

Curriculum Vitae

Dr. Mohd Arshad Jamal

Associate Professor, Dept. of Amraze Jild wa Tazeeniyat, NIUM, Bengaluru, 560091

❖ Biography:

- Full Name: Mohd Arshad Jamal
- Father's Name: Mr. Reyaz Ahmad Khan
- Mother's name: Mrs. Salma Khatoon
- Date of Birth: August 15, 1978
- Sex: Male
- Marital Status: Married
- Religion: Islam
- Nationality: Indian
- Mailing Address: NIUM, Kottigepalya, Magadi Main Road, Bengaluru, 560091.
- Permanent Address: Vill& Post. Khali spur, Via: Sagri, Distt: Azamgarh, U.P.
- Contact No.07767993333
- E-mail: sarimnium@gmail.com



❖ Personality Traits:

- Honesty, Hardworking, Methodical thinking, and ready to accept challenges.

❖ Linguistic Proficiency:

- **English:** Good in understanding, speaking & writing.
- **Urdu:** Excellent in understanding, speaking & writing.
- **Arabic:** Good in reading, writing& speaking some extant.
- **Hindi:** Good in understanding, speaking& writing.

❖ Professional Objective:

- To pursue a challenging career to enhance my knowledge, skill, and research acumen in the field of most recent advances in Alternative & Complementary Medicine (including ISM).

❖ **Educational/ Professional Qualification:**

S No.	Class/ course	Board/University	Year of Passing	Division with %
1	High School (10 th)	J.F.A*	1995-96	First (64.36%)
2	Alimiyah (12 Th)	J.F.A	1997-98	First (71.33%)
3	Graduation (B.U.M.S)	A M U Aligarh	2005-06	First (64.29%)
5	Post-Graduation (M.D)	NIUM, Bangalore	2008 (1 st yr) 2010 (Final)	First (63.40%) First (66%)

*JamiatulFalah, Azamgarh

❖ **Research Experience:**

- MD thesis entitled “**Clinical Study of *Izterabe Nafsani Umoomi*(Generalized anxiety disorder) and Efficacy of Unani Formulation in its Management**” 2008-2009 under the mentorship of Prof. M. A. Siddiqui, H.O.D, Dept. of Moalajat, National Institute of Unani Medicine Bangalore.
- Supervision of PG Students of Amraze Jild wa Tazeeniyat at the National Institute of Unani Medicine Bangalore since 22 June 2021.

❖ **Clinical Experience:**

- 1 year of **Compulsory Rotatory Internship** in all clinical subjects like Medicine, Surgery, Orthopedics, Gynecology& Obstetrics, E.N.T., Ophthalmology, Pediatrics &Dermatology from Balrampur District Hospital Lucknow and A.K.T.C Hospital A.M.U Aligarh (U.P).
- 3 years’ experience of **O.P.D and I.P.D Services** in various departments like Moalajat (Medicine), Amraze Jild (Dermatology), Ilaj Bil Tadabeer (Regimental Therapy), and Jarahat (Surgery) in N.I.U.M Hospital Bangalore during post-graduation.
- **O.P.D and I.P.D Services** in Al-Farooque Unani Medical College and Hospital, Indore, M.P.
- **O.P.D and I.P.D Services** in National Institute of Unani Medicine, Bangalore in the department of Moalajat.

- **O.P.D and I.P.D Services** in Mohammadia Tibbia College Mansoor, Malegaon in the department of Amraze Jild wa Tazeeniyat.
- **O.P.D and I.P.D Services** in National Institute of Unani Medicine, Bangalore in the Amraze Jild wa Tazeeniyat.

❖ **Teaching experience:**

- Worked as Assistant Professor in Al-Farooque Unani Medical College and Hospital, Indore, M.P, in the department of **Moalajat** from 11th Nov 2010 to 18th June 2013.
- Worked as Assistant Professor in the National Institute of Unani Medicine, Bangalore in the department of **Moalajat** from 19 June 2013 to 21 June 2014.
- Worked as Assistant Professor in Al-Farooque Unani Medical College and Hospital, Indore, M.P, in the department of **Moalajat** from 1 July 2014 31st May 2015.
- Worked as Assistant Professor in Mohammadia Tibbia College & Assayer Hospital, Mansoor, Malegaon, Dist. Nashik (Maharashtra) in the Department of **Amraze Jild wa Tazeeniyat** from 1 June 2015 to 28th Feb 2021.
- Worked as Associate Professor in Mohammadia Tibbia College & Assayer Hospital, Mansoor, Malegaon, Dist. Nashik (Maharashtra) in the Department of **Amraze Jild wa Tazeeniyat** from 1st March 2021 to 21st June 2021.
- Working as Associate Professor in the National Institute of Unani Medicine, Bangalore in the department of **Amraze Jild wa Tazeeniyat** from 22nd June 2021 till date.

❖ **Computer Awareness:**

- Certificate course in computer application in 2006 at Duty Society Computer Center A.M.U Aligarh, in Windows operating system, Internet database Search, Microsoft Office (Word, Excel, and PowerPoint), Adobe Photoshop and Fox Pro, etc.

