessment of nutritional status of the children of government Urdu higher primary schools of Azad Nagar and its surrounding areas of Bangalore	Submitted and Degree Awarded 2011	Co-Guide
12.	Zahid Kamal	A Study on Effect of Tareeq (Sweating) to Control the Progress of Samane Muftrat (Obesity)	Submitted and Degree Awarded 2012	Guide
13.	Md. Tanwir Alam	Effect of Dalake Laiyyin Kaseer with Roghane Shibbat in Slowing the Progress of Wajaul Unuq (Cervical Pain)	Submitted and Degree Awarded 2012	Co-Guide
14.	Raudas Kumar	A Survey of Awareness and Willingness of Contraception in Married Males Attending NIUM Hospital, Bangalore	Submitted and Degree Awarded 2012	Co-Guide
15.	Rizwan Mansoor Khan	Prevalence of haemorrhoids among the patients visiting NIUM Hospital	Submitted and Degree Awarded 2013	Guide
16.	Modaser Mohi ui Din	Prevalence of Orthopaedic Conditions in Senior Citizens attending NIUM Hospital, Bangalore	Submitted and Degree Awarded 2013	Co-Guide
17.	Mohd. Tarique	Evaluation of effects of Hijamat Bish Shart in preventing the disability following Wajauz Zahr	Submitted and Degree Awarded 2014	Guide
18.	Shabiya Sultana	Efficacy of Local Application of Shoneez, Boora, Naushader, mixed with Sirka in Acne Vulgaris	Submitted and Degree Awarded 2014	Co-Guide
19.	Mohd Shadab	Prevalence of Osteoarthritis among patients visiting the NIUM hospital	Submitted and Degree Awarded 2014	Co-Guide
20.	Ehtisham	Prevalence of Bekhwabi (insomnia) and its associated factors among the elderly patients attending NIUM Hospital, Bangalore	Submitted and Degree Awarded 2015	Guide
21.	Venkatesha V	Assessment of Personal Hygiene and its Associated Disease Occurrence in Adult Population of Two Distinct Villages of Bangalore Rural District	Submitted and Degree Awarded 2016	Guide
22.	Faiyaz Ahmad	Evolution of Water Purification Methods – An Analytical Study	Submitted and Degree Awarded 2017	Guide
23.	Shahid Iqbal	Dietary Recommendations in Different Stages of Life and Lifestyle Disorders – A Study in Unani Perspective	Submitted and Degree Awarded 2018	Guide
24.	Naziya Aeja Rasool	The Pattern of <i>Amrād-i-jild</i> (Skin Diseases) among the Patients attending the Skin OPD of NIUM Hospital, Bengaluru – A Cross Sectional Study	Submitted and Degree Awarded 2019	Guide
25.	Saima Saleem	Effect of <i>Arjun Chāl</i> in Cardiovascular Risk Factor	Submitted and Degree Awarded 2019	Guide

26.	Iftikhar Ahmad	Study to assess compliance on Unani medicines among the Patients attending NIUM Hospital, Bengaluru	Submitted and Degree Awarded 2020	Guide
27.	Saba Varsee	Assessment of Depression and its Determinants in the Patients attending NIUM Hospital - A Cross Sectional Study	Submitted and Degree Awarded 2021	Guide
28.	Sumaira Bashir	A Study on Knowledge, Attitude and Practices regarding antenatal care among pregnant women attending antenatal clinic	Submitted and Degree Awarded 2021	Guide
29.	Shehilla	Assessment of <i>Mizāj</i> in the patients of <i>Amrāq-i-A 'ṣāb</i> attending NIUM Hospital - A Cross Sectional Study	Submitted and Degree Awarded 2022	Guide
30.	Uzma Siddiqui	To Determine the Prophylactic Effect of <i>Hulba</i> in Pre-Diabetic Patients attending NIUM, Hospital	Submitted and Degree Awarded 2022	Guide
31.	Shafqat Naim Khan	Assessment of Risk Perception and Hesitancy towards COVID-19 Vaccination among the people of Bengaluru: A Cross Sectional Study	Submitted and Degree Awarded 2023	Guide
32.	B. Mohammed Aamir	Prevalence of <i>Waja'al-Mafāṣil</i> in the Patients of <i>Dhayābītus</i> , attending NIUM Hospital: A Cross Sectional Study	Submitted and Degree Awarded 2023	Guide
33.	Anam Jawed	Concept of <i>Wabā</i> (epidemic) and <i>Wabā'ī Tadābīr</i> (epidemic regimens) in Unānī Literature: Compilation, Exegesis and Analysis	Submitted and Degree Awarded 2023	Co-Guide
34.	Ayesha Siddiqua	A Comparative Study of Effect of Diltiazem, <i>Zaroore Aelwa</i> and <i>Zaroore Anzaroot</i> in the Treatment of Fissure in Ano	Submitted and Degree Awarded 2023	Co-Guide

