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2. **Name:** Faseeha Eram
3. **Designation:** Lecturer (Contract) Dept. of Moalajat
4. **Qualification:** MD Moalajat
5. **Thrust area:** Chronic Disease Management, Patient Counselling and Mental Health Support
6. **Address:** 1st Cross, Amarjyothi Layout, Ashwath Nagar, Bengaluru
7. **Mobile number:** 8791701225
8. **Email:** faseehaeram9@gmail.com
9. **Date of Birth:** 09/10/1995
10. **Nationality:** Indian
11. **Religion:** Islam
12. **Registration certificate number:** 19556
13. **Passport No:** Not Available

Academic Qualifications:

Examination Passed	Board/University	Year Of passing	Division
MD (Medicine)	NIUM, Bengaluru	2022	I
BUMS	Aligarh Muslim University	2019	I
XII	CBSE	2012	I
X	CBSE	2010	I

Certificate in Counselling Master Course-Advance	Counsel India	2024	
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14. **Professional details:** Working as Lecturer (Contract) Dept. of Moalajat, NIUM, Bengaluru since 2nd Feb 2023 (Total Experience of PG teaching 1 year 7 months)

15. Publications:

1. Eram F, Quamri MA, Zaidi Adiba, Sonam. A Comprehensive Review of Anaemia Associated with Hypothyroidism. *Emirates Med J* 2024; 5: e02506882282237. DOI: 10.2174/0102506882282237240206075352
2. Eram F, Quamri MA, Ahmad Bhat MD, Siddiqui U, Nida S. "Perspective of Ischemic Heart Disease (Iqfari Marad-i-Qalb) with reference to Unani Medicine". *Bangladesh J Med Sci.* 2023 Jun;22(3):475-81. DOI: [10.3329/bjms.v22i3.65331](https://doi.org/10.3329/bjms.v22i3.65331).
3. Rahman, Azizur, Sanila Adil Zafar, Mohd. Zulkifle, Faseeha Eram, Aumir Rasool, and Farukh Hasan. "Understanding of research question as a significant feature of scientific study.." *Annals of Ayurvedic Medicine* 11 (2022), 160-164. doi:10.5455/AAM.52488

16. Paper Presented/Published Abstracts:

1. *Non-Communicable Diseases and Risk factors- A Review* at National Seminar on Prevention and control of Non-communicable Diseases held at NIUM, Bengaluru on December 2019.
2. *Role of Dietitics (Ghiza) in Ziabetes Shakari* at a two day National Conference on Challenges in the Management of Amraz-e-Muzminah (Chronic Diseases) organised by Dept. of Moalajat, Ajamal Khan Tibbiya College, AMU, Aligarh on 5-6th November 2019

17. Participation in Seminar/Webinar/Conferences:

- Participated in **Mizaj Online Training Programme** on 18th & 19th July 2024 organised by Hermas Academia
- Participated as delegate in Seminar on “**Unveiling role of ‘Ilāj bi’l Ghidha (Unani dietetics) in Metabolic Syndrome in Women**” organized by Dept. of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bengaluru on 12 June 2024.

- Completed a course developed by the WHO Regional Office for South-East Asia entitled **“HEARTS of NCD: An integrated approach to management of noncommunicable diseases (NCD) in primary health care”** on 3rd Apr 2024.
- Participated in a Quiz on **“Wizards Of Medicine- Gastroenterology”** organised by Medflix on 4th Aug 2023.
- Participated in the Workshop **“Mindfulness and Yoga Therapy”** held on 25th July, 2023 offered by Counsel India.
- Participated in the Workshop **“Stop Overthinking & Achieve Growth”** held on 20th June, 2023 offered by Counsel India.
- Participated in the Workshop on **“Stress Management”** held on 31st May 2023 offered by Counsel India.
- Participated in the Workshop on **“Autism Spectrum Disorder”** held on 10th May 2023 offered by Counsel India.
- Participated in One-day interdisciplinary CME on **“Advances in Infertility Management and IVF speciality care”** on 8th Feb 2023 organised by National Institute of Unani Medicine, Bengaluru
- Participated in CME program on **“Data Analysis using SPSS”** on 24th-25th Jan 2023 organised at National Institute of Unani Medicine, Bengaluru
- Participated in Online Webinar on **“Best Injection Techniques”** on 28th Dec 2022 organised by MEDFLIX
- Participated in Interdisciplinary on Awareness on **“Sehat-e-Atfal”** on 4th Apr 2022 organized by National Institute of Unani Medicine on “Azadi ka Amrit Mahotsava”
- Participated in a survey on Knowledge, Attitude and Practices (KAP) on **“Pharmacovigilance of ASU&H Drugs”** conducted by National Institute of Unani Medicine, Bangalore on 15th Sep 2021.
- Participated in Webinar on **“Yoga & Unani Medicine”** organized by National Institute of Unani Medicine on the occasion of International Day of Yoga-2021 held on 19th June 2021.
- Participated in Lecture Series on **“Covid 19 Trends In Modern and Traditional Medicine”** organized by Parul University, Vadodara on 10-12 June 2021.
- Participated in National Webinar on **“Understanding the Unani Concept of Disease”** organized by National Institute of Unani Medicine on 17th February 2021.

