



1. Photo
  2. **Name: Prof. WAJEEHA BEGUM**
  3. Designation: PROFESSOR
  4. **Qualification: BUMS. BAMS(INTEGRATED), MD.**
  5. Thrust area: RESEARCH AND ACADEMICS
  6. Address: No. 101 2nd main, 12th cross, Ranganath reGENCY, health lay out, Annapurneshwari nagar, Sriganada kaval Bangalore 560091.Karnataka India
  7. Mobile No.: 9972550185
  8. Email: [drwajeehanium@gmail.com](mailto:drwajeehanium@gmail.com)
  9. Date of Birth:20/05/1962
  10. Nationality: Indian
  11. Religion: Muslim
  12. Registration certificate No.:607, 1921.
  13. Passport No. J5675855
- Complete CV:

Slno.	Exam passed	Year of passing	University/board	percentage
1	<b>BUMS 607</b>	<b>1986</b>	<b>Bangalore University</b>	<b>1st</b>
2	<b>BAMS11/2yr . 1921</b>	<b>1988</b>	<b>Bangalore University</b>	<b>2<sup>nd</sup></b>
3	<b>MD</b>	<b>1994</b>	<b>NTC University of Vijayawada.</b>	<b>1<sup>st</sup></b>

#### 14. Professional details:

Designation of the post held &nature of appointment	Pay Scale/salary	Date of Joining/Leaving	Nature of duties performed	Designation of the post held &nature of appointment
Physician/ regular		7/8/1998/ 3/6/2003	New Dispensary established.	Physician/ regular

		5yrs 2months	Medical officer Worked teaching hospital	
Lecturer/ deputation		3/6/2003/ 7/9/2004 1yr 3months	Teaching /Moalijat/ Amraze Niswan wa Qabalt	Lecturer/ deputation
Lecturer/ direct		7/9/2004 23/3/12 7yrs 6months	Amraz Niswan wa Qabalat/departmenta l development work along with teaching and research work.	Lecturer/ direct
Reader		24/3/2012 23/3/2017 5yrs	Amraz Niswan wa Qabalat/departmenta l development work along with teaching and research work. HOD. Administration work	Reader
Professor		23/3/2017 To30/05/2022	Amraz Niswan wa Qabalat/departmenta l development work along with teaching and research work. HOD. Administration work M/I	Professor
Professor On contractual		18/7/2022 to till date	Amraz Niswan wa Qabalat/departmenta l development work OPD &IPD duties along with teaching and research work.	Professor

**15: Publications till date: 132**

1. Wajeaha Begum. Aleemuddin Quamri. Clinical trial & Management of warm e saddi (mastitis) with Unani formulation- Research paper. (JIM- Jan-March 2004. P.23-30
2. Zaheeruddin Qamri, Aleemuddin Quamri Wajeaha Begum Fahmeena Nooren. Role of Zaher Mohra, Dana Elaichi Khund, Pudina & Zanjbeel in Taqiya ul Hamal (Hyperemesis Gravidrum- )-A clinical study.(JIM vol4.no.1 April-june 2004)p.38-43.
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4. Wajeeha Begum. Aleemuddin Quamri .Intervention strategies of STDs and AID's / HIV in accordance with Unani system of medicine-An over view International journal of Unani medicine (DUNIYA-E-TIB.SEPT. 2005).20
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6. Aleemuddin Quamri , Wajeeha Begum.The clinical study of shaeeb-u-shaar (premature canities) with Unani system of Medicine (Cure All Journal of Unani Medicine- Oct - Dec. 2005).p.5-7
7. Wajeeha begum. Aleemuddin Quamri Labn aur uske fawayed(Jan-March-2006. Nawa e Tib).p.25-27
8. Wajeeha Begum. Aleemuddin Quamri . Qilatte e Labn aur uska Ilaj (july-sept.2006. Nawa e Tib).p.22-23
9. Wajeeha Begum. Aleemuddin Quamri Sartan e Saddi (oct-dec 2006 Nawa e Tib)p.21-22
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12. Wajeeha Begum Sailan ur Rehm (Nawa e tib –2008 Jan- march) vol17. P.25-26
13. Wajeeha Begum AMK.Sherwani .Primary dysmenorrhea (Usr tams ibtidai) in adolescence girls – unani prespective.( health update. Published by Ex- students association ZVM unani medical collage and hospital, pune). Vol. 4. Issue 1 .Feb 2008.p.19-21
14. Zaheeruddin Qamri, Aleemuddin Quamri Wajeeha Begum Fahmeena Nooren.Efficacy of Unani drugs in cases of Taqiya-ul Hamal (Hyperemesis Gravidarum). (Cure All Journal of Unani Medicine-Jan-March. 2007).p.11-13
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16. AN Ansari,AMK.Sherwani Wajeeha Begum . Khar e Khask – Khurd ,An Ideal anti-Ischaemic Unani drug. (National Medicos. A Quarterly Unani Medical Journal. Vol, 11 Issues! July 2008.)p.3-7
17. AN Ansari,AMK.Sherwani Wajeeha Begum . Tukhm e Kahu- an Ideal Unani Antihypertensive drug (National Medicos. A Quarterly Unani Medical Journal. Vol, 11, Issue2, October 2008.Mumbai.p.18-22
18. Wajeeha Begum, Anwer.M Firdose K.F.1, Primary Infertility due to PCOS- A case report (Indian Journal of Unani medicine –2010 vol 3 issue 2.109-112New Delhi.
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20. Wajeeha Begum. Diagnostic approach of Vaginitis and Cervicitis. Ahmed times .A unani integrated medical health magazine. Vol.12 Issue 10. Oct 2010.p.3-5
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sufaid (*Cuminum cyminum*) in Qillat-ul-laban (*Oligogalactia*) Research and Reviews: Journal of Unani, Siddha and Homeopathy (Online) 2017( 4)1.1-6

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88. Yasmeen Choudhary<sup>1</sup>, Tabassum.K<sup>2</sup>, Wajeeha Begum<sup>3</sup>. Therapeutic Effect of *Myrtus communis* Linn in Vaginal Infection: A single Blind- non randomized clinical Trial. *Asian pacific journal of biomedicine*.
89. Nasreen Aklaque, wajeeha Beum. Unani perspective of oligomenorrhoea: An updated literary research. *International journal of scientific research*.oct 2020.ISSN no. 2277-8179.IP:5.711,ugc Sr.No.49217. MCI appoved journal.indexedmedicus,pubmed,Indian citation index.
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101. Zainab Zubair, Ismath Shameem, Wajeeha Begum. Effect of Sharbate Afsanteen in polycystic ovarian disease-An open observational study. *International journal of public health*.
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106. Yasmeen Choudhary<sup>1</sup>, Tabassum.K<sup>2</sup>, Wajeeha Begum<sup>3</sup>. Therapeutic Effect of *Myrtus communis* Linn in Vaginal Infection: A single Blind- non randomized clinical Trial. *Asian pacific journal of biomedicine*.