MD Thesis under Supervision (Topic and PG) – Ongoing:

35.	Tahzeeb Jamal	Prevalence of Stress among the Patients of <i>Dhayābītus Shakarī</i> , attending NIUM Hospital: A Cross Sectional Study	to be submitted in 2024	Guide
36.	Sadiya Fathima	Evaluation of the Efficacy of ' <i>Arq-i-Zira</i> in Controlling the progress of <i>Siman Mufrit</i> : A Clinical Trial	to be submitted in 2024	Guide
37.	Mohd Taslim	To evaluate the efficacy of Unani formulation (zaroor) in comparison to Zaroor-e-Aelwa in Shiqaq-e-Miq'ad (anal fissure) patients	to be submitted in 2024	Co-Guide
38.	Sana Khan	Relationship between Body Weight and <i>Mizāj</i> in Volunteers of NIUM Campus, Bengaluru: A Cross-Sectional Study	to be submitted in 2025	Guide
39.	Umme Saba Anjum	Prevalence of Diabetic Neuropathy among the Patients of <i>Dhayābītus</i> attending NIUM Hospital: A Cross-Sectional Study	to be submitted in 2025	Guide
40.	Ansar Ahmad	Methodical Approach to the Evaluation of ' <i>Amaliyyāt Jarāhiyya</i> (Surgical Procedures) as mentioned in Unani Classical Literatures – A Literary Study	to be submitted in 2025	Co-Guide
41.	Momin Arshad Manzoor Ahmed	Prevalence of Stress among the Patients of <i>Dagħt al-Dam Qawī</i> , attending NIUM Hospital: A Cross Sectional Study	to be submitted in 2026	Guide
42.	Shoeib Ali	Efficacy of <i>Habb-i-Shifā'</i> in Abstinence of Nicotine Withdrawal Syndrome: A Randomized Placebo Controlled Trial	to be submitted in 2026	Guide

IMR Project:

- IMR Project, entitled "***Prevalence of Anaemia among Pregnant Women in National Institute of Unani Medicine Hospital, Bangalore: A Retrospective Study***" as Investigator.

- IMR Project, entitled “*Indian Diabetic Risk Score: A Tool for Predicting Risk of Undiagnosed Type 2 Diabetes Mellitus among population attending NIUM Hospital*” as Investigator.

Academic Honours:

Mudīr (Editor),	<input type="checkbox"/> <i>Tarjuman-e-Tib</i> (A peer reviewed bi-Annual Urdu journal of Unani Medicine) with ISSN 2454-4507, NIUM, Bangalore, From 19-02-2019 to till date. <input type="checkbox"/> The journal has been included in the UGC Care List, Since 2022.....
Nā’ib Mudīr (Associate Editor)	<input type="checkbox"/> <i>Tarjuman-e-Tib</i> (A peer reviewed bi-Annual Urdu journal of Unani Medicine) with ISSN 2454-4507, Published by NIUM, Bangalore, from 2014 to 18-02-2019.
Associate Editor	<input type="checkbox"/> <i>International Journal of Unani and Integrative Medicine</i> www.unanijournal.com , with E-ISSN: 2616-4558 and P-ISSN: 2616-454X
Reviewer	<input type="checkbox"/> Quarterly Indian Journal of Traditional Knowledge (IJTK) published by NISCAIR with ISSN: 0975-1068 (Online); 0972-5938 (Print) <input type="checkbox"/> <i>Tarjuman-e-Tib</i> (A peer reviewed bi-Annual Urdu journal of Unani Medicine) with ISSN 2454-4507, Published by NIUM, Bangalore
Resource Person	<input type="checkbox"/> Workshop on “ <i>Regimenal Therapy in Unani Medicine (Dalak–Massage, Hijamat–Cupping & Irsal-e-Alaq–Leech Therapy)</i> ”, held on 28-05-2011, at Government Unani Medical College, Bangalore, Under Directorate of AYUSH, Government of Karnataka. <input type="checkbox"/> Training Programme in “ <i>Ilaj Bit Tadbeer Regimenal Therapy</i> ”, delivered a lecture on Role of Asbab Sitta Zarooriya in Ilaj Bit Tadbeer on 01-12-2012, held during 19-11-2012 and 03-12-2012, at National Institute of Unani Medicine (NIUM), Bangalore, Sponsored by Dept. of AYUSH, Govt. of Karnataka. <input type="checkbox"/> “ <i>1st World History of Unani Medicine Conference 2019</i> ”, delivered a Guest Speech on “ <i>Tibb-e-Unani ki Tafhim wa Tarwīj mein Arabi Tarjuma Nigari – Tarikhi pas Manzar mein</i> ”, held from 28-11-2019 to 30-11-2019, at Dr. Ahmed Ashraf Memorial Unani Speciality Treatment Center for Paralysis, Hyderabad, Telangana. <input type="checkbox"/> Webinar on “ <i>Health Promotion & Disease Prevention through Unani Medicine</i> ”, delivered a Lecture on “ <i>بقائے صحت اسباب ضروریہ کے حوالے سے (Baqā’iy Şihhat Asbāb Ḍarūriyya ke Ḥawāle se)</i> ”, held on 2 nd February 2021, Organized by Regional Research Institute of Unani Medicine (CCRUM, Ministry of AYUSH, Govt. of India), at RRIUM, Srinagar (J&K). <input type="checkbox"/> National Workshop to Commemorate 7 th April World Health Day with Theme: <i>Building a Fairer, Healthier World</i> , delivered a Lecture on “ <i>ایک خوبصورت، صحت مند دنیا کی تعمیر (Ek Khūbşūrat, Şihhatmand Duniyā kī Ta’mīr)</i> ” held on 7 th April 2021, Organized by Dept. of Tahaffuzi wa Samaji Tib, F/o Unani Medicine, AMU, Aligarh (UP). <input type="checkbox"/> Invited to deliver online Guest Lecture on “ <i>Ṭibb Unānī me Ḥifẓān-i-Şihhat kī Tafhīm (Understanding of prevention in Unani Medicine)</i> ” in weekly Seminar of PG Department of Preventive & Social Medicine, Govt. Tibbi College & Hospital, Kadam Kuan, Patna. <input type="checkbox"/> Continuing Medical Education (CME) in Ilaj Bit Tadbeer, delivered Guest Lecture on “ <i>Ilaj Bil Ghiza - its Relevance in Today’s Health Scenario</i> ” held on 7 th – 8 th March, 2022, Organized by Dept. of Ilaj bit Tadbeer, F/o Unani Medicine, AMU, Aligarh (UP), sponsored by Ministry of AYUSH, Govt. of India. <input type="checkbox"/> Resource Person during the Certificate Course in Cupping Therapy Assistant on

