

CIRRUCULUM VITAE



Name: ARSHIYA SULTANA

Husband's Name: KHALEEQR RAHMAN

Designation: Professor

Qualification: BUMS, M.D (U) (Amraze Niswan wa Ilmul Qabalat), MBA (Hospital Administration); PGCRCDM

Thrust Area Knowledge of traditional Unani medicine, clinical trials, Herbal medicine, endometriosis, infertility, adenomyosis, cupping therapy, female disorders, female sexual dysfunction, pelvic infection, general gynecology, pelvic medicine, menopausal transition, Healthcare management, Obstetrics care (ANC, PNC)

Address: National Institute of Unani Medicine, Kottigepalya, Bengaluru, Karnataka-560091

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E-Mail ID: drarshiya@yahoo.com, drarshiya@gov.in

Date of Birth: 16th September 1975

Nationality: Indian

Religion: Islam

Marital status: Married

Registration Certificate Number: I-45240

Languages known: Urdu, English, Hindi

Academic Qualification as per following format (Starting from Matriculation or equivalent and onwards)

Sl. No.	Exam	Year of Passing	Name of the Exam/ degree/ diploma	Name of Univ./ Board	%age of Marks	Division obtained
1.	10th & Equival.	1991	SSLC	Secondary School Certificate, Board of Secondary Education, A.P.	83.83	First
2.	Intermediate Public Exam	1993	PUC	Board of Intermediate Education, Hyderabad, AP.	80.30	First
3.	Bachelor	1998	BUMS	NTR University of	65.04	Second

	Degree			Health Sciences, Vijaywada, AP		Class
4.	Master Degree	2003	MD (U)	NTR University of Health Sciences, Vijaywada, AP	***	***
5.	Any other Exam	2012	PG Diploma in clinical research and clinical data management	ICBio Clinical Research Pvt. Ltd., collaborated with University of Mysore, Karnataka	56.2	-
		2017	National Programme on technology enhanced learning (NPTEL) online certification course	NIE-ICMR e-certificate course ICMR- National Institute of Epidemiology	89%	Elite
		2017	NPTEL online certification course	NIE-ICMR e-certificate course, ICMR- National Institute of Epidemiology	94%	Elite and Gold medal
		April 2018	National Programme on technology enhanced learning (NPTEL) online certification course (funded by the Ministry of HRD, Govt. of India), Feb-March 2018 (8 week)	Indian Institute of Technology, Kanpur	92%	Elite and Gold medal
		8 May 2019	Certificate in Business Basic	Institute of Chartered Financial Analyst of India (ICFAI) University, Tripura	-	-
		7 August 2019	Diploma in Management	Institute of Chartered Financial Analyst of India (ICFAI) University, Tripura	-	-

		12 February 2020	PG Diploma in Management	Institute of Chartered Financial Analyst of India (ICFAI) University, Tripura	-	-
		17 March 2021	MBA in Hospital Administration	Institute of Chartered Financial Analyst of India (ICFAI) University, Tripura	CGPA: 7.80 (74.1%)	First Class
		September 2021	NPTEL online certification course (funded by the Ministry of HRD, Govt. of India), Feb-April 2021 (8 week)	Clinical Development Services Agency and Swayam (Current regulatory requirement for conducting clinical trials in India for INDs/ND (version 3.0))	88%	Elite and silver medal
		April 2022	ICMR/NIE online certification course (funded by the Ministry of HRD, Govt. of India),	Clinical Development Services Agency and Swayam (Basic course in biomedical research as mandated by the NMC)	79%	Distinction
		July 2022	ICMR, NIE Govt. Online certificate course	Clinical Development Services Agency and Swayam (Introduction to systematic review for dental health professionals)	93%	Distinction
		26 October 2023.	ICMR, NIE Govt. Online certificate course	NieCer 103: Scientific writing in health research online course		

Working Experience (Starting from The Present Position)