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111. Sumaiya et al.Medicinal Properties, Phytochemistry and Pharmacology of *Aristolochia Rotunda* Linn: A Potent Unani Drug. *Indo American Journal of Pharmaceutical Research*.2022;12(03):1-7 DOI: 10.5281/zenodo.6405578
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114. Sumaiya S, Begum W. Qust ( *Saussurea Lappa* C B Clarke): a review.IJARIIT.2022;8(1):194-199
115. Najeeb G, Begum W, Sumaiya S, Qurş-i-Shibb: A review on polyherbal Unani formulation in the management of Kathrat-i-Ṭamth (HMB), *Journal of Drug Delivery and Therapeutics*. 2022;12(1-s):180-185 DOI <https://doi.org/10.22270/jddt.v12i1-S.5332>
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121. Jabeen F, Begum W. Therapeutic uses of Khaksi (*Sisymbrium irio*) in Unani System of Medicine-A Review.JETIR.2023 May;10(5):k352-358
122. Bano S, Begum W, Sumaiya S. Effect of Saleekha and Majeeth in Polycystic Ovarian Disease: An Open Observational Study. Pharmacognosy Research. 2023;15(1):168-175 DOI:10.5530/097484900240
123. Basri R, Begum W, Ansari MZ. Therapeutic Effect of a Polyherbal Unani Formulation in Sayalan Al-Rahim (Abnormal Vaginal Discharge) - A Clinical Study. Int. J. Pharm. Sci. Drug Res. 2023;15(1):50-56. DOI: 10.25004/IJPSDR.2023.150108
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125. Naaz A, Wani GN, Begum W, Fathima S, Therapeutic potential of Nankhawah/Ajwain (*Tracyspermum ammi* Linn): A comprehensive review article, Journal of Drug Delivery and Therapeutics. 2024; 14(3):164-179 DOI: <http://dx.doi.org/10.22270/jddt.v14i3.6479>
126. Wani GN, Naaz A, Begum W, Fathima S, Unani perspective of Saffron (*Crocus sativus* Linn.) beyond a spice, Journal of Drug Delivery and Therapeutics. 2024; 14(3):147-153 DOI: <http://dx.doi.org/10.22270/jddt.v14i3.6466>
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128. Naaz et al. A panoramic review on *Acorus calamus* / waj turki, its ancestral use and more. Internat ional Journal of Appllied Research 2024; 10(4) : 191-196 DOI: <https://doi.org/10.22271/allresearch.2024.v10.i4c.11684>
129. Naaz, A, Begum, W, Wani, GN. Effect of Unani Formulations in the Management of Unexplained Primary Infertility- A Case Report. International Journal of AYUSH Case Reports. 2024 March ; 8(1): 62-71.
130. Naaz A. Effect of unani formulation in PCOS: A case report.CellMed.2024;14(2):1-4.
131. 122.Sayeda Sumaiya, Wajeaha Begum.Shabnam Bano,Nazim Hussain. Comparative efficacy of *Aristolochia rotunda* L.(Zarawand madharaj) and *Saussurea Lappa* C.B.Clarke(Qust) in Primary Dysmenorrhoea-A Single Blind Randomized Clinical Study. Altern Ther Health Med.2024Aug9:At10638.PMID:39110054.National Library of Medicine.
132. Fatima Jabeen, Wajeaha Begum. Efficacy of unani formulation in Pelvic Inflammatory Disease(Waram-al-Rahim)- A Randomized Standard control study. Journal of Research in Unani Medicine, 2020. July-Dec, 9 (2). 9-17. ISSN 2320 – 8015.

### **16:Published Abstracts:90**

As Co-author papers presented in National and International Conferences and seminars-78

1. Geriatrics and Unani system of medicine.

2. Management of geriatric disease with Unani system of medicine. A psychological perspective.
3. Anti stress practice of Unani system of medicine.
4. Case illustration of management of premature ejaculation.
5. Management of irritable bowel syndrome with Unani system of medicine.
6. Six essentials of life and Carcinoma prevention.
7. AID's awareness how far present media campaign is helpful.
8. Role of diet in prevention of coronary artery disease.
9. Preventive and medicinal use of ginger-a review.
10. Mental health issues in women and in association with gynecological problems.
11. Management of secondary infections in AID's patients with special references to the basic principles of Unani medicines.
12. Diet therapy in prevention and management of anemia.
13. Management of common diseases with Unani drugs at primary health level.
14. Geriatric gynecology in the light of Unani medicine.
15. Role of Anjeer in iron deficiency anemia during pregnancy
16. Role of temperament in determination of constitution and behavior- A perspective review.
17. Management of cervical erosion with cauterization.
18. Nutrition during pregnancy and lactation.
19. Anti oxidant drugs of Unani System of medicine with reference of Drugs which preserves and activate Rutubat e Gharizia (vital fluid)
20. Osteoporosis in menopausal women and its management
21. Uterine prolapse and its management with Unani drugs
22. Etiology evaluation and management of habitual abortion

23. Management of male infertility and endocrine dysfunction with Unani medicine.
24. Concept of embryology in Tibb e Unani
25. Humoral theory and food culture- A review.
26. Role of Unani medicine in acute illness- An review.
27. Unani remedy of Qillate labn (Oligogalactacia)
28. Management of pregnancy induced iron deficiency anemia in Unani system of medicine.
29. Role of India in protection of traditional medicine
30. Intellectual property rights issues and WIPO.
31. Rural health practice in Velgode village of Kurnool dist
32. Manipulation therapies of Unani medicine and Hijamat.
33. Unani remedies for morning sickness.
34. Unani herbs used for gynecological disorders
35. Unani drugs used in Dysmenorrhoea for the rural people.
36. Works of Ibn Sena (Avicenna)-A review.
37. Gestational diabetes & diet.
38. Nutrition during pregnancy and lactation
39. Role of Nutrition in strengthening immunity
40. Diet for Menopausal Women
41. Dietary regimen for old age people in Unani Medicine
42. Principles of case study and therapies of Unani Medicine.
43. Importance on post natal care.
44. Geriatric gynecology and its management.
45. Ilaj Bil Tadbeer in Amraz e Niswan.
46. A need of field trials in Tahaffuzi wa Samaji Tibb of Unani medicine – a review.

47. Effect of Ashoka on Womens Health.
48. clinical trial for the management of puberty menorrhagia with ashoka bark (saraca indica)
49. role of immuno modulators in the prevention of AIDS.
50. Al – Razi Imame Tib
51. Diet for Menopausal Women
52. Role of Unani System of Medicine in Obesity
53. Avicena’s contribution in Amraze Niswan wa Qabalat with special Reference to manae Hamall (Contraception)
54. role of women in family Health
55. Role of Immunomodulators in the prevention of AIDs.
56. Need of contraception in Developing Countries- A scientific Review
57. Cervicitis (Iltehabe Unqur Rehm) and its Management – A Review
58. Efficacy of Unani formulation in the treatment of Bacterial Vaginosis- A clinical Trial.
59. Menorrhagia (kasrat Tams) and its Management with Unani Medicine- A review
60. Evidence Based approach – effect of Unani drugs on Uterus
61. Recent advances in the Management of Tassamum Dame Hamal (Toxemia of pregnancy) and its Unani perspective
62. Iltehabe Unqur Rehm (Cervicitis) and its Management – A Review
63. Effect of Unani System of Medicine in Sooul Quinya Bawajahe Quillate Foulad (Iron deficiency anaemia) during pregnancy- A clinical study.
64. Prevention of Breast cancer – Unani perspective
65. Importance of Breast feeding
66. Management of Quillat Tams (Oligomenorrhoea)- Unani perspective

67. Assisted Reproductive Techniques – A Myth or Reality
68. Gonorrhoea – in the past and present.
69. Iron deficiency anaemia during pregnancy
70. Menopausal syndrome - An enigma worldwide and its management An Unani perspective.
71. Post partum Exercise – A typical Regimen.
72. Pelvic organ prolapsed – A systemic review with Unani perspective.
73. Phyto- oestrogens in the management of menopause.
74. Pcos and its management with Unani drugs a review
75. Role of Unani drugs in perimenopausal vasomotor symptoms A review
76. Concept of mizaj in female reproductive health-A review
77. Sue mizaj rehm- its manifestation and management – A review
78. Treatment of uterine leiomyoma with noushader(unani drug):A Single blind randomized placebo controlled study
79. Role of fasd(venesection) in gynecological disorders. A review
80. Mechanism of action of Hijamah therapy in future haiz; A review
81. Unani concept of Iron deficiency anemia in women of reproductive age and its management: A Review. Dr. Nagesha CS -
82. Primary Dysmenorrhoea And Its Management- Dr.Nayab Anjum-
83. Unani management of uterine fibroid-Case report- Dr. Misbah Nayeem-
84. Oligomenorrhoea and its unani management –Dr. Fazly Shakoor-
85. Treatment of endometriosis with unani formulations: A case Report
86. Unani modalities in the management of uterine fibroid: a case report.
87. Role of unani herbal medicine in the management of cervical erosion.