Subject Expert	<input type="checkbox"/> First meeting of the panel for “ <i>Assignment of work for writing of Text Books on Unani Medicine</i> ”, held on 26-07-2011, at Farogh-e-Urdu Bhawan , New Delhi, by National Council for Promotion of Urdu Language (NCPUL), an autonomous body under Govt. of India, Ministry of HRD, New Delhi.
Reviewer and Chapter Writer	<input type="checkbox"/> Project of “ <i>Work for writing of Text Books on Unani Medicine</i> ”, by Farogh-e-Urdu Bhawan , New Delhi, by National Council for Promotion of Urdu Language (NCPUL), an autonomous body under Govt. of India, Ministry of HRD, New Delhi.
Rapporteur	<input type="checkbox"/> The Scientific Session of International Conference on “ <i>Research Advances in Traditional Medicine: Challenges and Opportunities</i> ”, held on October 30 th – 31 st , 2007, at Convention Centre, Jamia Hamdard, organized by Foundation for Promotion of Natural Products, 4C/17, Old Rajinder Nagar, New Delhi. <input type="checkbox"/> the Scientific Session of International Conference on “ <i>Unani Medicine (ICUM-16)</i> ”, held on October 25-27, 2016, organized by NIUM, Bengaluru.
Research Publication Evaluator	<input type="checkbox"/> Appointed as Expert to assess the Research Publication, by AMU, Aligarh for the promotion to higher category under CAS on 29-04-2023
Dissertation Evaluator	<input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, RGUHS, Karnataka, Bangalore. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, Dr. NTRUHS, Vijayawada. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, MUHS, Nashik. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, Ajmal Khan Tibbiya College, AMU, Aligarh.
Paper Setter-PG	<input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, Ajmal Khan Tibbiya College, AMU, Aligarh. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, MUHS, Nashik.
Examiner-PG- (Theory & Practical)	<input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, Ajmal Khan Tibbiya College, AMU, Aligarh. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, RGUHS, Karnataka, Bangalore. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, Dr. NTRUHS, Vijayawada. <input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, MUHS, Nashik.
Paper Setter-UG	<input type="checkbox"/> Dept. of Tahaffuzi wa Samaji Tib, Barkatullah University, Bhopal.
Examiner-UG- (Theory & Practical)	<input type="checkbox"/> Devi Ahliya Vishwavidyalaya, Indore. <input type="checkbox"/> Chhatrapati Shahu Ji Maharaj Vishwavidyalaya, Kanpur. <input type="checkbox"/> Barkatullah University, Bhopal
Convenor of Program	<input type="checkbox"/> Organized AYUSH for Immunity Campaign (Unani) – 2020, at National Institute of Unani Medicine (NIUM), Bangalore. <input type="checkbox"/> Organized India @75-आजादी का अमृत महोत्सव /Mass Lecture Series, as Nodal Officer, Mass Lecture Series, at National Institute of Unani Medicine NIUM, Bangalore during August 2021-August 2022. <input type="checkbox"/> Convener of Institutional Quality Assurance Cell (IQAC), NIUM, Bengaluru
Visitation of the Unani College/ Institute	<input type="checkbox"/> Appointed for Random Visitation of the college in view of concerned regulation and as per ministry letter ref. no. 14011/3/2020-EP (1) dated: 26.03.2021 via video conferencing/ Online.
AIAPGET Moderator	<input type="checkbox"/> Appointed as Moderator of AIAPGET by NTA in 2022
Unani Related Official Work by NCISM	<input type="checkbox"/> Appointed for Unani related official work in the Board of Unani, Siddha and Sowa-Rigpa, NCISM, New Delhi
Member of Technical Committee for AIAPGET	<input type="checkbox"/> Member of Technical Committee for AIAPGET-2022 (Unani Discipline) <input type="checkbox"/> Member of Technical Committee for AIAPGET-2023 (Unani Discipline) <input type="checkbox"/> Member of Technical Committee for AIAPGET-2024 (Unani Discipline)
UPPSC-Paryagraj	<input type="checkbox"/> Member for highly confidential work - 2024

Life Memberships:

1. *National Medicos* A Quarterly Medical Journal (An Official Journal of International Institute of Al-Tib), Published by Dr. SM Hussain, Navinjyot Building, R.R.T. Road, Muland (West), Mumbai-400080. ISSN:0973-0478.
2. *Nawa-i-Tib-o-Sehat* Quarterly Journal (A Complete Journal on Medical Health), published by Hakim Mohd. Irfan Najaf Haleemi, P.O. Begum Sarai, Allahabad-211015. ISSN:2348-9669.
3. *Tahzibul Akhlaq*, Monthly urdu Journal, Idara Tahzibul Akhlaq wa Nishant, AMU, Aligarh-202002. ISSN:2348-2257.
4. *Urdu Duniya*, Monthly urdu Journal, NCPUL, D/o Higher Education, Ministry of HRD, Govt. of India, New Delhi, Published by Farogh-e-Urdu Bhawan FC-33/9 Institutional Area, Jasola, new Delhi-110025. ISSN:2249-0639.
5. *Bachchon ki Duniya*, Monthly urdu Journal, NCPUL, D/o Higher Education, Ministry of HRD, Govt. of India, New Delhi, Published by Farogh-e-Urdu Bhawan FC-33/9 Institutional Area, Jasola, new Delhi-110025. ISSN:2249-0639.
6. *Jareeda Tarjuman*, fortnightly, Published by Ahl-e-Hadees Manzil, Jama Masjid, Delhi-110006.