❖ **Publications:**

1. Books:

1. Book entitled **“Ikseer-ut-Tashkees”** published in 2012 under Al-Farooque Educational Trust and Society, Indore, MP.
2. Book entitled **“kitab-ut-Tadabeer”** published in 2017 under GL International Publisher, New Delhi.

3. Book entitled **“Sukhan Zad”** published in 2019 under Hidayat Publishers and Distributors, New Delhi with ISBN-386460387-O.
4. Book entitled **“Jild wa Tazeeniyat”** published in 2021 under Hidayat Publishers and Distributors, New Delhi with ISBN-195276646-X.
5. Book entitled **“Man La Yahduru Al-Tabeeb”** published in 2023 under Hidayat Publishers and Distributors, New Delhi with ISBN-932024832-X.

2. Book chapter:

1. Chapter in Book: entitled **“Hakim Ajmal Khan Ek Mahir-e-Taleem ki Haisiyat Se”**, **Nuqoosh-e-Ajmal**. CCRUM, New Delhi, 2016, p. 106-113.

3. Magazines:

1. Editor: University magazine (Urdu) **“Aligarh magazine”** published in 2005 from A.M.U, Aligarh.
2. Editor: Hall/ Hostel Magazine **“Nawa-e-Sahar”** published in 2003-04 from S.S. Hall (South) A.M.U, Aligarh.
3. Editor: The Alig Expression, Newsletter of A.M.U. Old Boys Association, Indore, published in October 2012.
4. Member of the Editorial Board of Tarjumane-Tib; Urdu Journal of NIUM, Bengaluru.
5. Assistant Editor for Tarjumane-Tib; Urdu Journal of NIUM, Bengaluru.

3. Research / Review Papers/ Articles:

1. Research Paper entitled **“Clinical Evaluation of the Efficacy of a Unani Formulation in Management of Generalized Anxiety Disorder”** published in RGUHS Journal of AYUSH Sciences, October 2011/Vol. 1 / Issue 2.
2. Review paper entitled **“Concept of anxiety in Greeco- Arab medicine: A Review”** published in the International journal **“Internationale Pharmaceutica Scientia/ April-June 2012 / Vol. 2 / Issue 2/ Available online <http://www.ipharmsciencia.com/> ISSN 2231-5896.**
3. Review paper entitled **“Role of Unani medicine in promoting child health”** published in the International journal **“Internationale Pharmaceutica Scientia/ Oct-Dec 2013 / Vol. 3 / Issue 4/ Available online <http://www.ipharmsciencia.com/> ISSN 2231-5896.**

4. Review paper entitled **“A critical review on therapeutic application of dalk”** published in the American journal of Pharmacy and Health Research/ 2013 / Vol. 1 / Issue 7/ Available online [http:// www.ajpr.com/](http://www.ajpr.com/) ISSN 2321-3643.
5. Review paper entitled **“Seasonal changes and human health: An Unani perspective”** published in *RRJUSH (2014) 1-3© STM Journals 2014.* / Vol. 1 / Issue 1.
6. Review paper entitled **“A Review on Contraceptive drugs described in Unani Literature”** published in the journal Biological and Scientific Opinion/ 2013/ Vol. 1 / Issue 3/ Available online [http:// www.jbsoweb.com/](http://www.jbsoweb.com/).
7. Review paper entitled **“A Review on Therapeutic application of Fasd (Venesection) in Unani Medicine”** published in the journal Biological and Scientific Opinion/ 2014/ Vol. 2 / Issue 1/ Available online [http:// www.jbsoweb.com/](http://www.jbsoweb.com/) ISSN 2321-6328.
8. Review paper entitled **“Diq: Ghizaayi ahkaamaat aur tadabeer”** published in the journal “Jahane Tib”, Vol. 11, July – September 2009, CCRUM.
9. Review paper entitled **“Nutool; ek aham tareeqa e Ilaj”** published in the journal “Rahnumae sehat”, Vol. 56, September, 2013, Faisalabad, Pakistan.
10. Review paper entitled **“Urdu shayrei mein ilm ul jarahat ke mashmoolat”** published in the journal “Urdu duniya”, Vol. 16, January 2014, Urdu council, New Delhi.
11. Review paper entitled **“Tadabeer e Hawaamil; Tibb e Unani meiN”** published in the Unani journal “Nawa e Tibo sehat”, Vol. 22, Oct-Dec., 2013, Allahabad.
12. Review paper entitled **“Jabir bin Hayyan ek hamageer shakhsyat”** published in the Unani journal “Nawa -e -Tib -o -sehat”, Vol. 22, Oct-Dec. 2013, Allahabad.
13. Review paper entitled **“Doodh ki Ghizaayi wo Tibbi AhmaiyaT”** published in the Unani journal “Nawa -e -Tib -o -sehat”, Vol. 19, Jan-march, 2010, Allahabad.
14. Review paper entitled **“Nazariyah Amraze Waba waTaqaddum Bil Hifz; Tibbe Unani Ke Tanazur Mein”** published in the journal “Unimed Kulliyat”, Vol. 5, Issue 8, April 09 – March 12, Department of Kullityat, Ajmal Khan Tibbiya College, AMU, Aligarh.
15. Article entitled **“Allama Iqbal ka Jahane Tuyoor”** published in Urdu monthly journal “Pesh raft” Vol 13, May 2006, Delhi.
16. Review paper entitled **“Ma-us-shaeer ki tibbi ifaadiyat”** published in the journal “Rahnuma e sehat”, Vol. 57, October 2013, Faisalabad, Pakistan.