- Participated in “**Pharmaco-vigilance Awareness Programme for ASU&H Drugs**” Organized by Ministry of AYUSH, Govt of India held online from CCRUM, Kolkata, WB on 6th February 2021
- Participated in Webinar Series on “**Unani Medicine in Ilmu Qabalat wa Amraze Niswan (Obstetrics & Gynecology)- An Evidence Based Approach**” held on 04 February 2021.
- Participated in “**e-Workshop on Dermoscopy**” organised by Ajmal Khan Tibbiya College, AMU, Aligarh on 6th Dec 2020.
- Participated in Webinar on “**Healthy Immune System and Unani Medicine**” Organized by Regional Research Institute of Unani Medicine, Srinagar CCRUM, Ministry of AYUSH, Govt. of India on 12th November 2020.
- Participated in “**National webinar on Pharmacovigilance of ASU & H Drugs**” organised by National Institute of Unani Medicine, Bengaluru on 15-16 Sept 2020.
- Participated in Jamia Hamdard **COVID-19 webinar series, on “Caring your Heart, Liver and Nervous System: An Approach, During Corona CoV2 Pandemic**” held on 7th July,2020 organized by School of Unani Medical Education & Research, Jamia Hamdard, New Delhi.
- Participated in National Webinar on "**Optimising Tabi'at (Physis) & Boosting Immunity as cure-all in epidemics and pandemics**" Organized by Department of Munafeul Aza , Ajmal Khan Tibbiya College, Faculty of Unani Medicine Aligarh Muslim University, Aligarh on 12th June 2020.
- Participated in the **First International Online Conference on “Integrative Medicine and Clinical Practice; with the subject of "Integrative Medicine and COVID 19"**, held on 30th May 2020.
- Undergone “**ECG Training Program**” at **Fortis Hospital, Bangalore** held in between 2nd Feb 2020 to 1st March 2020.
- Participated in One Day workshop on Medical Astrology “**An IntegralPart of Prevention , Diagnosis and Therapeutics of Diseases**” organised by Institute of Indian Knowledge (IIK),Apex Professional University, Pasighat Arunachal Pradesh on 8th Jan 2020.

- Participated in CME on “**Critical Care: Basics Revisited**” Organised by Shifaa Institute of Postgraduate Medical Sciences on 6th Oct 2019
- Participated in National Workshop cum Symposium on “**Coping Stress with Resilient and Classical Regimens**” organised by Dept. of Ilaj-bit-Tadbeer, Ajmal Kan Tibbiya College, AMU, Aligarh on 23rd Mar 2019.
- Participated in CME on “**Basics of Infertility and Hijamah- in the light of Unani Medicine**” organised by BUMS Doctor’s Association, Allahabad held on 18th Nov 2018
- Participated in One Day Workshop on “**Hijamah and Skin Diseases**” on 11th Feb 2018 organised by National Unani Doctors Welfare Association (NUDWA)
- Attended the guest lecture on topic “**Characterization and Targetting of Leukemic Stem Cells in Acute Mylogenous Leukemia**” on 20th Dec 2017 organised by Hakeem Ifhamullah Academy, Aligarh.
- Participated in National Conference on “**Depression – Holistic and Integrated Approach in Management**” held at Dept. of Tahaffuzu wa Samaji Tib, Aligarh on the eve of World Health Day Celebration in the year 2017.
- Participated in **Seminar held on World T.B. Day** 24th March 2017 organised by GIFTS NGO in collaboration with Department of T.B. and Chest at AMU, Aligarh.

18. **Attendance in Arogya Melas:** None

19. **Books Published:** None

20. **Supervision to MD thesis (Submitted):** None

21. **Supervision to MD thesis (Ongoing):** 2

1. **Title:** Efficacy of Safoof-e-chobchini in Chronic Venous Disease of lower limbs—
A Randomized, single-blind, Placebo Controlled Clinical Trial
PG Scholar: Dr. Prachi Virpara
2. **Title:** Efficacy of Jawarish Falafali in Chronic Fatigue Syndrome- A Randomized
Double -Blind Placebo Controlled Trial
PG Scholar: Dr. Ishrat Mohammed Israr