88. Role of Ilajbil tadbeer in the management of PCOD: An emerging women health challenge.

89. Unani concept of nausea and vomiting during pregnancy and its management- A review

90. Uterine prolapsed in unani system of medicine.

#### **16: Conferences Attended & Presented Papers:69**

1. Role of Unani system of medicine in Warne saddi (National conference of Unani Medicine Bangalore.12th and 13th July 1997.

2. Psychological problems associated with Gynecological problems. 4th National conference of academy of Psychologists ( SV University Tirupathi 4th to 5th Feb,2005

3. The Efficacy of Unani Formulation in Warm saddi Hadd (Acute Mastitis). (Inter National Conference in Unani Medicine CCRUM New Delhi 8th -11th Feb 2005.)

4. Efficacy of Unani Formulation in Acute Mastitis. (8th to 11th Feb, 2005 International Conference organized by CCRUM New Delhi).

5. Sexually transmitted Diseases and AIDS Prevention. (International seminar on hygiene & Environment. (International Seminar on Hifzan Sehat & Maholiyath 29&30th March 2005.)

6. Role of Unani system of medicine in Menopausal syndrome. (All India Unani Tibbi Conference. Hyderabad (29th to 31st July, 2005).

7. Maintenance of health and prevention of illness in women of different age groups with some Unani concepts and their significant.(national seminar on kulliyat- Aligarh, Dec 3rd & 4th 2005)

8. Hyper Emesis Gravidarum-A case report (research paper) (National seminar on AYUSH. Nanded, Maharastra state. 9th & 10th Sept. 2006)



9. Holistic Dimensions in women's health- Unani perspective (Indian social science Congress. Aligappa University TN.27-31 2006)
10. Maintaining Good Medical practices (Niamath science Academy, National Seminar.6th Jan 2007).
11. Role of Unani system of medicine during pregnancy and lactation. (National conference on Unani System of Medicine - Pune. Jan 23rd 2006.
12. Maintaining Good Medical Practices (National Seminar on Traditional Medicine, Chennai 6th Jan 2007)All India Unani tibbi conference, Tamil Nada chapter (as Delegate) on 21st Jan 2007.
13. Maternal Nutrition during Pregnancy and Lactation-Unani perspective. National Seminar on Nutrition in Health and Disease at Aligarh 15th March 2007).
14. Role of Unani Medicine in Premenstrual Syndrome.(All India Unani Tibbi Congress Maharashtra state 18th March 2007)
15. Role of Unani Medicine in Premenstrual Syndrome.(All India Unani Tibbi Congress Maharashtra state 18th March 2007)
16. Maternal nutrition during pregnancy and lactation-Unani perspective(national seminar on nutrition in Health & Disease 15th march 2007 AMU Aligarh).
17. Ustr Tams Ibtidai and its Management in Adolescents-A Review (international conference on Research Advances in Traditional Medicine 30-31st oct. 2007. jamia Hamdard New Delhi.)
18. Efficacy of locally applied Munaqqa paste (Vitis Vinifera) in the management of Warm Saddi (Acute Mastitis) with associated conditions-A case serial study(International Conference on Holistic Approach of Unani Medicine in Life style Diseases.5-7th nov.2007 AMU Aligarh)

19. Role of current Unani Medicine in the Health of Adolescent girls(All India Unani Tibbi Conference.28-30th August 2007 Hamdard Manzil New Delhi)
20. Ayur practice made easy (Agnivesha Ayur Anushtana-16th Dec. 2007. Bangalore –as chair person)
21. Role of Unani medicine in usre tams ibtidai (Primary Dysmenorrhoea)-A case serial study (xxxl Indian social science Congress 27-31 Dec2007-Mumbai.
22. Unani medicine in contraception and its importance-An over view National conference on Indian Medicine.-AMU- Aligarh-6-7 of April . 2008 Role of Unani System of Medicine in Obesity of women.
23. scientific seminar on sub-fertility (male and female) on 26 - 4 – 2008 at Bharatiya Vidya Bhavan, Bangalore.
24. -Clinical evaluation of Menopausal Syndrome and its Management with Unani Formulation – A Clinical Study (Global ayurveda conference & health expo 9. 10, & 11 january 2009.Bharati Vidyapeeth University, Pune.
25. Impotance of Riyazat (exercise) during pregnancy – Unani perspective(Women’s Medicon – National seminar on Amraz e Niswan. 19th & 20th Dec. 2008.)AMU Aligarh.
26. Diagnosis and prevention of uterine cancer (Sartane Rehm). National Conference on recent advances in reproductive and child health. RCH Pharma Med 2009 with CCRUM New Delhi Jamia Hamdard.; 17th-18th April 2009.
27. unani compign2010 skin care in unani system of medicine at bmc on 15 &16 feb2010 bangalore (as delegate)
28. Marze akyas khusyatur rehm (PCOD) and it management – A case report. Indian Academy of Social Sciences, Allahbad; at Hyderabad, Ambedkar Open University from 10th -14th march 2010.

29. .Adolescence DUB and its Management – A Unani Perspective, Herbosem 2010; at NTC and hospital, Charminar, Hyderabad on 11th & 12th march 2010.
30. Salae Reham (Uterine Fibroid )And Its Management. Unani Tibbi congress, NTC and hospital, Charminar, Hyderabad. Jan. 2010
31. Marze tehrizi haizi (PID) and its management in Unani system of medicine. National Conference on Unani Medicine – at Nagpure held on 16th jan 2011.
32. National conference on Unani Medicine –at Lucnow march 12th and 13th 2011- Uqr(Infertility) and its managmrnt in Unani system of medicine.
33. National seminar on maternal and child Health- at Aligarh 12&13th march2011. Geriatric problems in females –Unani perspective
34. Effect of Unani formulations in the management of Primary Infertility with polycystic ovarian syndrome - A case report-unicon international conference in Unani system of medicine 2011 feb 12 13 – Aligarh.
35. International conference on emergencies in obstetrics at Bangalore on 29-31-2011.by FOGSI & BOSG
36. ‘Management of Sailanur Rehm’ - Unani preview Unani Tibbi Congress AP 21-22 Dec 2012 at Hyderabad.
37. Mangment of PID in the context of Tib Nabvi on 17th feb 2013 in seminar on Health and Tib Nabvi . at Hyderabad.
38. Managing Polycystic Ovarian Disease with unani concept-on 24th Feb. 2013 a conference at Mesco college of pharmacy. Hyderabad.
39. Attended International conference on Global Health future with Integrated medicine. At Hotel Mariette Bangalore from 13-15 Nov. 2013.
40. Paper presentation title “Efficacy of Withania somnifera Dunn. In the management of post menopausal syndrome” by coauthor at 1st International conference in Ayurvedic

siddha Unani and traditional medicine on Natural solution for Health challenges. At Colombo ,Rajagria Srilanka. 9-11Dec.2013.Wajeeha begum, Fathima Banu, Rumaiza Jahufer.