Institute/Office/Organization	Post held	Period		Scale of pay and Basic pay	Actual Duration (Years and Months)
		From	To		
National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bengaluru-91	Professor, Dept. of Ilmul Qabalat wa Amraze Niswan	18 th October 2022	Till date	Grade Level:13 Upgraded Equivalent to Professor	02 years 7 months
National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bengaluru-91	Associate Professor, Dept. of Ilmul Qabalat wa Amraze Niswan	18 th October 2017	18 th October 2022	Grade Level:12 Upgraded Equivalent to Associate Professor	04 years 3 months
National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bengaluru-91	Assistant Professor Dept. of Ilmul Qabalat wa Amraze Niswan	18 th October 2012	17 th October 2017	Level 11	5 years
National Institute of Unani Medicine, Kottigepalya, Magadi Main Road, Bengaluru-91	Lecturer, Dept. of Ilmul Qabalat wa Amraze Niswan	18 th October 2007	17 th October 2017	Level 10	5 years
A.G. Unani Medical College, Akkalkuwa, Dist: Nandurbar, M.S.	Lecturer, Dept. of I Ilmul Qabalat wa Amraze Niswan	14 th July 2003	17 th October 2007	Consolidated pay	4 years and 3 months

Publication details				
S. No.	Authors	Title	Journal	ISSN/ISBN
	Arshiya Sultana, Rahman K, Farzana MUZN, Lone A.	Efficacy of <i>Hijamat Bila Shurt</i> (Dry Cupping) on Intensity of Pain in Dysmenorrhoea- A Preliminary Study.	Anc Sci Life. 2010; 30(2): 20-23. PMID: 557425 [India]	0257-7941(P) 2249-9547(E)
	Arshiya Sultana, RahmanK, Begum I J, Begum T, Anwar M	Comparative Study of <i>Unani</i> Formulations in Dysovolatory Infertility due to Luteal Phase Defect and its Associated Conditions.	The Antiseptic Journal of Medicine and Surgery. 2011; 108(4):196-200. [India]	0003-5998
	Arshiya Sultana, Rahman K, Nagaraj R.	Conception in Unilateral Right Tubal Blockage with Herbomineral Formulations-A case report.	The Journal of Alternative and Complementary Medicine. 2011; 17(6):557-561 doi:10.1089/acm.2010.0202 PMID:21574821 [New York]	1075-5535(P) 1557-7708(E)
	Hashmi S, Begum W, Arshiya Sultana.	Efficacy of <i>Sphaeranthus indicus</i> and cream of <i>Lawsoniainermis</i> in cervical erosion with cervicitis.	European Journal of Integrative Medicine September. 2011; 3(3): e183-e188. doi:10.1016/j.eujim.2011.08.002; [Elsevier] [Netherlands]	1876-3820(P) 1876-3839(E)
	Arshiya Sultana, Rahman K,	Views of Ibn Sina (Avicenna) on <i>IfraatHaiz</i> (Menorrhagia)	J Int S Hist Islamic Med. 2011-12; 10-11(19, 20, 21, 22); 105-9. [Turkey]	1303-667x
	Arshiya Sultana, Rahman K,	Hijamat (cupping therapy) and gynecological diseases-A review	J Int S Hist Islamic Med. 2011-12; 10-11(19, 20, 21, 22); 127-35. [Turkey]	1303-667x
	Arshiya Sultana, Rahman K, Nagaraj R.	Pituitary macroprolactinoma with hypoplastic uterus.	Journal of Paediatrics, Obstetrics and Gynecology 2012; 3(2):71-4. [India]	-
	Arshiya Sultana, Pasha M, Rahman K, Wadud A.	Unilateral (Right) Partial Bifid Ureter: A case with review.	RGUHS Journal of Medical Science. 2012; 2(4):237-40. [India]	2231-1947
	Arshiya Sultana Rahman K.	Effect of traditional dry cupping therapy on heavy menstrual bleeding in menorrhagia: A preliminary study.	TANG International Journal of Genuine Traditional Medicine 2012; 2(4):e33-35 doi:http://dx.doi.org/10.5667/tang.2012.0030 [South Korea]	2233-8985(E)
	Farzana MUZN, Shamim I,	Efficacy of <i>Acacia arabica</i> in improving woman's quality of life in	Sri Lanka Journal of Indigenous Medicine	2021-9238