Re-Orientation Training Programme (ROTP):

1. **ROTP for ISM & H Personnel**, in *Hifzan-e-Sehat*, sponsored by *Department of AYUSH, Ministry of Health & FW, Govt. of India*, Organised by *Dept. of Hifzan-e-Sehat, State Unani Medical College & H.A.H.R.D.M. Hospital, ALLAHABAD*, from *20th May 2006 to 02nd June 2006*.
2. **ROTP**, in *Tahaffuzi wa Samaji Tib*, sponsored by *Department of AYUSH, Ministry of Health & FW, Govt. of India*, Organised by *Dept. of Tahaffuzi wa Samaji Tib, National Institute of Unani Medicine, BANGALORE*, from *20-05-2009 to 30-05-2009*.

Workshops/CME Programmes Attended:

1. Workshop on **“Stress Management”** on Need Based Physical Education and Sports in India, held on October 25, 2002, organized by **Department of Physical Health & Sports Education, AMU, Aligarh, India**.
2. Workshop on **“Healthy Ageing”** on Need Based Physical Education and Sports in India, held on October 26, 2002, organized by **Department of Physical Health & Sports Education, AMU, Aligarh, India**.
3. Workshop on **“Training of Trainers (ToT)”** for Unani Faculty Teachers in Educational Science and Technology, under the aegis of **Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore-41**, held from 24th to 26th November 2005 at Government Unani Medical College, Bangalore-79
4. National Workshop on **“The Right to Information Act, 2005”** held from 17th to 18th March 2006, Conducted by **National Institute of Public Administration, Bangalore**.
5. CME Programme on **“Law and the Doctor”**, March 19, 2006, Organised by Shifaa Institute of Post-Graduate Medical Sciences, Darus Salam, Queen’s Road, Bangalore.
6. Workshop on **“Diagnosis and Management of Liver Diseases in Unani Medicine”** organized by **National Institute of Unani Medicine, Bangalore**, held on 30-31 March 2007 at National Institute of Unani Medicine, Bangalore.
7. National Workshop on **“Research Methodology & Scientific Publication”** organized by Indian Academy of Oral Medicine and Radiology, held on 04-05 June 2008 at J.N. Tata Auditorium, Indian Institute of Science, Bangalore.
8. National Workshop on **“RUDRA – Clinical Documentation Program”** organized by Central Research Institute of Panchakarma in association with AVT Institute of Advanced Research (AVTAR), held at Coimbatore on 30th and 31st August 2009.

9. One-day Training and Continuing Education Program on “**HELINET Updates**” organized by Digital Library and Information Centre, Rajive Gandhi University of Health Sciences, Karnataka, held on 30 September 2009 at Dhanwanthari Hall, RGUHS, Jayanagar, Bangalore.
10. Workshop on “**Research Methodology in Unani Medicine**” organized by the **Dept. of Moalajat, National Institute of Unani Medicine (NIUM), Bangalore**, held on 08th-09th December, 2012 at National Institute of Unani Medicine, Bangalore.
11. Training Programme on “**Research Methodology, Data Management and Biostatistics using Web-based Statistical Software**” organized by **ChenRe Healthcare & Research Pvt. Ltd. Bangalore**, held on 24th & 25th August, 2013 at ChenRe Diagnostic Laboratory, Malleshwaram, Bangalore.
12. Pre-Workshop on “**Reforms in Unani Education**” organized by the **National Institute of Unani Medicine (NIUM), Bangalore**, held on 6th August 2015 at National Institute of Unani Medicine, Bangalore.
13. One Day Workshop on “**Unani General Practice**” organized by the **Hermas (Greek Health Concept)**, held on 3rd November 2018 at National Institute of Unani Medicine, Bangalore.
14. One Day Interdisciplinary CME on “**Awareness on Ṣiḥḥat-i-Aḡfāl**” organized by the **National Institute of Unani Medicine (NIUM), Bangalore** (on the occasion of “**Azadi ka Amrit Mahotsa**”), held on 04-04-2022, at National Institute of Unani Medicine, Bangalore.
15. One Day Interdisciplinary CME in Collaboration with NU Hospitals on “**Unānī and Contemporary view on Diabetic Complications and their Management**” organized by the **National Institute of Unani Medicine (NIUM), Bangalore and NU Hospitals**, held on 03-09-2022, at National Institute of Unani Medicine, Bangalore.
16. One-Day Interdisciplinary CME in Collaboration with Milann Fertility and Birthing Hospital on “**Advances in Infertility Management and IVF speciality Care**” organized by **National Institute of Unani Medicine, Bengaluru and Milann Fertility and Birthing Hospital**, held on 08-02-2023, at National Institute of Unani Medicine, Bangalore.
17. CME Program on “**Data Analysis using SPSS**” organized by **National Institute of Unani Medicine, Bengaluru**, held on Jn 24th and 25th 2023, at National Institute of Unani Medicine, Bangalore.