41. Presented paper by coauthor titled Hakeem Ajmal Khan and Zanana Tibbi School at one day national seminar on Maseehul mulk Hk. Ajmal Khan on his life and contribution on 28th Dec 2013 organized by All India Unani Tibbi Conference AP. Hyderabad.
42. Attended a Annual conference conducted by BSOG in Bangalore on 13 and 14 Sept. 2014 at St. Jhon's medical college Auditorium.
43. National Annual conference of ISOPARB and BSOG on Fetal Origin Of Adult Disease & Reproductive Health on 14&15 march2015. At capital hotel Bangalore as delegate.
44. Paper presentation by coauthor at seminar conducted by CCRUM at Srinagar J&K on 12 /5/15 title "Polycystic ovarian syndrome and wet cupping-A case report.
45. Paper presentation inWYAC-15 on 18-21june at Nampally Hyderabad titled Efficacy of Majoone Najah in the Management of Postmenopausal Syndrome –A randomized standard controlled study
46. Paper presentation in International conference neurosem at Hyderabad on 20-22 Aug15 title: Stress urinary incontinence in the light of Unani medicine: A case report(by coauthor)
47. Paper presentation by coauthor State Takmeel-ut-Tib and Hospital Lucknow. Seminar on Research methodology in Ilaj Bit-Tadbeer Title" Effect of Hijamah in combination with Unani formulation in ehtebaase tams: A case report.on 10th&11th oct2015
48. Attended a conference of BSOG Gnanaversha 2015 on 12&13 Dec 2015 ar NIMHANS convention center Bengaluru.
49. Attended NIMACON conference on 9&10 Jan 2016 at Bengaluru.

50. Attended conference on Diabetes at Hotel taj vivanta at bengaluru on 10thjan 2016.
51. Paper presents by coauthor in 2nd world Unani League-2016 at Hyderabad on 10/11/12 Feb 2016 By UMA seminar titled” Effect of Hijamah in combination with unani formulation in PCO- A case report.
52. Attended global wellness meet-2016 at Bengaluru from 26-28 Feb2016 and presented a paper titled “efficacy of Sharbate Anjbar in Kasrate Tams-A Randomized standard controlled study.
53. Paper presented “Effect of Unani medicine in PCOD” in National unani conference &Herbal mela by KUWF&GovT of Karnataka at Freedom park Bengaluru held on May7&8 - 2015.
54. Attended National unani medicine conference & Herbal mela 8th May2016 at freedom park Bengaluru.
55. Attended and presented the paper in ICUM-NIUM Bengaluru.Effect of unani medicine in reproductive health: An evidence based review.from 25-27 Oct 2016.
56. Attended BSOG conference Gnanaversha on 10th and 11th Dec 2016 at St. Johns Auditorium Bengaluru.
57. Presented paper on PCOS A Unani prospective in national conference in ynani medicine at GNTC Hyderabad on 30th &31st Jan 2017.
58. Dr. Wajeaha Begum presented paper in National unani conference at NTC-RI Hyderabad on 6th &7th Feb 2017.
59. Dr. Wajeaha Begum presented paper titeled “efficacy of Tukhme khurfa (Portulacea Oleracea L. in Istehaza-A clinical study.in International conference on conglomeration of Health Traditions in Bharatvarsha-Jignasa-18. At Bengaluru National Arogya Fair on 6-9/12/18.

60. Presented a paper entitled “efficacy of darchini in PCOD- A clinical study in National seminar on Unani Medicine (NCD) at All India Tibbi Congress on 28&29 Dec 2018. at Hyderabad.
61. Dr. Wajeeha Begum deputed to Conference conducted by AICOG at Bengaluru on 10/1/19-12/1/19.
62. Prof. Wajeeha Begum presented a Paper in Unani Utasav 10/11 Feb 2019 at Bengaluru organized by AYUSH Govt of Karnataka.
63. Effect of Unani medicine in Marze Akyas khuyatur rehm a life style disorder. An overview-23/24 Feb 2019. National seminar on gastro enterology and hepato biliary and life style disorders. At Kurnool at dr. Abdul haq unani medical college and hospital. Ap.
64. Prof. Wajeeha Begum attended and presented the paper title “effect of unani medicine in PCOS. An evidenced based review. On 16&17/12/2019 in seminar on prevention and control of non-communicable diseases.at NIUM Bengaluru.
65. Prof. Wajeeha Begum and Kouser Fathima firdose attended current concept conference at Sparsh hospital on 9th & 10th Nov. 2019. at Bengaluru.
66. Prof. Wajeeha Begum attended and presented the paper title “effect of unani medicine in PCOS. An evidenced based review. On 16&17/12/2019 in seminar on prevention and control of non-communicable diseases.at NIUM Bengaluru.
67. Prof. wajeeha Begum attended one day seminar on Medical astrology on 8/1/20 at NIUM Bengaluru
68. Prof. Wajeeha Begum presented paper title” Effect of Mazu in uterovaginal prolapse An RCT, in 43 social science conference at Bengaluru on 17/1/20-21/1/20
69. Dr. wajeeha Begum participated in the First International online conference on Integrative Medicine and clinical practice; with the subject of Integrative medicine and COVID-19, held on May30, 2020.

### 17: Training programs, Workshop,CMEs

<b>V: Training</b>			
<b>S.no</b>	<b>Program</b>	<b>Duratio n</b>	<b>Organized by</b>
1.	Leprosy training for modified leprosy elimination campaign –II	28-30 <sup>th</sup> Oct 1999	Leprosy training center, Bangalore
2.	Modular Training in Revised National Tuberculosis control programme	17th –21st Jan. 2000	Karnataka state tuberculosis association Bangalore
3.	Administrative training.	18 –29 Dec2001	DTI Bangalore zone
4.	Orientation training program in tuberculosis health education	28th Sept. 2002	Hotle Hosalya.Karnataka state tuberculosis association Bangalore
5.	AID's training program	21 <sup>st</sup> &22 May 2005	Regional resource training center. Bangalore Medical college. Bangalore
6.	IUCD insertion training program	26 <sup>th</sup> & 27 <sup>th</sup> June 2006.	Bengalore medical collegeVanivilas hospital, Bangalore.
7.	Dots Training Program	2006.	NIUM
8.	Research methodology and biostatistics	2009DE C	NIOAH KORMANGALA BANGALORE
9.	NABH program on accreditation of hospital management .	28 <sup>th</sup> august 2010.	NIUM
10.	Financial and administrative skills On training technology	5-9 <sup>th</sup> nov.2012	National Institute of H&FW AYUSH New Delhi.
11.	Workshop on “polio eradication update” Acute Flaccid Paralysis & Measles Surveillance .	10 <sup>th</sup> January 2113	Dr BP Subramanya- Surveillance Medical Officer.
12.	Attended 2 day workshop on “Research	8 <sup>th</sup> & 9 <sup>th</sup> Dec	Dept of Moalijat at NIUM