	Arshiya Sultana.	uterine prolapse (<i>Nuterehm</i>): A randomized controlled trial.	2012; 2(1):101-6. [Srilanka].	
	Fathima A, Arshiya Sultana	Clinical efficacy of a Unani formulation <i>SafoofHabis</i> in menorrhagia: A randomized controlled trial.	European Journal of Integrative Medicine. 2012; 4: e315–e322. doi.org/10.1016/j.eujim.2012.01.007; [Elsevier] [Netherlands]	1876-3820
	Tarannum A, Arshiya Sultana, Rahman K.	Usefulness of polyherbal <i>Unani</i> formulations on Lequesne Algo-Functional Index of knee osteoarthritis: A pretest and posttest evaluation study.	ASL Musculoskel Dis 2013; 1(1):9-14. [India]	2231-072X(P)
	Rahman K Arshiya Sultana, Rahman S	Evaluation of Diuretic activity of Khurfa (<i>Portulaca oleracea</i> Linn.) in Albino Rats.	The Antiseptic Journal of Medicine and Surgery. 2013; 110(4):194-7 [India]	0003-5998
	Renuka BN, Arshiya Sultana	Cytopathological study of Cervical Smear: A Hospital Based Retrospective Study.	Medical Journal of Islamic World Academy of Sciences 2014; 22(1): 42-49. [Turkey]	1016-3360(P)
	M. U. Z. Farzana, Arshiya Sultana	Clinical evaluation of efficacy of <i>Acacia arabica</i> (aqaqia) in uterine prolapse (nutuerehm).	Journal of AYUSH: Ayurveda, Yoga, Unani,Siddha And Homeopathy. 2014; 3(2) [India]	2278-2214
	Manjula S, Arshiya Sultana, Rahman K	Clinical efficacy of <i>Gossypiumherbaceum</i> L. seeds in perceived insufficient milk (PIM) supply: A randomized single-blind placebo-controlled study.	Orient Pharm Exp Med. 2014; 14(1):77-85 Doi: 10.1007/s13596-013-0121-72014[South Korea][Springer-Elsevier]	1598-2386(P) 2211-1069(E) Journal no. 13596
	Padmaja AR, Arshiya Sultana, Rahman K, Sumana N	Efficacy of <i>Boswellia serrata</i> L. and <i>Cyperusscariosus</i> L. plus pelvic floor muscle training in stress incontinence in women of reproductive age.	Compl Ther Clin Pract. 2014;20:230-6. doi: 10.1016/j.ctcp.2014.08.003. PMID:25225151 [Elsevier] [Netherlands]	1744-3881(P) 1873-6947(E)
	Padmaja AR, Arshiya Sultana, Rahman K Sumana N	Effectiveness of <i>Cyperusscariosus</i> and <i>Boswellia serrata</i> on quality-of-life in women with stress urinary incontinence assessed with International Consultation on Incontinence Questionnaire-Short Form.	J Exp Integr Med. 2014; 4(3):1-8. DOI: 10.5455/jeim.240614.or.107 [Turkey]	1309-572 (P) 2146-3298(E)
	Arshiya Sultana, Rahman K	Traditional Unani perspective of perceived insufficient milk (Qillatul Laban) and Galactogogues: A literary research with recent studies.	TANG International Journal of Genuine Traditional Medicine. 2014; 4(3):e19. doi:http://dx.doi.org/10.5667/tang.2014.0003 [South Korea]	2233-8985
	Rahman A, Arshiya Sultana, Rahman K,	Prevalence of occupational contact dermatitis, knowledge, and adaption of preventive measures by chemical industries workers of Pune: An observational study	J Environ Occup Sci. 2015; 4(1): 27-33. doi: 10.5455/jeos.20141106012039 [United States]	2146-8311(E)

