



Dr. Iram Naaz

Assistant Professor

Department of Amraze Jild wa Tazeeniyat

National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bengaluru-91

Personal Details

Present Designation: Assistant Professor

Qualification: BUMS, MD (Unani Medicine)

Thrust Area: Dermatology and Cosmetology

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Date of Birth: 09/07/1987

Nationality: Indian

Religion: Islam

Registration Certificate number: 2899

Academic Qualification

Educational Qualification:

Examination passed	Year of passing	Board/ University	Division
MD Moalajat	2017	National Institute of Unani Medicine, RGUHS Bengaluru	First division
BUMS	2013	AMU Aligarh	First division

Professional Details (Teaching Experience UG and PG): Around 7 years of teaching experience to UG and PG. UG teaching experience from February 2018 to June 2021 and PG teaching Experience from June 2021 till present, in capacity of Assistant Professor. Besides teaching and patient care also supervised MD theses (03 completed and 02 undergoing)

Publication Details:

1. Mohd Shahid, Iram Naaz, Sabeeha Fatima, Tanzeel Ahmad, Menopause and its management in Unani system of medicine- An update, International journal of institutional Pharmacy and life sciences 6(4): July-August 2016
2. Mohd Shahid Iram Naaz, Mohd Khalid, Sabiha Fatima, M. A. Siddiqui, A Hope for post stroke disability and unani system of medicine: An overview, International journal of research in Ayurveda and pharmacy 7 (1): 27-30, 2016
3. Mohd Shahid Iram Naaz, Noor Zaheer Ahmad, Sabiha Fatima, M. A. Siddiqui: Efficacy of Multi Unani regimen in functional independence recovery of post stroke patients; A black-box design, Spatula DD 6(1):41, 2016
4. Iram Naaz, Mohd Shahid, Tanzeel Ahmad, Efficacy of Tukhme Suddab in the management of Salabat-e- Nabz- A Randomized single blind placebo controlled clinical trial, International journal of research in Ayurveda and pharmacy. 10(1): 49-54, 2019
5. Sana Hasan, Mohd Arshad Jamal, Iram Naaz, Mohd Aleemuddine Quamri, Diet in skin disorders: Unani medicine perspective, Journal of research in unani medicine NIUM, vol 9, issue1 2020
6. Mohd Arshad Jamal, Saba Khanum, Iram Naaz, Mohd Aleemuddine Quamri, Razi ki tahreeron mein zennate shar ka bayan, Jahane tib, CCRUM New Delhi 2021, 23(10-04) 71-81
7. Saba Khanum, Iram Naaz, Sumbul Nida, Effect of Oral and Local Unani Formulations in Chronic Leg Eczema: A Case Report International Journal of Research and Review Vol. 9; Issue: 10; October 2022
8. Sheema, Iram Naaz, Sidra, Holistic concept of Scabies and its management in unani medicine, Scholastic Journal of medical sciences, vol 1, issue 2- 2023
9. Iram Naaz, Mohd Shahid, Nasir Yousuf, Rare presentation of Ulcerative Lichen Planus (Bars-e- Aswad Quroohi)- A case study, Annals of Ayurvedic Medicine 12(2): 207-213, 2023

10. Iram Naaz Mohd Shahid **Holistic Unani Solutions for Sheeb Sha'ar (Premature Graying of Hair)** Journal of Research in Unani Medicine, 2020, 9 (2)

Published Books:

1. Mohammed Unwan, Mohd Shahid, Iram Naaz. The Textbook of Moalajat, vol. 1: Notion Press Edition; 2022
2. Mohd Shahid, Iram Naaz. Concise Book of Moalajat Vol.1: Notion Press Edition 2022

Attendance in conference/ workshop/seminar/oral presentations/webinar

1. Attended “Workshop on Research Methodology for Fundamental Principles in Unani Medicine” organised by the department of Kulliyat, National Institute of Unani Medicine, Bangalore, on 11th – 12th June 2015.
2. Attended “E-Workshop on DERMOSCOPY” organised by the department of Amraze Jild wa zohrawiya, Faculty of Unani medicine, Ajmal khan tibbiya college, Aligarh Muslim University, Aligarh, on 06th Dec 2020.
3. Attended a CME program on Data analysis using SPSS, organised by NIUM
4. National seminar on Gastroenterology Hepato billiary & Lifestyle disorders, 23-24 February
5. Speaker in the awareness program during Azadi ka Amrit Mahotasava, NIUM Bengaluru.
6. National webinar on Pharmacovigilance of ASU&H Drugs on 23 June 2021
7. National conference on scientific writing for Unani teachers organised by Department of Tahaffuzi wa samaji tib, NIUM Bengaluru on 20-21 September 2023
8. Capacity building program “Scientific Writing, Research Integrity,& publication ethic” organised exclusively for Post Graduate Guides conducted by National commission for Indian System of Medicine at NIUM Bengaluru.

Supervision of MD theses Submitted

- a. Efficacy of *Majoon Shahitra and Marhame Kafoor in Nar-e-Farsi Muzmin* (Chronic Eczema)
- b. A clinical study on comparative Efficacy of *Joshanda Haleela Siyah with Marhame Asfedaj and Marhame Hindi* in Palmoplantar Psoriasis
- c. A clinical study on comparative Efficacies of *Joshanda Haleela Siyah with Topical Zimads in Qooba*(Tinea Corporis)- A Randomized Single Blind Controlled Clinical Trial

Theses under supervision- ongoing

- a. A comparative study on the Efficacy of *Mtbookh-e- Haleela with local application of Zimad in comparison with Irsale alaq* in Stasis eczema.\
- b. Efficacy of *Ghaza Husne Afza* in comparison with Triple Compound Cream in Epidermal Melasma (*Kalaf*)- a split face Controlled Clinical Trial