	Methodology “organized .	2012	
13.	Attended ROTP’s, Workshops organized by various departments at,		NIUM Bangalore
14.	Attended 15 days training programme in Regimental Therapy	19 <sup>th</sup> Nov -3 <sup>rd</sup> Dec 2012.	conducted by Dept of Regimental Therapy at NIUM sponsored by Dept of AYUSH of Karnataka from
15.	Attended 2 day workshop on “Diagnosis and Management of Liver Diseases in Unani Medicine”	30 <sup>th</sup> & 31 <sup>st</sup> March 2007	at NIUM, Bangalore, held on.
16.	Attended training program on power of positive attitude, problem solving and decision making on	10 <sup>th</sup> Sept. 2013	NIUM
17.	Attended 108 operation awareness and citizen centric and beneficiary program	25/1/19	GVK emergency management institute Bengaluru.
18.	Attended Research methodology and legal issues .	3/2/19.	Shifa Hospital &RC Bengaluru
19.	Attended a program organized by on Medical emergency workshop	10/2/19	Columbia Hospital
20.	Yoga day celebration program conducted by on.	21/6/19	NIUM
21.	Training program on emotional intelligence at workplace for scientist and technologist from	23-27. 2019	Madhapur Hyderabad.
22.	attended one day training programm on BLS and CPR	22/2/20	NIUM Bengaluru
23.	ICU Care and	16 May	online



	Ventilation Management -10	2020	
24.	Psychological care of patients with COVID-19 -11	15 May 2020.	online
25.	Clinical Management - COVID-19 -12	14 May 2020.	online
26.	Quarantine and Isolation -13	12 May 2020.	online
27.	Infection Prevention and Control -14	06 May 2020	online
28.	Basics of COVID-19 -15	11 May 2020	online
29.	Pregnancy and COVID-19-16	06 May 2020.	online
30.	Standardization of Herbal products (webinar)	6 <sup>th</sup> July 2020	Online by Vivek college og of Technical education Bijnur
31.	Evidence based unani practice in Obstetrics and Gynecology	19/7/2020	Webinar by Markaz Unani medical college and hospital
32.	Ayush regulation and Herbal Analytical testing(webinar)	24 <sup>th</sup> Aug 2020	Online by perkin Elmer
33.	SWACHCHATA PAKWADA	12/3/2020	nium
34.	UP fights against covid-19: Clinical experience sharing	28/11/2020	Online by MLH
35.	Inter disciplinary CME ON AWARENESS OF SEHAT ATFAL ON	4/4/2022	NIUM
36.	Unveiling role of Ilaj bil ghida (unani dietetics) in Metabolic Syndrome in women	12/6/2024	OBG Dept.NIUM
37.	seminar on Aneasthesia in Obstetrics and labor	19 <sup>th</sup> June 2024	Hybrid at NIUM by Dr. Swaroop

	room protocols		
<b>Workshops</b>			
1.	Sexually Transmitting Infections issues in AID's / HIV Prevention at regional resource training center Bangalore, -7	21 <sup>st</sup> & 22 <sup>nd</sup> May 2005	<b>Regional resource training center. Bangalore Medical college.</b> Conducted at Vanivilas Hospital. BMC Bengaluru
2.	Back to Unani and Regimental Therapy.	24 <sup>th</sup> & 25 <sup>th</sup> Dec. 2005)	Calicut Unani Hospital and research center (Hermas pharmacy )Calicut
3.	One day up to date work shop on Sexual and reproductive health on -8	18 <sup>th</sup> Dec-2005.	Fulfilling people Aspiration (FPA) India Bengaluru branch. Bangalore
4.	Diagnosis and management of liver Diseases in Unani Medicine-1	30-31 March 2007)	NIUM Bangalore
5.	Work shop on Rheumatoid Arthritis -4	(27-28 Aug. 2007.)	CCRUM New Delhi
6.	National work shop in Research Methodology and scientific Publication .-2	4 <sup>th</sup> & 5 <sup>th</sup> June 2008.	JNTata Auditorium Bangalore By Indian academy of oral medicine and radiology.
7.	Work shop on rheumatology	12 <sup>th</sup> Dec 2010	(Bangalore-API BHAVAN)
8.	One day workshop on multispecialty emergency care	22-5-11.	Api bhavan Bangalore by fortis group of specialists
9.	Work shop on emergencies in Obstetrics	29 <sup>th</sup> July 2011	hotel Taj Bangalore.
10.	Attended one day Seminar on "Clinical Anatomy"	15 <sup>th</sup> Decemb er 2012	Govt Unani medical college at Basveshwanager under NRHM
11.	Work shop on rheumatology update	16 <sup>th</sup> dec 2012	(Bangalore-API BHAVAN)

12.	Workshop on Nusqa Navesi -3  2 certificate	Nov 16 2013	NIUM by Dept of Molijat.on
13.	Workshop on research Methodology in Unani medicine	15& 16 feb 2014	NIUM by Dept of Molijat.
14.	Workshop on Recent developments in Dawasazi	3&4 march 2014	NIUM by Saidala dept.
15.	Work shop on Hijama conducted	29/3/15	KAUB DIRECTOR for Ayush Bangalore on at GUMC
16.	Attended work shop, Reg Question bank of MCQs from	14/5/15 to 16/5/15	at commission office Chennai
17.	Attended a Work shop on research methodology for fundamental principles in Unani medicine .-4	11&12 June 2015	NIUM Bengaluru
18.	Attended and presented a presentation titled "reforms in unani medical education in pre workshop	6/8/15by CCIM	NIUM Bengaluru
19.	attended I day CME &Workshop On Pelvic floor Dysfunction on	12 <sup>th</sup> Feb 2017	at people tree Hospital Bengaluru , conducted by IMA
20.	Unani treatment in present scenario-5	8 <sup>th</sup> oct 2017	KUWF Hotel Shangrila Bengaluru.
21.	Participation in the exhibition organized in view of Unani day	12/2/19	by NIUM
22.	Member organizing committee.	Nov.201 9	NCDsConference in nium
23.	medical emergencies -6	19/1/20	<b>Columbia Asia Bengaluru</b>

	Unani Medicine for public health	7/3/2023	Workshop on Unani day
25.	1 day work shop in Gynae-cytopathology	2/12/2023	Dept of OBG NIUM
26.	Eworkshop on dermoscopy	6 <sup>th</sup> Dec 2020	AKTC AMU
<b>CMEs:</b>			
regular two in a month at NIMA, Ramaiah Hospital, Wockhardt Hospital ,Shifa hospital			
1.	Attended one day CME program on Amraze Jild wa Tanziyat on	26/8/12	<b>BMC by GUMC</b>
2.	“Modern medicine”	25/10/09	shifa Hospital
3.	“Law and the Doctor”	19 <sup>th</sup> March 2006)	(Shifa Institute of Post Graduates Medical Sciences Bangalore
4.	Conducted one day CME program on current scenario in Obstetric care and unani medicine on.	23/9/14	<b>Dept. of OBG NIUM</b>
5.	Attended the guest lecture on surgery in unani system-Historical review.	5/11/14	<b>By KUWF</b>
6.	Conducted 6 days CME/OTP from at for teachers.	1-6 dec 2014	NIUM auditorium
7.	Conducting guest lecturers regularly in the dept.		<b>Dept. of OBG NIUM</b>
8.	Attended CME programme on Family Medicine –Look Down, Not Up.	1 <sup>st</sup> Feb2015	Shifa Institute of Post Graduate medical sciences &Hospital Bangalore.
9.	Attended One day CME by on recurrent pregnancy loss.	24/5/15	BSOG at Ramaiya Hospital Bangalore