	Arshiya Sultana, Begum M, Sultana S, Asma K	Usefulness of Polyherbal Unani Formulation for Cervical Ripening and Induction of Labour: A Uncontrolled Study.	Altern Integ Med. 2015; 4(1): 184. doi: 10.4172/2327- 5162.1000184 [United States]	2327- 5162(E)
	Rahman J, Farooqi AH, Arshiya Sultana, Rahman K, Rahman A	Clinical efficacy of a herbo-mineral Unani formulation in scabies: an open- label randomized controlled study.	Orient Pharm Exp Med .2015; 15:173-81 doi:10.1007/s13596-015- 0192-8 [Springer-Elsevier] [South Korea]	1598- 2386(P) 2211- 1069(E)
	Qhuddsia QN, Banu U Arshiya Sultana	Comparative study of Unani Formulation in the treatment of <i>waramunqurreham</i>	Journal of Research in Unani Medicine. 2015; 4(1): 1-8. [India]	2320-8015
	Qhuddsia Q N, Arshiya Sultana Jahan I.	Efficacy of Unani Formulations in Chronic Endocervicitis: A Randomized Comparative Study	Int J Pharm Pharm Sci. 2015;7 (11): 101-104 [Elsevier] [India]	0975- 1491(E)
	Arshiya Sultana, Fatima L, Sofi G, Lamatul Noor S	Evaluation of Mizaj (Temperament) in Menopausal Transition Symptoms: A Pilot Study	J Res Development. 2015; 3:2 http://dx.doi.org/10.4172/ jrd.1000126 ; [United States]	2311- 3278(E)
	Arshiya Sultana, Asma K, Nawaz QQ, Syed L.	Aetiopathogenesis and clinical features of dysmenorrhoea (Usr-i-tamth) in traditional Unani medicine and contemporary era: A literary research	TANG International Journal of Genuine Traditional Medicine. 2016; 6(1) doi: http://dx.doi.org/10.5 667/tang.2015.0024 [South Korea]	2233- 8985(E)
	Inamdar W, Arshiya Sultana, Mubeen U, Rahman K	Clinical efficacy of <i>Trigonellafoenum</i> <i>graecum</i> (Fenugreek) and dry cupping therapy on intensity of pain in patients with primary dysmenorrhea	Chin J Integr Med. 2016. Doi:10.1007/s11655-016- 2259-x PMID: 27225291 [Springer] [China]	1672- 0415(P) 1993- 0402(E) Journal no. 11655
	Arshiya Sultana, Padmaja A Rangaswamy, Abdul GF Najeeya	Assessment of temperament in women with stress urinary incontinence: An observational study	Medical Journal of Islamic World Academy of Sciences. 2016; 24(2): 33-39. doi: 10.5505/ias.2016.24 392 [Turkey]	2415- 1300(P) 2415-297(O)
	TarannumA, Arshiya Sultana, Rahman K.	Clinical efficacy of certain <i>Unani</i> herbs in knee osteoarthritis: A pre-test and post test evaluation study.	Ancient Science of Life. 2016; 35(4):227-31 doi: 10.4103/0257- 7941.188185. PMID: 27621521 [India]	0257- 7941(P) 2249- 9547(E)
	Fatima SS, Sultana S, Arshiya Sultana	A comparative study of two unani regimens in diabetic vulvovaginal candidiasis	Orient Pharm Exp Med 2017;17(1):19-27 doi:10.1007/s13596- 017-0258-x [Elsevier/Springer]; [South Korea]	1598- 2386(P) 2211- 1069(E)

	Nishat A, Sultana S, Arshiya Sultana	A comparative study of polyherbal Unani formulations in gestational Urinary tract infections	J Exp Integr Med. 2017; 7(1): 1-6. doi: 10.5455/jeim.290117.or.166 [Turkey]	1309-4572(P) 2146-3298(E)
	Fatima L Arshiya Sultana	Efficacy of Tribulus terrestris L. (fruits) in menopausal transition symptoms: A randomized placebo controlled study	Advances in integrative medicine. 2017; 4(2): 56-75. [Elsevier] [Netherlands]	2212-588 (P) 2212-9596(E)
	Asma K Arshiya Sultana Rahman K	A single-blind randomized comparative study of Asafoetida vs Mefenamic acid in dysmenorrhoea, associated symptoms and health-related quality of life	Journal of herbal medicine 2017; 9: 21-31 [Elsevier] [Netherlands]	2210-8033(P) 2210-8041(E)
	Anjum, A. Arshiya Sultana	A randomized comparative study of herbal decoction of Cassia fistula Linn pod's pericarp and Myristica fragrans Houtt arils vs. mefenamic acid in spasmodic dysmenorrhoea	Journal of Complementary and Integrative Medicine. 2018;16:2 doi:10.1515/jcim-2018-0105	2194-6329 (Print) 1553-3840 (E-ISSN)
	AGF Najeeeya Arshiya Sultana	Efficacy of mace (Arils of <i>Myristica fragrans</i> Houtt) plus PFMT on symptoms in mixed urinary incontinence: A randomized placebo-controlled trial	Integrative Medicine Research, .2018; 7: 307-15. Doi: 10.1016/j.imr.2018.10.001	2213-4220 (ISSN)
	Arshiya Sultana AGF Najeeeya Rahman K Farzana MUZN	Determination of Mizaj (temperament) in women with mixed urinary incontinence: A preliminary study	Sri Lanka Journal of Indigenous Medicine (SLJIM). 2020; 5(1): 352-358	2013-9238 (ISSN)
	Renuka BN, Arshiya Sultana (Letter to editor)	<u>Painful left breast hamartoma: Underdiagnosed and under-reported entity</u>	Indian Journal of Pathology and Microbiology. 2020;63(4):667-9.	0377-4929 (ISSN)
	Arshiya Sultana, Rahman K.	Evaluation of general body temperament and uterine dystemperament in amenorrhoea: a cross-sectional analytical study.	Journal of Complementary and Integrative Medicine. 2022;19(2): 455-465. https://doi.org/10.1515/jcim-2020-0334	2194-6329 (Print) 1553-3840 (E-ISSN)
	Renuka BN, Arshiya Sultana	Primary Extra skeletal Myxoid Chondrosarcoma: A Case Report	Journal of Clinical and Diagnostic Research. 2021; Sep, Vol-15(9): ED01-ED03. DOI: 10.7860/JCDR/2021/47753.1531	0973-709X (Online) 2249-782X (Print)