17. Review paper entitled **“Urdu sheri adab aur mustalahaat-e-advia”** published in the journal **“JahaneTib”**, Vol. 14, January – March 2013, CCRUM.
18. Article entitled **“Adab: zindagi ki roshni mein”** published in hall magazine **“Gulha-e-sir syed”**, sir syed hall north, AMU, Aligarh, 2000.
19. Review paper entitled **“Gulqand ke tibbi fawaed”** published in the journal **“Rex Tibbi Magazine”**, Vol. 1, Issue 12, December 2013, Delhi.
20. Review paper entitled **“Tibb-e-Unani mein research ke tareeqe aur imkanaat”** published in the Unani journal **“Nawa -e -Tib -o -sehat”**, Vol. 22, Jan-march, 2013, Allahabad.
21. Review paper entitled **“Tiryaaq-e-Farooque: ekmutala”** published in the journal **“Jahane Tib”**, Vol. 14, April – June 2013, CCRUM.
22. Review paper entitled **“Taskeen-e-dard ba-zariya imala: ek tatabuqli mutala”** published in the journal **“JahaneTib”**, Vol. 14, April – June 2013, CCRUM.
23. Review paper entitled **“Moalajati kutub ke ghair mantaqi mundarjat”** published in the journal **“JahaneTib”**, Vol. 15, July – September 2013, CCRUM.
24. Review paper entitled **“Ibn-zuhar ke mujarrbat wa mushahidat”** published in the journal **“JahaneTib”**, Vol. 15, October – December 2013, CCRUM.
25. Review paper entitled **“Advia mushila aur unki nawayyat-e-amal; ek tajziyati mutala”** published in the journal **“JahaneTib”**, Vol. 15, October – December 2013, CCRUM.
26. Review paper entitled **“Bukhoor; ek aham aur mufeed tareeqa-e-ilaj”** published in the journal **“JahaneTib”**, Vol. 15, October – December 2013, CCRUM.
27. Review paper entitled **“Nafsiyati amraz ke ilaj mein tibb-e-Unani ki manwiyat”** published in the journal **“JahaneTib”**, Vol. 15, October – December 2013, CCRUM.
28. Review paper entitled **“Tibb-e-Unani mein waba ka tasawwur aur tahaffuzi tadabeer”** published in the journal **“Jahane Tib”**, Vol. 15, October – December 2013, CCRUM.
29. Review paper entitled **“Tibb-e-Unani mein Anasir Ki Bahas”** published in the journal **“Tarjumane Tib”**, Vol. 1, Issue 1 October – December 2014, NIUM, Bangalore.

30. Review paper entitled **“Ibne Zuhar Ka usloobe Nigarish”** published in the journal **“Tarjumane Tib”**, Vol. 1, Issue 1 October – December 2014, NIUM, Bangalore.
31. Review paper entitled **“Sinne Shaikhukhat: Masail wa wasail”** published in the journal **“tarjumaneTib”**, Vol. 1, Issue 1 October – December 2014, NIUM, Bangalore.
32. Review paper entitled **“Yadadasht ke jaded waqadeem nazariyat Mein Tatbeeq”** published in the journal **“Tarjumane Tib”**, Vol. 1, Issue 1 October – December 2014, NIUM, Bangalore.
33. Review paper entitled **“Amraze Asnan Ka aasaan Ilaj”** published in the Unani journal **“Nawa -e -Tib -o -sehat”**, Vol. 23, Oct-Dec 2014, Allahabad.
34. Research paper entitled **“Contribution of Lifestyle Changes in the Development of Type 2 Diabetes Mellitus: A Cross Sectional Study”** published in the Hippocratic Journal of Unani Medicine Vol. 11 (2): 25 – 34, 2016, CCRUM New Delhi.
35. Review paper entitled **“Roghan Bed Anjeer: Standard of Purity, Uses & side Effects: a review”** published in the Unani Medical Journal, Vol 2: 25-28, 2016, West Bengal.
36. Review paper entitled **“Abzan: Ek Kaseerul Manfaat Tadbeer”** published in the Unani Medical Journal, Vol 2: 04-09, 2016, West Bengal.
37. Review paper entitled **“Role of Risk Factors in Development of Type 2 Diabetes Mellitus: A Review”** published in the Hippocratic Journal of Unani Medicine Vol. 11 (3): 119 – 130, 2016, CCRUM New Delhi.
38. Review paper entitled **“Elaj bil Hijamah: Manzar wa Pasmanzar”**, published in the **Turjuman-e-Tib**, NIUM, Bangalore, Vol. 2(2): 70-71.
39. Research paper entitled **“Clinical Efficacy of a Unani Formulation in Primary Dysmenorrhoea”** published in the Unani Medicus – An International Journal, 2016, 3(1): 43-49.
40. Research paper entitled **“Clinical Efficacy safoof ushba and marham raal in Naar farsi (Eczema)”**, published in the Unani Medicus – An International Journal, 2017, 4(1): 64-70.