	organized <b>one day CME</b> on <b>“Menstrual Disorders”</b>	on 22/12/16	OBG Dept NIUM
11.	CME at on	21/5/17	spursh
12.	Medical CME program conducted on	8/10/17	by KUWF. Colombatia Hospital
13.	Management of PCOD	<b>21/8/18</b>	<b>Le meridian-</b>
14.	Diabetes Melitus	19/11/17	KUWFT at lalith Ashok
15.	Neurological disorders in pregnancy at on	25/2/18.	NIMHANS
16.	Neurological problems and management	25/2/18	Hotel Atria, KRIMPA
17.	CME by on Hypertension.	22/4/18	KUWF hotel LUTIs cunninggham road Bengaluru
18.	CME attended on Management of PCOD.	21/8/18	Le meridian
19.	CME on pharmaco vigilance of unani drugs on at	15&16 Jan 2019	NIUM Bengaluru.
20.	I day CME program in view of Unani day on	14/2/19.	NIUM Bengaluru
21.	“Research methodology and protocol writing	28/119	shifa Hospital
22.	Attended on minimal assess surgery- Coloproctology dated	10/3/19.	<b>KRIMPA</b>
23.	attended CME in view of Unani day on. at Bengaluru.	14/3/19	GUMC Director of Ayush. Karnataka
24.	CME at on cancer management.	30/06/19	Hotel shingrela Bengaluru by KUWF
25.	BASICS OF EMERGENCY AND CRITICAL CARE	30/7/19	shifa Hospital Bengaluru
26.	attended one day CME on in view of Unani day.	13/3/20	at NIUM

	CME and Lecture series at	4-6 March 2022	Nehru Center Halls Worli Mumbai .
28.	Interdisciplinary CME in contemporary view on unani Diabetic complications and their management	on 3/9/2022	NIUM & collaboration with NU Hospital
	<b>Reorientation training programme</b>		
1.	Reorientation programme in the subject kulliyat-e tibb.	12 <sup>th</sup> to 16 <sup>th</sup> August 2002	Govt. Unani Medical Bangalore
2.	Reorientation programme at	20 <sup>th</sup> April- 25 <sup>th</sup> April 2009	Ajmal khan Tibbi College AMU .
3.	Reorientation programme at; to 3rd Aug 2010.	29th July -3 <sup>rd</sup> August 2010	Nizamia Tibbia College Charminar Hyderabad
4.	Attended a training program on administration and financial skill.	from 5-9 <sup>th</sup> Nov. 2012.	Organized by AYUSH at Delhi
5.	Dr. Wajeeha Begum attended orientation program at for public health awareness on	14/10/17	KIMS Bengaluru
6.	Yoga day celebration program	21/6/19	NIUM

### 17. Webinars-2020-2022

1. Wajeeha Begum has successfully completed the training ICU Care and Ventilation Management on 16 May 2020.
2. Wajeeha Begum has successfully completed the training Psychological care of patients with COVID-19 on 15 May 2020.
3. Wajeeha Begum has successfully completed the training Clinical Management - COVID-19 on 14 May 2020.

4. Wajeeha Begum has successfully completed the training Quarantine and Isolation on 12 May 2020.
5. Wajeeha Begum has successfully completed the training Infection Prevention and Control on 06 May 2020
6. Wajeeha Begum has successfully completed the training Basics of COVID-19 on 11 May 2020.
7. Wajeeha Begum has successfully completed the training Pregnancy and COVID-19 on 06 May 2020.
8. SUMER, JH org a webinar on panel discussion on post 19 COVID era- a challenge on imparting Unani education & training. on 3rd June 2020.
9. M/O AYUSH org webinar on Ayush Sanjivani App on 4th June 2020.
10. SUMER, JH org a webinar on Possibilities Explored in The Management of Covid-19 on 8th June 2020.
11. AMU Aligarh organized a Webinar on COVID 19 on 12th June 2020.
12. SUMER, JH org a webinar on Ilmul Qabalat wa Amraze Niswan on 25/6/2020
13. Jaypee publishers organized webinar on COVID 19 in pregnancy on 18th June 2020
14. International webinar on Meditation for Healthy and Happy Life on 27th June 2020 organized by SPER Women Forum.
15. Institute of Indigenous Medicine, University of Colombo organized an International webinar on Strength of Ayurveda, Unani And Traditional Medicine in Covid 19 Management on 28th June.
16. Doctors for Humanity, Karnataka. organised webinar on Covid 19 Pandemic, Islamic and Medical Perspective on 28th June 2020.
17. Unani society of NIMA organized webinar on Prevention and Management of Covid 19 Through Unani Medicine on 29th June 2020.
18. HSSC organized webinar on Role of Ayush Unani in Preventing Covid with Self Care Measures on 3rd July 2020.
19. Vivek college of technical education, Bijnoor, UP organized a national webinar series on Standardization of Herbal products on 6th July 2020.
20. world Unani foundation and global Unani medicine and research foundation organised international webinar on Global Perspective of Unani Medicine on 19th July 2020.
21. Markaz unani medical college and hospital organized webinar on " Evidence Based Unani Practice in Obstetrics & Gynecology" on 19.07.2020

22. NOVA infertility center organized webinar on the Estrogen Therapy on 23rd July 2020.
23. NOVA infertility center organize webinar on Thin endometrium in infertility patients on 25th July 2020.
24. Online Webinar series, IPC Masterclass: Occupational safety for HCW in pandemics organized by IPC Masterclass, Infection Control Academy of India, Hyderabad, August 4 to August 25, 2020
25. Role of TORCH test for family physician. 17 Aug-2020 by Dr. Jay. Mehta. Gynecologist. Shree IVF clinic. Mumbai.
26. Aster Cme on vaccine against Covid-immunity and its importance. on 25-August-2020. Aster Hospital Bengaluru.
27. International Online Conference [SPER-SPRINGER 2020] Jointly organized by Society of Pharmaceutical Education & Research [SPER] & Springer Nature [August 1, 2020]
28. Webinar on World Breastfeeding week 2020: "Support Breastfeeding for a healthier planet" organized by Padmashree Institute of Management and Sciences on Tuesday, 4th August 2020
29. Webinar on Career Guidance- "Craft your career in Covid era" organized by Padmashree Institute of Management and Sciences, Bangalore from 7/8/2020 to 8/8/2020.
30. "AYUSH Regulation and Herbal Analytical Testing" Fri, Aug 14, 2020 3:00 PM - 4:30 PM IST
31. International Forum virtual workshop 1 on 'Doing more with less – reducing waste and improving quality' . Organized by International Forum on quality and safety in health care. Thursday 13 August time: 17:30 – 19:00 IST
32. International Forum Workshop 2: 'Leadership and Culture for Change during COVID-19' Thursday 6 August, 17.30 - 1900 IST (90 mins)
33. International Forum Workshop 3 Improving safety post pandemic Thursday 30 July, 17.30 - 1900 IST (90 minutes) organized by International Forum on quality and safety in health care. Thursday 13 August time: 17:30 – 19:00 IST
34. NATIONAL WEBINAR ON "Risk to Surgeon & OT team during Surgery of Covid-19 (SARS ncov-2) positive patients" ON 25TH August 2020. Organized by ZVM Unani medical college and hospital
35. Everything a GP should know-pregnancy Ultrasound on 10th Aug-2020 at 3.30pm.by Dr, jay Mehta, Mumbai.