	Anjum AA, Tabassum K, Arshiya Sultana	Therapeutic Efficacy of an Unani Polyherbal Formulation in Leucorrhoea: A Prospective Pre- and Post-treatment Clinical Study	Int. J current Res. Rev. 2021; 13(15): 44-50	0975-5241 (Online) 2231-2196 (Print)
	Shahnawaz, Khaleequr Rahman, Arshiya Sultana , Shabiya Sultana	Photostability evaluation of <i>Jawarishe Jalinoos</i>	CellMed 2021; 11(4): e18	2233- 8985 (Electr onic)
	Arshiya Sultana , Khanam M, Rahman K, Sumbul	Traditional Unani Medicine in Flu-like Epidemics and COVID-19 during Pregnancy: A Literary Research	CellMed 2021; 11(4): e20	2233- 8985 (Electr onic)
	Arshiya Sultana , MJA Fazmiya, Rahman K	Effect of <i>Marham-i-Raal</i> on Episiotomy Wound Healing: A Single-Arm pre-and post-treatment study	CellMed 2021; 11(4): e17	2233- 8985 (Electr onic)
	Syed Zubair Ali, Khaleequr Rahman and Arshiya Sultana	Formulation development, characterization and antimicrobial activity evaluation of sugar-based and sugar-free syrup prepared with the ingredients of Joshanda Nazla	Traditional and Integrative Medicine 2022;7(1):87-103.	2476-5112 (E)
	Saeedi R, Arshiya Sultana, Rahman K, et al., 2022	Efficacy of <i>Acacia nilotica</i> Linn. Pod's Sitz Bath plus Vaginal Pessary in Syndromic Management of Abnormal Vaginal Discharge: A Randomized Controlled Trial.	Evidence-Based Complementary and Alternative Medicine. May 25;2022. Article ID 5769555 https://doi.org/10.1155/2022/5769555	ISSN: 1741-427X (Print) ISSN: 1741-4288 (Online)
	Arshiya Sultana Rahman K, Heyat MB, et al.	Role of Inflammation, Oxidative Stress, and Mitochondrial Changes in Premenstrual Psychosomatic Behavioural Symptoms with Anti-Inflammatory, Antioxidant Herbs, and Nutritional Supplements	Oxidative Medicine and Cellular Longevity. 2022 Jul 13;2022 Article ID 3599246 https://doi.org/10.1155/2022/3599246	ISSN: 1942-0900 (Print) ISSN: 1942-0994 (Online)
	Arshiya Sultana Fazmiya MJA, Rahman K, Banu T, Begum A.	Unani Therapy in Fourth-degree Uterovaginal Prolapse with Multiple Decubitus Ulcers: A Case Report.	Altern Ther Health Med. 2023 May;29(4):274-279. PMID: 35839115	1078-6791 (Print) 1078-6791 (Linking)
	Arshiya Sultana, Begum W, Saeedi R, Rahman K, et al	Experimental and Computational Approaches for the Classification and Correlation of Temperament (Mizaj) and Uterine Dystemperament (Su'-i-Mizaj Al-Rahim) in Abnormal Vaginal Discharge (Sayalan Al-Rahim) Based on Clinical Analysis Using Support Vector Machine.	Complexity. 2022 Aug 27;2022. Article ID 5718501 https://doi.org/10.1155/2022/5718501	ISSN: 1076-2787 (Print) ISSN: 1099-0526 (Online)