41. Review paper entitled **“Therapeutics potentials of Cinnamomum camphora (kafoor) in skin disorders: a review”**, published in the **World Journal of pharmaceutical and life sciences**, WJPLS, 2016. 3(5): 108-111. ISSN 2454-2229.
42. Review paper entitled **“Qooba: Ek Muzmin Aseer-ul-ilaj Marz”** published in the Unani journal **“Nawa-e-Tib -o -Sehat”**, 42-44, Vol. 28, July-Sep 2019, Allahabad.
43. Review paper entitled **“Urdu Sahyeri mein Nazariya-e- Anasir ki Bahas”** published in the journal **“JahaneTib”**, P.26-36 Vol. 17-21, July 2015 – December 2019, CCRUM.
44. Review paper entitled **“Tibbe Unani mein Humma-e-diq ka nazariya”** published in the Unani journal **“Nawa-e-Tib -o -sehat”**, 24-28, Vol. 29, July-Sep 2020, Allahabad.
45. Review paper entitled **“Maujooda Sehati Manzarnama mein Ilaj Bit-Tadbeer ki ifadiyat ka tajziyati Mutalaa”**, Jahan-e-Tib; CCRUM, New Delhi; 2020; 22(4), 23-28.
46. Review paper entitled **“Hazme Ghiza mein Etedaale Naum ki Ahmiyat”**, Jahan-e-Tib; CCRUM, New Delhi; 2020; 22(3), 36-41.
47. Review paper entitled **“Ilaj bil-hijamah ke Asri Mansoobat ka Maroozi Jayeza”**, Jahan-e-Tib; CCRUM, New Delhi; 2020; 22(3), 50-55.”
48. Review paper entitled **“Diet in skin disorders: Unani Medicine Perspective”**. Journal of Research in Unani Medicine, NIUM, Bangalore, 2020, 9(1):38-42.
49. Review paper entitled **“Razi ki Tahreeron mein Zeenate Sha'r ka Bayan”**, Jahan-e-Tib; CCRUM, New Delhi; 2021; 23(10-04), 71-81.
50. Review paper entitled **“Ankh Hairan hai kya Shakhs Zamane se Utha”**, Tarjumane Tib; NIUM, Bangalore; 2021, 8(1-2), 105-117.
51. Review paper entitled **“Professor Ghufuran Ahmad Marhoom Ki taqdim Nigari”**, Tarjumane Tib; NIUM, Bangalore; 2021, 8(1-2), 139-144.
52. Review paper entitled **“Ash-Shamil Fis-Sanaá-Tit-Tibbia: Ek Aham Tareen Tibbi Encyclopedia Ki Bazyaft”**, Jahan-e-Tib; CCRUM, New Delhi; 2021; 23(10-04), 29-39.
53. Review paper entitled **“Tibbi Adabiyate Aliya mein Hifzane Sehat ke Mashmoolat”**, Jahan-e-Tib; CCRUM, New Delhi; 2021; 23(10-04), 40-50.

54. Review paper entitled **“Diqqe Rewi: Chand Aham Moalajati Nukte”**, Jahan-e-Tib; CCRUM, New Delhi; 2021; 23(10-04), 87-95.
55. Research paper entitled **“Effect of Majoon Mundi and Roghan Gul in Chronic Plaque Psoriasis: A case Report”**, International Journal of Research and Review, 2022, 9(2), 156-159.
56. Review paper entitled **“Covid-19 mein Unani tahaffuzi tadabeer ki ma’nawiyat”**, Jahan-e-Tib, Central Council of Unani Medicine, New Delhi (Volume 24, Issue 1-4, Jan -Dec. 2022, P103-112).
57. Review paper entitled **“Covid-19 mein Tiryage Wabayi ki ahmiyat wa ifaadiyat: Jadeed tahqiqaat ke tanazur mein”**, Jahan-e-Tib, Central Council of Unani Medicine, New Delhi (Volume 24, Issue 1-4, Jan -Dec. 2022, P129-138).
58. Review paper entitled **“Covid-19 mein Arqe Ajeeb ki ifaadiyat: ek Jayeza”**, Jahan-e-Tib, Central Council of Unani Medicine, New Delhi (Volume 24, Issue 1-4, Jan -Dec. 2022, P163-172).
59. Review paper entitled **“Maabad Covid awariz ke tadaruk mein tibbe Unani ki itlaaqi Haisiyat’**, Jahan-e-Tib, Central Council of Unani Medicine, New Delhi (Volume 24, Issue 1-4, Jan -Dec. 2022, P173-184).
60. Review paper entitled **“Siyah fafoond (Black Fungus) se tahaffuz mein tibbe Unani ka mumkinah kirdaar”**, Jahan-e-Tib, Central Council of Unani Medicine, New Delhi (Volume 24, Issue 1-4, Jan -Dec. 2022, P185-191).
61. Review paper entitled **“COVID-19: Unani Pasmanzar. Jahan-e-Tib”**, Central Council of Unani Medicine, New Delhi. (Volume 24, Issue 1-4, Jan -Dec. 2022, P193-203).
62. Review paper entitled **“Sududi Amraz ka Unani Nuqta-e-Nazar: Ek Mutala”**, Tarjuman-e-Tib, National Institute of Unani Medicine, Bangalore (Volume 9, Issue 1-2, Jan -Dec. 2022, P83-99).
63. Review paper entitled **“Urdu Shayeri Mein Ilm-un-Nabz ke Mashmulaat”**, Tarjuman-e-Tib, National Institute of Unani Medicine, Bangalore (Volume 9, Issue 1-2, Jan -Dec. 2022, P74-82).
64. Review paper entitled **“Istehalaati Amraz ki Taqweem mein Quwwat-e-Ghazia ka Kirdaar”**, Tarjuman-e-Tib, National Institute of Unani Medicine, Bangalore (Volume 9, Issue 1-2, Jan -Dec. 2022, P31-38).