36. International forum on quality and safety in health care virtual workshop: Doing more with less-reducing waste and improving quality organized by Institute for Healthcare improvement BMJ, New Delhi August 13, 2020
37. Management of obese PCOS. On sept 28th 2020 by Dr. Jay. Mehta. Shree IVF clinic. Mumbai.
38. Managing gestational diabetes.26 sept.2020 by Dr. Kala Subramanyam, Dr. Lalitha Priya by Premaya Health.
39. WEBNARS: on Differential diagnosis of bacterial infections, Skin Gyan on 23/sept.2020.by professional insight on dermatology
40. Postponement of menses.22-Sept2020. by Dr. Jay. Mehta. Gynecologist. Shree IVF clinic. Mumbai.
41. Two day National webinar on Gynecological Malignancies -A Holistic Approach by Dept of OBG NIUM On 22-23 Jan 2021.as panelist
42. Unani Medicine in Ilmu Qabalat wa Amraze Niswan(Obstetrics and Gynecology)- An evidence based Approach. Webinar series-1 By Dept of Ilmu Qabalat wa Amraze Niswan NIUM4th Feb2021.(as panelist).
43. Unani Medicine in Ilmu Qabalat wa Amraze Niswan (Obstetrics and Gynecology)- An evidence-based Approach. Webinar series-2 By Dept of Ilmu Qabalat wa Amraze Niswan NIUM 16<sup>th</sup> Feb2021.
44. Diagnosis of PCOS. on 21st sept-2020, by Dr. Jay. Mehta. Gynecologist Shree IVF clinic. Mumbai.
45. National webinar on medical education. By dr. shantharaman Tirunelveli Medical college, Tirunelveli.17th sept 2020with live interaction on learning analysis and artificial intelligence in medical education.by JIPMER. online faculty development program.
46. National webinar on Pharmacovigilance of ASU&H GRUGS.AYUSH SURAKSHA 2020. ON 15th & 16th Sept.2020.orgamnised by intermediary pharmacovigilance center NIUM Bengaluru. Sponsored by Govt. of AYUSH. GOI New Delhi.
47. Role of D&C in Gynecology. On 14th Sept2020, by Dr. Jay. Mehta. Gynecologist. Shree IVF clinic. Mumbai.
48. Child and Adolescent mental Health issues in the context of COVID-19 PANDEMIC. ON 13/9/2020 BY Prof, Shekar Seshadri. NIMHANS. Bengaluru at 3-4.30. organized by Medical service center Karnataka.
49. Impact D& Challenges on teaching learning & Research in medical education-The post pandemic era. On 12th Sept 2020 4-6pm. organized by Jaypee brother's medical publication ESI-PGIMSR, JOKA KOLKATA.

50. International webinar on significance of unani medicine to combat COVID-19. ON 8TH SEPT-2020. Organized BY Dept. of Moalejath. AMU. Aligarh. of Moalejath. AMU. Aligarh.
51. BMJ live webinar on How to write and publish in BMJ case reports on 1<sup>st</sup> oct.2020.
52. International symposium on Immunomodulation: An integrated approach in Unani Medicine on 6<sup>th</sup> Oct.2020by Faculty of Unani Medicine AKTC Aligarh.
53. Maharastra fights Covid-19: clinical experience sharing by MLH on 23/11/2020
54. Has adopted the pldge and is committed to uphold highest standards of honesty and integrity and to follow probity and rule of law in all walks of life.on 29/10/2020 Central of Vigilance Commission
55. Madhya Pradesh fights Covid-19: clinical experience sharing by MLH on 28/11/2020
56. Integrated approach towards mental health issues incovid-19 pandemic on 29/11/2020.by all India tibbi congress academic wing Karnataka state and tamilnadu.GOAYUSH H&FW GUMC Bengaluru
57. Updates on vaccine and managing moderate to severe Covid by MLH on 15/Dec2020.
58. Complex case management in treating Covid -19patients. by MLH on 17/Dec2020
59. Covid -19 Therapies & post covid Lung damage & Treatment. by MLH on 21/Dec2020
60. International webinor on world Unani Day-2021.Health promotion and disease prevention by Study Unit of Moalijat Institute of Indogenous medicine, University of colombo
61. Brain storming on assessment and Accreditation framework on NAAC by Padmashree Institute of Management and sciences, Bengaluru.by NAACon 12<sup>th</sup>&13<sup>th</sup> March 2021
62. An Integrated Approach to common Gyneological diseases in Unani Medicine By Dept of OBG NIUM on 6<sup>th</sup> March 2021
63. National webinor Holistic approach to Health on occasion of Yoga Day on 17/6/2021 by GUMCand H Bengaluru with Dept of Ayush.Karnataka.
64. Real world evidence of Remdesivir and antiviral therapy by MLH on 8/5/2021
65. . Managing Covid-19 in ambulatory conditions /remote monitoring. by MLH on 8/5/2021
66. Emerging Covid-19 issues: Vaccination and treatment.by MLH on 13/6/2021
67. Mucormycosis clinical management and case presentation by MLH on 27/6/2021
68. Robotic Transthoracic esophagectomy and complete robotic gastric Mobilisation(Live surgery event)by MLH on 22/8/2021
69. A survey on Knowledge Attitude and practices (KAP) on Pharmacovigilance of ASU&H drugs byIntermediary Pharmacovigilance centre for Unani drugs. NIUM on 13/9/2021

70. Use of Newer Energy Devices in Endoscopic Surgery by MLH on 28/9/2021
71. Deep Infiltrating Endometriosis (live surgery webinar) by MLH on 8/10/2021
72. 4<sup>th</sup> Udma Day jamia Hamdard, New Delhi. on 11/10/2021.
73. Mass surya Namaskar Demonstration programme by Azadi ka Amrit Mahotsav at NIUM on 14<sup>th</sup> Jan 2022.
74. CME CUM AWARENESS PROGRAMME ON PHARMAOVIGILANCE OF AUS&H BY PERIPHERAL PHARMAOVIGILLANE CENTRE AKTC ON 18<sup>TH</sup> Jan 2022
75. National webinar on Bio Ethics with Emphasis on GCP Guidelines.by RRIUM Chennai.on 5<sup>th</sup> Feb 2022.
76. Seminar on Unani Day celebration 2022 Ilajbil tadbir :Ahmiyat o afadiyat.At Aligarh Unani and Ayurvedic college and CAN Hospital Aligarh.on 6<sup>th</sup> Feb 2022.
77. International Webinar on Unani Medicine in 21<sup>st</sup> century Prospects strengths and challenges. On 11<sup>th</sup> Feb2022.
78. Assessment methods for Unani Yoga Naturopathy Faculty on 27/2/2022.by RGUHS RAATI.
79. Foundation courses in Educational Methodology (FCEM) during May-June 2022 on RAATI LMS by RGUHS Academic & Administrative Training Institute)
80. Common side effects and Clinical Challenges of TB & MDR TB by VIATRIS on 16<sup>th</sup> March 2022.
81. Azadi ka Amrit Mahotsav. National webinar on Ilmul Jarahat updates 2022 at NIUM on 23<sup>rd</sup> March 2022.
82. Azadi ka Amrit Mahotsav. National webinar on Ilmul Jarahat updates 2022 at NIUM on 23<sup>rd</sup> April 2022.
83. Azadi ka Amrit Mahotsav. National webinar on Ilmul Jarahat updates 2022 at NIUM on 4<sup>th</sup> June 2022.
84. Azadi ka Amrit Mahotsav. 1 webinar on unani perspective and recent trends in the management of nutu al Rahim (POP) 2022 at NIUM on 28<sup>th</sup> June 2022
85. CME on unani medicine on Skin Disorders at National research institute of Unani Medicine Hyderabad on 21<sup>st</sup> July 2022 by UDMA.
86. International awareness week from 25-31 May 2024 by Dept of OBG NIUM on 30<sup>th</sup>
87. Hybrid Seminar on Aneesthesia in Obstetrics &Labor room protocols BY Dept of OBG NIUM on 19<sup>th</sup> June 2024.