	Kahkashan Baig, Arshiya Sultana, Khaleequr Rahman	A randomized comparative study of <i>Kakrasingi</i> (<i>Pistacia integerrima</i> JL Stewart ex Brandis) and Metronidazole in Bacterial Vaginosis	Journal of herbal medicine 2022; 36: 100609 [Elsevier] [Netherlands]	2210-8033(P) 2210-8041(E)
	Arshiya Sultana , Heyat MBB, Rahman K, Kunnavil R, Fazmiya MJA, et al	A Systematic Review and Meta-Analysis of Premenstrual Syndrome with Special Emphasis on Herbal Medicine and Nutritional Supplements. PMID: 36355543	Pharmaceuticals (Basel). 2022 Nov 8;15(11):1371. doi: 10.3390/ph15111371	1424-8247
	Qayyum, S.; Sultana, Arshiya. ; Heyat, M.B.B.; Rahman, K.; et al	Therapeutic Efficacy of a Formulation Prepared with <i>Linum usitatissimum</i> L., <i>Plantago ovata</i> Forssk., and Honey on Uncomplicated Pelvic Inflammatory Disease Analyzed with Machine Learning Techniques.	Pharmaceutics 2023, 15, 643. https://doi.org/10.3390/pharmaceutics15020643	1999-4923
	Firdous K. F, Rahman K, Arshiya Sultana, Khan S.	Development, Characterization, and <i>In-Vitro</i> Antimicrobial Activity of <i>Lawsonia inermis</i> L. Leaves Hydroalcoholic Extract-Based Vaginal Suppositories.	Trad Integr Med 2023;8(1):16-25	<u>2476-5112</u> (E)
	Bashir S, Ansari AH, Sultana A.	Knowledge, Attitude, and Practice on Antenatal Care Among Pregnant Women and its Association with Sociodemographic Factors: A Hospital-Based Study	Journal of Patient Experience. 2023;10. doi: 10.1177/23743735231183578	23743735
	Kousar F, Sultana Arshiya , Shahzadi Sultana TB, Begum A	Individualized Therapy to Manage Quadriplegic Spastic Cerebral Palsy with Unani Treatment Modalities.	CELLMED. 2023 Nov;13(14):3	2233-8985 (Electronic)
	Usmoni N, Roqaiya M, Quadri MA, Sultana A, Banu T, Alam S.	Randomized Trial Comparing the Effect of Unani Formulation with Metronidazole in Bacterial Vaginosis.	CELLMED. 2023 Nov;13(14):5	2233-8985 (Electronic)
	Abothu Suhasini, Wasia Naveed, Arshiya Sultana, Shahzadi Sultana	A Randomized Comparative Study of Unani Formulations in Abnormal Uterine Bleeding due to Endometrial Hyperplasia	CELLMED 2023; Nov. 13(14) pp.6~6	2233-8985 (Electronic)
	Begum A, Sultana S, Arshiya Sultana.	An Open-Labelled Randomized Comparative Efficacy Study of Unani Formulations and Hijama Bila Shart in Tashanuji Usr al-Tamth (Spasmodic Dysmenorrhea).	Pharmacognosy Research. 2024;16(1): 183-190. DOI: 10.5530/pres.16.1.23	Print -0976-4836, Online - 0974-8490
	Fazmiya MJ, Sultana A, Heyat MB, Parveen S, Rahman K, Akhtar F, Khan AA, Alanazi A, Ahmed Z, De La Torre I, Ballester JB.	Efficacy of Formulation Prepared with <i>Acacia arabica</i> (Lam.) Willd. Gum and <i>Cinnamomum camphora</i> (L.) J. Presl. Vaginal Suppository in Heavy Menstrual Bleeding Analyzed with Machine Learning Technique.	Frontiers in Pharmacology. 2024;15:1331622. https://doi.org/10.3389/fphar.2024.13316	1663-9812