65. Review paper entitled **“Conceptual Understanding of Preventive Strategies for Metabolic Disorders in Unani Medicine: A Narrative Review”**, Altern Ther Health Med. 2023 Nov;29(8):233-239. PMID: 37632949.
66. Review paper entitled **“Phytochemistry, pharmacology and Unani traditional uses of Khubazi (Malva sylvestris Linn.): An overview”**, Journal of Medicinal Plants Studies 2023; 11(6): 105-109.
67. Review paper entitled **“A Simplified Review on Burah Armani (Bole Armenia) With Special Reference to Unani Medicine”**, International Research Journal of Modernization in Engineering Technology and Science. 2023 NOV; 5(11):1-3. DOI: <https://www.doi.org/10.56726/IRJMETS46375>.
68. Review paper entitled **“A mini review on the medicinal value of Halela Zard in Unani medicine”**, International Journal of Unani and Integrative Medicine 2023; 7(3): 40-42. DOI: <https://doi.org/10.33545/2616454X.2023.v7.i3a>.
69. Review paper entitled **“Evolution of Embryology from Rational Science to Evidence-based Science”**, Research on History of Medicine. 2024 Feb; 13(1): 47-62.
70. Review paper entitled **“Cuscuta Reflexa (Aftimoon) review on medicinal utility in the perspective of Unani Medicine”**, Scholastic Medical Sciences 2024 Jan: 2(1): 01-03.

4. Abstracts

1. Abstract entitled **“Leeching- A Therapeutic Approach of Unani Medicine”** published in the souvenir of National Seminar on emerging trends in the development of the Unani system of Medicine, Organised by state takmeel-ut-tib college & Hospital, Lucknow, held on 12 & 13 march 2011, at Lucknow, U.P.
2. Abstract entitled **“Unani perspective of Anxiety: An overreview”** published in the souvenir of International Conference on Integrative Medicine, Organised by Ajmal Khan Tibbiya college, held on 2nd -4th February 2011, at Aligarh, UP.
3. Abstract entitled **“Venesection In Unani Medicine: A Review”** published in the souvenir of 3rd National Conference on Unani Medicine, Organised by All India Unani Tibbi Congress, held on 8th February 2009, at Bhiwandi, Maharashtra.
4. Abstract entitled **“Daul feel: Mumkinah Ilaaj aur Tadabeer”** published in the souvenir of National Seminar on Hifzan-e-Sehat and Unani Medicine, Organised

by department of Tahaffuzi –wa-SamajiTib Ahmad Gharib Unani Medical college and As-Salam Hospital, held 11-12 April 2009, at Akkalkuwa, Nandurbar, Maharashtra.

5. Abstract entitled **“Standardization of compound Formulation used in Unani Medicine”** published in the souvenir of 3rd National Conference on Unani Medicine, Organised by All India Unani Tibbi Congress, held 8th February 2009, at Bhiwandi, Maharashtra.
6. Abstract entitled **“Prevention of IHD through Unani system of medicine”** published in the souvenir of 3rd National Conference on Unani Medicine, Organised by All India Unani Tibbi Congress, held 8th February 2009, at Bhiwandi, Maharashtra.
7. Abstract entitled **“Software and digitalization of Unani manuscript and literature”** published in the souvenir of International Conference on Integrative Medicine, Organised by Ajmal Khan Tibbiya college, held on 2nd -4th February 2011, at Aligarh, UP.
8. Abstract entitled **“Preventive application of Hammam in dermatology”** published in the souvenir of National Seminar on Hifzan-e-Sehat and Unani Medicine, Organised by department of Tahaffuzi –wa-SamajiTib Ahmad Gharib Unani Medical college and As-Salam Hospital, held 11-12 April 2009, at Akkalkuwa, Nandurbar, Maharashtra.
9. Abstract entitled **“Fasd – A typical Unani Regimen”** published in the souvenir of National Seminar on Hifzan-e-Sehat and Unani Medicine, Organised by department of Tahaffuzi –wa-SamajiTib Ahmad Gharib Unani Medical college and As-Salam Hospital, held 11-12 April 2009, at Akkalkuwa, Nandurbar, Maharashtra.
10. Abstract entitled **“Prevention of Senile dementia in Unani system of Medicine: A Review”** published in the souvenir of National Seminar on Hifzan-e-Sehat and Unani Medicine, Organised by department of Tahaffuzi –wa-SamajiTib Ahmad Gharib Unani Medical college and As-Salam Hospital, held 11-12 April 2009, at Akkalkuwa, Nandurbar, Maharashtra.