Participation in Training to Teachers (TTT) program

Participated in a 03 days **Training to Teachers (TTT) Program** organized by **Central Council of Indian Medicine (CCIM)**, in Sri Kalabyraveshwara Swamy Ayurvedic Medical College & Research Centre, Vijayanagar, Bengaluru, on **23rd to 25th November 2015**.

Participation in 03 Months IT Training Course for AYUSH Professionals

Participated in a “**03 Months IT Training Course for AYUSH Professional with Centre for Development of Advanced Computing (C-DAC)**”, held at C-DAC Innovation Park, 3rd Floor, Conference Room, Panchavati, Pashan, Pune - 411 008, from **30th July 2018**.

Verification Officer

As **Verification Officer** in Rajiv Gandhi University of health Sciences, Karnataka, appointed for University confidential work for the ensuring UG Medical Challenging Valuation Examinations in 2009.

Observer

Rajiv Gandhi University of health Sciences, Karnataka, appointed as observer in RGUHS exam center 2024.

Unani Day Celebration 2022

Judge

- i) Health Quiz
- ii) Slogan witting

Co-Ordinator

- i) *Bayt Bāzī*

Muhāfiz-i-Urdū Certificate

Received *Muhāfiz-i-Urdū Certificate* by NCPUL with collaboration to Vaniyambadi Muslim Educational Society on the occasion of **25th National Urdu Book Fair**, at Vaniyambadi from **03-11 January 2023**.

Administrative and/ Advisory Engagement in NIUM: (past & present)

✓ Past:

- Public Information Officer (PIO) of NIUM
- Member of Procurement of Equipment/Medicines Committee
- Supervision of Campus Environment, Sanitation including Pollution Control, Solar Wind Power Energy etc., - related activities
- Co-ordination of the work related to the Scientific Academy Committee (SAC) and Co-ordination of the follow-up activity as recommended by SAC
- Staff Grievances Officer of NIUM
- Member of the Committee constituted for Printing and Publication
- Nominated as Faculty Member of Youth Red Cross Wing of NIUM
- Member of the Purchase Committee for Consumable Items
- Assistant Nodal Officer for NDSP in r/o NIUM
- In-charge Institute Website www.nium.in (Updation of website/LAN)
- Assistant Editor for Newsletter
- Member Editorial Board for Journal of Research in Unani Medicine
- In-charge Institute Library
- In-charge Institute Website www.nium.in
- In-charge LAN
- Member Stock Verification Committee (Non-Consumable)
- Editorial Board Member of Newsletter
- Publication In-charge
- Member Refreshment Committee in NABH Certificate Presentation Ceremony
- Associate Editor, مجله ترجمان طب (*Majalla Tarjumān-i-Ṭib*), NIUM, Bengaluru
- Member of the Purchase Committee for Non-Consumable Items
- Member Stock Verification Committee (Library Books)
- Reviewer of 02 Books, published by NIUM, Bengaluru
- Member for the Immunity Campaign 2020 on the theme “*Unani Medicine for Community Boosting*”
- Stage Management Committee Member of Regulatory Training programme for AYUSH Drug Regulators, Industry personnel and other Stakeholders on 6th and 7th January 2020, by Ministry of AYUSH, at NIUM, Bengaluru.

✓ Present:

- Member of Board of Study (BOS), for PG Unani, RGUHS, Karnataka, Bengaluru
- Editor, مجله ترجمان طب (*Majalla Tarjumān-i-Ṭib*), NIUM, Bengaluru