	Sumbul, Arshiya Sultana., Heyat, M. B., Rahman, K., et al	Efficacy and classification of Sesamum indicum linn seeds with Rosa damascena mill oil in uncomplicated pelvic inflammatory disease using machine learning	<i>Frontiers in Chemistry</i> , 2024.12, 1361980. https://doi.org/10.3389/fchem.2024.1361980	2296-2646
Review articles				
	Arshiya Sultana , Rahman K, Tabassum K	Why the Fetus is Not Rejected by Mother.	The Antiseptic Journal of Medicine and Surgery. 2008; .105(11); 547-548. [India]	0003-5998
	Arshiya Sultana , Rahman K, Rahman S.	Concept of Conception and Infertility in Realm of History.	J Int S Hist Islamic Med 2009-2010; 8-9 (15-18):125-129. [Turkey]	1303-667x
	Arshiya Sultana , Rahman K, Sundari T.	Myths and Facts of Caesarean Delivery.	Obstetrics and Gynecology Today. 2009; 14(10):406-409.	-
	Arshiya Sultana , Rahman K, Sundari T.	Chickenpox and Pregnancy.	Medical Progress. 2009; 1(9): 272-274.	-
	Arshiya Sultana , Rahman K, Pasha M, Begum M.	Role of Ultrasonography in Prenatal Diagnosis of Fetal Congenital Anomalies.	Obstetrics and Gynecology Today. 2009; 14(8): 323-325.	-
	Rahman K, Arshiya Sultana , Rahman S.	Concept of Aging and Antiaging Drugs in Unani System of Medicine	Ayurveda Sameekshawa, 2009; 2(5): 64-67. (Sri Lanka) .	1391-4812
	Arshiya Sultana , Rahman K, Farzana MUZN.	Concept of Maternal Health Care in Unani System of Medicine.	Ayurveda Sameekshawa. 2009; 2(5): 68-75 (Sri Lanka) .	1291-4812
	Farzana MUZN, Arshiya Sultana , Tharique, Pasha	Imaging Modalities in Gynaecology	Journal of Paediatrics, Obstetrics and Gynecology. 2010;11(1): 421-28.	-
	Arshiya Sultana , Rahman K, Nagaraj R, Begum M.	Vaccines in Pregnancy: Safe or Not.	Paediatrics Today. 2010; 13(4): 131-136	-
	Rahman K, Arshiya Sultana , Rahman S.	Adverse Drug Reactions of Traditional Medicine.	The Antiseptic Journal of Medicine and Surgery .2010; 107(7): 351-353.	0003-5998
	Arshiya Sultana , Rahman K, Sundari T.	Importance of Screening and Diagnostic Methods to Detect and Prevent Breast Cancer.	Medical Progress. February. 2010; 2(2):47-52.	-
	Farzana MUZN, Arshiya Sultana , Tharique	Non Surgical Management of Urinary Incontinence in Women: An Overview.	The Antiseptic Journal of Medicine and Surgery. 2011;108(10):491-5.	0003-5998
	Arshiya Sultana , Fathima A, Rahman K, Begum M, Sundari	Aetiopathogenesis and Therapeutic Approach in Menorrhagia.	Journal of Paediatrics, Obstetrics and Gynecology. .2011; 2(8):285-297.	-