5. Publication in Newspapers:

- Letters/Columns published regularly in the “Adabi edition” of daily urdu newspaper **“Salaar, Bangalore”** in column “dhoop chaaon”.

- TB ke ilaj mein Unani Dawaon ki ifadiyat; published in Daily hum aap; on Friday 29/12/2017. <http://epaper.humaapdaily.com/news/7/2017-12-29>
- Maan ka doodh qudrat ka ek anmol Tohfa; Published in Daily hum aap; on Friday 19/01/2018. <http://epaper.humaapdaily.com/news/7/2018-01-19>
- Unani Dawaon se karein Viral Flue ka ilaj; Published in Daily hum aap; on Friday 16/03/2018. <http://epaper.humaapdaily.com/news/7/2018-03-16>
- Asri Shayari ki ek tawana Awwaz; Jameel Akhtar shafiq; published in Ghoshae adab, Daily News, Pindar, Patna on 15/12/2019.

❖ **Paper Presentation (Oral/PPT/Poster) at Seminars and Conferences:**

1. Presented paper entitled **“Leeching- A Therapeutic Approach of Unani Medicine”** published in the souvenir of National Seminar on emerging trends in the development of Unani system of Medicine, Organised by state Takmeel-ut-tib College & Hospital, Lucknow, held on 12 & 13 march 2011, at Lucknow, U.P.
2. Presented paper entitled **“Unani perspective of Anxiety: An overview”** published in the souvenir of International Conference on Integrative Medicine, Organised by Ajmal Khan Tibbiya College, held on 2nd -4th February 2011, at Aligarh, UP.
3. Presented paper entitled **“Venesection in Unani Medicine: A Review”** published in the souvenir of 3rd National Conference on Unani Medicine, Organised by All India Unani Tibbi Congress, held 8th February 2009, at Bhiwandi, Maharashtra.
4. Presented paper entitled **“Daul feel: Mumkinah Ilaaj aur Tadabeer”** published in the souvenir of National Seminar on Hifzan-e-Sehat and Unani Medicine, Organised by the Department of Tahaffuzi –wa-Samaji Tib Ahmad Gharib Unani Medical college and As-Salam Hospital, held 11-12 April 2009, at Akkalkuwa, Nandurbar, Maharashtra.

❖ **C M E’S, Seminars, Conferences, Symposium and Workshops:**

1. Participated in the **“Leadership Development Course”** held at the IDB Headquarters in Jeddah, Saudi Arabia, on 19-21 December 2004, organized by IDB Scholarship Programme, Islamic Development Bank (IDB), Jeddah, Saudi Arabia.
2. Participated in **“National workshop on research methodology and scientific publication”** organized by the Indian Academy of Oral Medicine and Radiology, on June 4th and 5th, 2008 at J. N. Tata Auditorium, National Science Seminar Complex, Indian Institute of Science Campus, Bangaluru-56012.

3. Participated in **“CME on research methodology”** organized by the Department of AYUSH, Maharashtra University of Health Sciences, Nashik, as a Faculty, held from 11-16 February 2013 at MUHS, Nashik.
4. Participated in **“workshop on bariatric surgery, infertility, etc.”** organized by the National Integrated Medical Association, Indore, on 23 December 2012 at S.A.I.M.S, Indore.
5. Participated in **“National seminar on recent trends, challenges & scope in clinical trials”** organized by Swami Vivekanand College of Pharmacy, Indore, on 25th February 2012.
6. Participated in **“CME on Rheumatology: Chanre Updates 2013”** organized by Chanre Rheumatology and Immunology Center, held on 15 December 2013 at Bangalore.
7. Participated in **“CME on Diabetes Updates”** organized by Shifa Institute of Post Graduate Medical Science, held on 23 June 2013 in Bangalore.
8. Participated in **“Workshop on Recent development in Unani Dawasazi”** organized by Dept. of Ilmul Saidla, National Institute of Unani Medicine, held on 3rd & 4th March 2014 at Bangalore.
9. Participated in a **symposium on recent advancement in the therapeutics of chronic skin disorders**, organized by dept. of Amraze Jild wa Zohrawiya, Ajmal Khan Tibbia College, Aligarh on 1st December 2014.
10. Participated and worked as a consultant at **Arogya Health Mela** held at Thrissur, Kerala 11.02.2009 to 15.02.2009, organized the Deptt. of AYUSH, New Delhi, Ministry of Health and Family Welfare, Govt. of India.
11. Participated and worked as a consultant at **Arogya Health Mela** held at Patna, Bihar on 06.12.2009 to 09.12.2009 organized the Deptt. of AYUSH, New Delhi, Ministry of Health and Family Welfare, Govt. of India.
12. Participated and worked as a consultant at **Arogya Health Mela** held at Lucknow, on 22.10.2009 to 25.10.2009, organized the Deptt. of AYUSH, New Delhi, Ministry of Health and Family Welfare, Govt. of India.
13. Participated in the workshop on **Syllabus Review of B.U.M.S. III Year** at Mohammadia Tibbia College & Assayer Hospital Mansoor, Malegaon, Dist. Nashik on 15-10-2015, organized by Maharashtra University of Health Sciences, Nashik.