### **18.Attended Arogya Mela: 5**

1. Participated in Bangalore in Feb 2003.
2. Participated as officer in Chennai Jan 2005
3. Attended in Chennai May 2010
4. At Bangalore In world Ayurveda conference palace grounds 9th to 13th Dec 2010.

5. At Bangalore in International conference on yoga naturopathy and Arogya expo-2012, Feb.9-13 2012 at palace grounds.

6. Dr. Wajeeha Begum deputed in National Arogya Fair-2018. 5-9Dec 18 at Bengaluru on 6/12/18.

7. Rastriya Arogya Abhiyan Ayush from 2/12/2021-4/12/20021 at at Ayush training centre. Magadi Road Bengaluru

## **19. Books publication:6**

\* Amraz e pistan (Diseases of Breast) published and released in 2007.

\*Viva in Amraz e Niswan (Viva in Gynecology) published and released in2010.

\*Ilmul Amraz (Unani pathology) published and released in 2011.

\*Qarabadeen Niswani published and released in 2011.

\*Futurate haize published in 2014

\*\*Contributed one-chapter Menstrual Disorders in National council for promotion of Urdu Language.2017

## **20. Supervision to MD theses:35**

### **2005-2007**

#### **As co-guide**

1. Clinical study of Sala – e – Rehm (Uterine Fibroid) and its management by unani system of medicine (Dr. Nafees banu )
2. Clinical study of Quillat-ul-Labn (Oligo Galactetia) and its management with unani system of medicine.( Dr.Sheik Imran)
3. Clinical study of Sin – e –Yas (Menopause) and its management with unani system of medicine. ( Dr. Mushtaq Ahmed – K )

### **2006-2008**

#### **As co-guide**

4. Clinical study of Iltehab-e-Mahble (Vaginitis) and its management with unani system of medicine. ( Dr.Saima Naaz Bilal)

## **2007-2009**

### **As guide**

5. Clinical study of Takul- Unqur-Rehm(Cervical Erosion) and its management with unani system of medicine.(Dr. Shabana Hashmi)

### **As co-guide**

6. Clinical study of Akyas-e-Qusiatur-Rehm (PCOD) and its management with unani system of medicine. ( Dr. Nadia Fareed)

## **2008-2010**

### **As guide**

7. Clinical study of Qillat-e-Tams ( Oligomenorrhea) and its management with unani system of medicine.(Dr. Kouser Fathima Firdous)

### **As co-guide**

8. Clinical study of Iltahab-e-Unqur-Rehm(Cervicitis) and its management with unani system of medicine.(Dr. Salma Mirza).

## **2009-2011**

### **As Guide**

9. Clinical study of iltehab ghishae Unqur rehm(endocervicitis)and its management by unani drugs.(Shahida Habib)

### **As co-guide**

10. Clinical evaluation of and efficacy of unani formulation in *istiqrae ibaza* Istiqrae Ibaza (ovulation induction).(Ghazia Kafeel)

## **2010-2012**

### **As Guide**

11. Management of post menepausal syndrome by Asgandh\ (Dr.Fathima Banu)

## **2010-2013**

### **As guide**

12. Clinical study of revand chini in management of primary Dysmenorrhoea

(Dr.Hina Rehman)

13. Clinical Evaluation of Efficacy of *Chal Babool* in the Management of Bacterial Vaginosis. (Dr. Rumaiza jahufer).

#### **2011 -2014**

##### **As guide**

14. Efficacy of *Tamar hindi, Bakayin and Sandal sufaid* in syndromic management of *Sailanur rehm.*(Dr. Tabassum ali bhat)

15. Efficacy of *Amla* and *Shibe yamani* in the management of Candida vaginitis.  
( Dr. masuma zaki)

#### **2012 -2015**

##### **As guide**

16. “Efficacy of *poste Mulsari* and *Shibe yamani* in Pruritus vulvae due to vaginal discharge.”( Dr. mariyam roqaiya)

17. Efficacy of *Sharbate Anjbar* in *Kasrate Tams* (Menorrhagia) – A randomized controlled trial.(Dr. Danish Jahan )

#### **2013 -2016**

##### **As guide:**

18 . Efficacy of *qurs kushtae faulad* and *jawrishe amla* in iron deficiency anemia among women of reproductive age. (Dr. Nagesh C)

19. Efficacy of *darchini* in polycystic ovarian syndrome: a randomized clinical study

(.Dr.Abiha Khanum)

#### **2014 -2017**

##### **As guide:**

20. Efficacy of *Mazu* in uterovaginal prolapse and its outcome.

(Dr. Misbah Naim)

21. Efficacy of *majune kundur* in the management of stress urinary incontinence

(Dr.Fazly shakoor)

## **2015-2018**

### **As guide:**

22. Efficacy of *qust* in premenstrual tension syndrome-Randomized control study

(.Dr. Nayab Anjum)

23. Efficacy of *Tukhme khurfa* in Istehaza (Abnormal uterine bleeding).An open observational study.

(Dr. Benazir )

## **2016-2019**

### **As guide:**

24. Efficacy of unani formulation in Oligomenorrhoea-An observational study

Dr. Nasreen Aklaque

25. Effect of *Habbul Ghar* and *Maul Asal* in Primary Dysmenorrhea- A Randomized standard controlled clinical study.

Dr. Hina Mukhtar

## **2017-2020**

### **As guide:**

26. Efficacy of unani formulation in PID- An Randomized standard control study

Dr. Fatima Jabeen

27. Efficacy of Abzan with unani formulation in quruhul rahim – An open Observational study.

Dr. Shamim

## **2018-2021-as professor**

28. Effect of Habe Shibb in kathrat-i- tamth: An observational study.

Dr. Gufran Najeeb

29. Effect of Unani formulation in sailanur rehm(leucorrhoea): An observational study.

Dr. Rabia Basri-

30. Effect of Humool of Marhame Dakilyun and rogame sausan in cervicitis-An open observational study.

Dr. Huma-

**2019-2022-as professor**

31. Comparative effect of *Zarawand* and *Qust* in Primary Dysmenorrhea – A Randomized clinical study

Dr. Syeda Sumaiya:

32. Effect of *tukhme khatmi* in cervicitis- An open observational clinical study.

Dr. Shazamani

33. Effect of *Saleekha* and *Majeeth* in Polycystic ovarian disease. An open Observational study.

Dr. Shabnam bano

**2020-2023**

33. Effect of Unani treatment regimens in Uterovaginal Prolapse- An Interventional Pre and Post Analysis

Fathima Begum

34. Effect of *Itrīfal-i-Saghīr* in Stress Urinary Incontinence - A randomized controlled trial  
Rashida Sadat

35. Effect of *Jawārish-i-qurṭum* in Premenstrual Syndrome: A Randomized Controlled Study

Momina Khatoon Mohd Salim Siddiqui.

**21: Ongoing PG thesis under supervision:**

**2021-2024**

36. Effect of *zafran* in primary dysmenorrhea- Pre & post interventional study without control group

Ghulam Nabi Wani

37. Effect of *Nankhawah*, *Badiyan*, *Waj turki* in Polycystic ovarian disease: A Pre and Post interventional study without control.

Afifa Naaz

**2022-2025**

38. Efficacy of Persiswashaan on ovarial volume in PCOS-A Randomized controlled study.



Sameera Khatoon

**2023-2026**

39. comparative Effect of Berg Sahajna with Qurse Kushta fouldad in Iron Deficiency Anemia in women of Reproductive age group-A Randomized single blind controlled trial.

Tasneem Ali

40: Effect of *Shuneez* in Premenstrual Syndrome: A Randomized Placebo controlled study.

Tabassun Bano