- Member Literary Research Projects & Proposals
- Joint Editor, Activities & Achievements of NIUM
- Nodal Officer, A-HMIS, NIUM Hospital, Bengaluru
- Member of the Hospital Matters Preparation Committee
- Member of Committee to making draft for RR of Teaching Staff of NIUM, Bengaluru
- Member Deemed University Committee of NIUM, Bengaluru
- Member NAAC Committee of NIUM, Bengaluru, constituted for Accreditation of the Institute with NAAC
- Member IT Cell of NIUM, Bengaluru
- Nodal Officer, AYUSH GRID Cell, NIUM, Bengaluru
- Nodal Officer of AYUSH Case Registry Portal for Unani
- Member for setting up of the Video on Scientific Advancement of NIUM, Bengaluru
- Nodal Officer, AYUSH helpline for COVID-19, NIUM, Bengaluru
- Nodal Officer, Mass Lecture Series for “*India @75-Azadi ka Amrit Mahotsav*” by Ministry of AYUSH, at NIUM, Bengaluru
- Member eSanjeevaniOPD, National TeleConsultation Service, Ministry of Health and Family Welfare, Government of India
- Member Tender Committee of NIUM, Bengaluru
- Member RO Water Plants Fixing Committee of NIUM, Bengaluru
- Member for Approving Script for production of the Video on Scientific Advancement of NIUM, Bengaluru
- Convener of Institutional Quality Assurance Cell (IQAC), NIUM, Bengaluru
- HOD In-charge Department of Tahaffuzi wa Samaji Tib time to time.
- Nodal Officer Steering Committee to regularly visit MVT Portal (06-09-2022.....)

Computer Knowledge:

- (i) System Software : DOS & Windows.
- (ii) Application Software: MS Office, Page Maker & In-page (Urdu).

Extra Curricular Activities:

• Pulse Polio Immunization Programme:

- *In the Lucknow under Balrampur Hospital*
- *In the Aligarh as Supervisor under District Malkhan Singh Hospital and Department of Hifzan-e-Sehat wa Samaji Tib, A.K. Tibbiya College, A.M.U., Aligarh*
- *In the Bangalore as Supervisor under NIUM*

• Hepatitis “B” Immunization Programme:

Held at Dawakhana Tibbiya College, by the Department of Hifzan-e-Sehat wa Samaji Tib, A.K. Tibbiya College, A.M.U., Aligarh.

• Modified Leprosy Eradication Campaign (MLEC):

Worked as Research Associate under Joint Supervision of District Health Administration & Department of Hifzan-e-Sehat wa Samaji Tib, A.K. Tibbiya College, A.M.U., Aligarh, Organized by Ministry of Health & F.W. (Leprosy Division), Govt. of India.

- **Proficiency Certificate** in *Vaccinations and Field Surveys* at District level during MD tenure in the *Dept. of Hifzan-e-Sehat wa Samaji Tib*, A. K. Tibbiya College, AMU, Aligarh.
- **Proficiency Certificate** in the Principles of Unani Medicine:
 - a. *Niamath Science Academy Jani Jehan Khan Road, Royapettah, Chennai.*
 - b. *Nirala Jogi Monthly Magazine Pani pat, Haryana.*
- **Certificate of Appreciation** for the Active Participation in Organizing the *Sir Syed Day Celebration, 2000 & 2001*, AMU, Aligarh.
- Certificate in **Remedial Course in English**, AMU, Aligarh.
- **English, Urdu, Arabic & Persian Computer Composing.**
- **Sports Awards**
 - in *Kabaddī* from Tibbi Society, A. K. Tibbiya College, AMU, Aligarh.
 - in *Bayt Bāzī* from Tibbi Society, A. K. Tibbiya College, AMU, Aligarh.
 - in **Carrom [Double]** as **Runner**, on the occasion of Unani Day Celebration 2023 at NIUM, Bengaluru.
- Participated in the **Haj Camp** as **Consultant** for **Haj Camp Hospital**, organized by **Karnataka State Haj Committee, Bangalore**, during Haj Time in **January 2005**.
- Prepared and submitted proposal for **Riyazat, Dalk and Leech Therapy Unit at NIUM**, and it was approved by **Scientific Academy Committee (SAC)**, held on 27th December 2004.
- Prepared and submitted proposal for **Promotive Health Care Unit at NIUM**, and it was approved by **Scientific Academy Committee (SAC)**, held on 27th December 2004.
- Participated in the **“Run for Ayurveda”** conducted by **RAIFR, Pune**, held on 28th October 2018.

Dated: 29-07-2024

Place: Bangalore

(Dr.ABDUL HASEEB ANSARI)
Professor,
Dept. of Tahaffuzi wa Samaji Tib,
NIUM, Bengaluru