14. Participated in the workshop on **Syllabus Review of B.U.M.S. IV Year** at Iqra Unani Medical College, Jalgaon on 06-09-2016, organized by Maharashtra University of Health Sciences, Nashik.
15. Participated in “**Training Workshop on Al-Hijama (Cupping Therapy)**”, organized by CCRUM, New Delhi at Mohammadia Tibbia College, Malegaon on 20-21 Oct 2016.
16. Participated in “**Workshop on AFP and Measles Surveillance**” organized by WHO unit, Malegaon at Mohammadia Tibbia College, Malegaon on 08 Dec 2016.
17. Participated in “**Workshop on Awareness & Propagation of Extra Mural Research Scheme of Ministry of AYUSH, Govt. of India**” organized by RRAP-CARIC, Mumbai on January 16, 2017.
18. Participated in **national seminar on Diabetes Mellitus-from laboratory to practice**, organized by Directorate of AYUSH Maharashtra state & Arogya Bharti, on August 16-17, 2017 at DY Patil Auditorium, Nerul, Mumbai.
19. Participated as a subject expert in “**PG syllabus forming meeting for Amraz-e-Jild wa Tazeeniyat**”, at Ajmal Khan Tibbiya College, AMU, Aligarh on 4th & 5th October 2017, organized by CCIM, New Delhi.
20. Participated in **Unani Global; an International Conference & Exhibition** as delegate at the World Trade Centre, Mumbai on 11-13 May 2018, organized by ministries of govt. of India, AYUSH directorate govt. of Maharashtra and Maharashtra Council of Indian Medicines.
21. Participated in the **CME Programme on Moalajat for Teachers** on November 12-17, 2018 at State Takmeel-ut-tib College, Lucknow, organized by the department of Moalajat, State Takmeel-ut-tib College, Lucknow, sponsored by Ministry of AYUSH, Govt. of India, New Delhi.
22. Participated in the **first international conference on technology-2019**, organised by JMES, Maulana Mukhtar Ahmad Nadvi Technical campus on 24, Feb 2019.
23. Participated as a subject expert in a **Two-day workshop to frame the UG Syllabus** regarding Amraz-e-Jild-wa-Tazeeniyat on 30-31.10.2019 at Govt. Unani Medical College, Bangalore, organized by CCIM, New Delhi.
24. Attended a one-day National seminar on Unani Medicine at NIUM, Bengaluru on 22nd March 2022.
25. Participated in interdisciplinary CME on Awareness on Sehat-e-Atfal on 04/04/2022 on the occasion of “Azadi Ka Amrit Mahotsav” at NIUM, Bengaluru.

26. Participated as a delegate in the CME Program on “Data Analysis Using SPSS” on 24th-25th January 2023 at NIUM Bengaluru.
27. Participated as a delegate in a One-day interdisciplinary CME in collaboration with Milann Fertility and Birthing Hospital on “Advances in infertility management and IVF specialty care” on 08/02/2023 at NIUM Bengaluru.
28. Participated as a delegate in the workshop on “Unani Medicine for Public Health” held at NIUM, Bengaluru on 07/03/2023, organized by the Dept. of AYUSH, Govt. of Karnataka.
29. Attended physical workshop as chairman of Sareeriyat wa Usul-e-Ilaj in Syllabus Framing program for Second Professional of BUMS organized by NCSIM, Ministry of AYUSH, Govt. of India held on the 14, 15 & 16th of March 2023 in Sonipat Haryana.
30. Organized a 3-day Hands-on Training Program as Organizing Secretary on “Cosmetic Procedures and Hair Restoration Management” from 4th -6th October 2023 at the Department of Amraze Jild wa Tazeeniyat, NIUM, Bengaluru.
31. Attended Two-days workshop as part of a Basic Course in Educational Methodology conducted by RGUHS, Karnataka in collaboration with NIUM, Bengaluru on 12 & 13th August 2024.
32. Attended physical workshop for framing of competency-based curriculum and syllabus for the Unani PG program at MCME Hyderabad, as coordinator of Amraze Jild wa Tazeeniyat organized by NCSIM, Ministry of AYUSH, Govt. of India held from 4th to 6th November 2024
33. Participated as a delegate in the National Conference on Interdisciplinary Approach to Amraze Dimagh wa A’sab on 7th December 2024 at NIUM, Bengaluru.

❖ **Invited lectures/ Resource Person:**

1. Participated as an expert and delivered an invited lecture on “**Effect of Nutool in Various diseases**” in Brainstorming session on regimental therapy on 14th October 2016, organized by CCRUM, New Delhi.
2. Participated as a resource person and delivered a lecture on “**Management of viral Fevers through Unani Medicine**” in the National Unani Day celebration organized by Integrated Medicine Practitioner’s Association, Maharashtra on 12th Feb 2017 at Alkesh Modi Auditorium, university campus, Santacruz, Mumbai.

3. Participated as a resource person and delivered a lecture on **“Unani Management of Liver Disorders”** in the National Unani Day celebration organized by Integrated Medicine Practitioner’s Association, Maharashtra on 10th Feb 2019 at Alkesh Modi Auditorium, university campus, Santacruz, Mumbai.
4. Participated as an expert and delivered an invited lecture on **“Asri tanazur mein ilaj bit Tadbeer ki ahmiyat ka tazjiyati mutala”** in the one-day national seminar, on 11, Feb 2019, organized by Islahi health care foundation, New Delhi at Darul Musaneefin, Shibli Academy, Azamgarh.
5. Participated as a resource person and delivered a lecture on **“Importance of Fasd in Unani Practice”** in the workshop on clinical application & practices of Ilaj bit-tadbeer sponsored by the national health mission, State Health Society, Govt. of Maharashtra, organized by Mohammadia Tibbia College, Malegaon, on 3rd December 2019.
6. Participated as a resource person and delivered a lecture on **“Management of skin Diseases through Unani Medicine”** in a one-day seminar on Hijamah & promotion of the Unani system of medicine, accredited & recognized by CCIM, Ministry of AYUSH, Govt. of India, on 15 Sept. 2019 at Akola, Maharashtra.
7. Participated as a resource person and delivered a lecture on **“Qooba and its management through Unani Medicine”** in a one-day seminar on Hijamah & promotion of the Unani system of medicine, accredited & recognized by CCIM, Ministry of AYUSH, Govt. of India, on 27 Oct. 2019 at Jalgaon, Maharashtra.
8. Delivered a Lecture as a resource person in a public awareness program on 04/12/2021 on the occasion of “Azadi Ka Amrit Mahotsav” at NIUM, Bengaluru.
9. Delivered a lecture as a resource person in CME, Moalajat on **“Pain management: Unani Perspective”** at State Unani Medical College and Hospital, Prayagraj on 13th May 2022.
10. Delivered lecture as a resource person in CME, Amraze Jild wa Tazeeniyat on **“Role of Unani Medicine in Treating Fungal Infection of Skin”** at State Unani Medical College and Hospital, Prayagraj on 26th May 2022.
11. Delivered lecture as a resource person in CME, Ain, Uzn, And, Halaq wa Asnan on **“Possible Role of Unani Medicine in management of Rhino-cerebral Mucormycosis”** at MTC, Malegaon, held on 5-10 December, 2022.
12. Delivered lecture as a resource person in CME, on the Topic **“Role of Ilaj Bit Tadbeer in the management of Skin Diseases and Cosmetic Dermatology”** at the

Department of Amraze Jild wa Zohrawiya, Aligarh Muslim University, Aligarh on 23rd January 2023.

13. Delivered lecture as a resource person in CME, on the Topic **“Leech Therapy in Skin and Cosmetology”** at the Department of Amraze Jild wa Zohrawiya, Aligarh Muslim University, Aligarh on 23rd January 2023.
14. Invited as a Resource Person to the international conference on scientific exploration and understanding of Tibbe Nabvi, at Mohammadia Tibbia College and Hospital, Malegaon on 11th & 12th December 2023.
15. Chaired a Scientific session at the National Conference on Scientific Writing for Unai Teachers at NIUM, Bengaluru on 21st September 2023.
16. Delivered a lecture as a resource person in the PG orientation program (Transformation to Proficient Scholar) organized by NIUM, Bengaluru from 14th -30th November 2024.

❖ **Foundation Courses:**

- Attended Two-days workshop as part of a Basic Course in Educational Methodology conducted by RGUHS, Karnataka in collaboration with NIUM, Bengaluru on 12 & 13th August 2024.
- Attended a Two-days workshop as part of a Basic Course in Educational Methodology conducted by RGUHS, Karnataka in collaboration with NIUM, Bengaluru on 12 & 13th August 2024.
- Completed the capacity building program on Science writing, research integrity & Publication Ethics for PG Guides at State Unani Medical College, & hakim Ahmed Husain Republic Day Memorial Hospital from 24/06/2024 to 26/06/2024 organized by NCISM.

❖ **Excellent Awards/ Achievements:**

- Received **“Excellent Performance Award”** in 2004 under the IDB Scholarship Program for Muslim Communities in Non–Member Countries held at the IDB Headquarters in Jeddah, Saudi Arabia, on 19-21 December 2004.
- Received **“Best Teacher Award”** on 15th April 2017, by Al-Jamia Mohammadia Al-Khairiah’s Mohammadia Tibbia College, Malegaon, in recognition of brilliant and high Standard teaching in final professional of BUMS.

- Received “Best Teacher Award” on 15th April 2017, by Al-Jamia Mohammadia Al-Khairiah’s Mohammadia Tibbia College, Malegaon, in recognition of brilliant and high-standard teaching in the third year of BUMS.
- Received certificate for most excellent participation and significant role in activities of Tibbe Nabvi research and development center, at Mohamadia Tibbia College, Malegaon on 19th Sep. 2016 by Al-Jamia Mohammadia Al-Khairiah’s Mohammadia Tibbia College, Malegaon.

❖ **Licensing:**

- Karnataka Ayurvedic and Unani Practitioners Board (Reg. No. 2896).
- National Commission for Indian System of Medicine Board of Ethics & Registration. (National reg. No. NR/UN/MH/0004465).

Dr. Mohd Arshad Jamal

Date:25/12/2024

Place: Bengaluru