	T.			
	Farzana MUZN, Arshiya Sultana , Tharique	Genital Prolapse: An Overview.	Journal of Paediatrics, Obstetrics and Gynecology 2011; 2(5):248-255.	-
	Rahman S,Rahman K, Arshiya Sultana	Chirayita (<i>Swertiachirata</i> Buch-Ham): Traditional Uses and Pharmacological Studies.	The Antiseptic Journal of Medicine and Surgery. 2011; 108(6):300-4. [India]	0003-5998
	Arshiya Sultana ,Rahman K, Nagaraj R, Begum M	Vaccines in Pregnancy: Safe or Not.	Journal of Paediatrics, Obstetrics and Gynecology. 2011; 2(5):175-182 [India]	-
	Rahman K, Arshiya Sultana , Rahman S.	<i>Gossypium herbaceum</i> Linn.: An Ethno pharmacological Review.	J Pharm Sci Innov. 2012; 1(5):1-5. [India]	2277-4572 (Electronic)
	Arshiya Sultana , Rahman K.	<i>Portulaca oleracea</i> Linn: A global panacea with ethnomedicinal and pharmacological potential.	Int J Pharm Pharm Sci. 2013; 5(Suppl 2):33-39. [India]	0975-1491 (Electronic)
	Arshiya Sultana ,Rahman K, Farzana MUZN.	Murdarsang (<i>Plumbioxidum</i>): A Mineral with medicinal properties.	Ayurveda Sameekshaw. 2013; 2(8): 11-15. [Sri Lanka]	1391-4812
	Arshiya Sultana , Rahman K, Manjula S	Clinical update and treatment of lactation insufficiency.	Medical Journal of Islamic World Academy of Sciences. 2013; 21:19- 28. [Turkey]	1016-3360
	Arshiya Sultana , Rahman K, Padmaja AR, Rahman S.	<i>Boswellia serrata</i> Roxb. A traditional herb with versatile pharmacological activity: A Review.	International Journal of Pharmaceutical Science and Research (IJPSR). 2013; 4(6): 2106-2117. [India]	2320-5148 (P) 0975-8232I
	Imtiyaz S, RahmanK, Arshiya Sultana , Tariq M, Chaudhary SS.	<i>Zingiberofficinale</i> Rosc.: A traditional herb with medicinal properties	TANG humanitas traditional medicine .2013; 3(4)e26:1-7. [South Korea]	2233- 8985 (Electr onic)
	Arshiya Sultana , RahmanK, Rahman S, Renuka BN.	Aetiology and Pathophysiology of Dysmenorrhoea: An Update.	Journal of Paediatrics, Obstetrics and Gynaecology. 2013; 4(5):157-69	-
	M.U.Z.N. Farzana, I.Al Tharique, Arshiya sultana .	A review of ethnomedicine, phytochemical and pharmacological activities of <i>Acacia nilotica</i> (Linn) Willd.	J. Pharmacogn Phytochem. 2014; 3 (1): 84-90 [India]	2278- 4136 (Electr onic) UGC Journal No. 45051
	Arshiya Sultana , Noor L, Rangaswamy PA and Sundari T.	Etiology, Risk Factors and Pathophysiology of Stress Urinary Incontinence: A Review.	Int. Res. J. Biological Sci. 2015;4(6):69-76 [India]	2278-3202 (electronic)
	Arshiya Sultana , Asma K., Khaleequr Rahman, Shafeequr Rahman,	Oleo-gum-resin of <i>Ferula asafoetida</i> : A traditional culinary spice with versatile pharmacological activities	Res. J. Recent Sci., 2015; 4(IVC-2015),16-22 [India]	2277-2502 [e]
	Arshiya Sultana , Khaleeq Rahman, Padmaja	Urinary Incontinence (Salasal Bawl) in Greco-Arabic Medicine: A Review	AMHA Acta Medico- HistoricaAdriatica; 2015;	1334- 4366 (P) 1334-6253

AR		13 (Suppl. 2): 56-76. PMID:26959632 [Elsevier] [Croatia]	(O)
R Seema, R Khaleequr, Arshiya Sultana	Ethnomedicinal and pharmacological activities of Mochrus (Bombax ceiba Linn.): An overview	TANG 2016; 6 (1) [South Korea]	2233-8985 (O)
Arshiya Sultana , Padmaja A R, Khaleequr Rahman T. Sundari	Clinical evaluation and investigation in women with stress urinary incontinence: An overview	Medical Journal of Islamic World Academy of Sciences. 2016; 24(2): 44-55. [Turkey]	2415-1300 (P) 2415-1297 (O)
Arshiya Sultana , Lamatunoor S, Begum M, Qhuddsia QN.	Management of Usr-i-Tamth (Menstrual Pain) in Unani (Greco-Islamic) Medicine	Journal of Evidence-Based Complementary & Alternative Medicine. 2017; 22(2): 284-93	2156-5872 (P) 2156-5899 (O)
ArshiyaSultana AGF Najeeya Amera Anjum,	Traditional Unani useswith multiple pharmacological activities of aril of <i>Myristica fragrans</i> (Mace)	TANG 2018; 8 (2)	2233-8985 (O)
Arshiya Sultana, Khaleequr Rahman	<i>Santalum album</i> Linn wood and its oil: An aromatic Unani traditional medicine with versatile pharmacological activities	TANG humanitas traditional medicine .2018; 8(3)e14:1-6. [South Korea]	2233-8985 (Electronic)
Arshiya Sultana , Anjum A, Rahman K	Cassia fistula Linn (Khiyar Sambhar): A traditional Unani medicine with different pharmacological activities	Res. J. of Pharmaceutical Sci. 2018;7(2):6-9	2319 – 555X (Electronic)
RushdaSaeedi Arshiya Sultana Khaleequr Rahman	Medicinal Properties of Different Parts of <i>Acacia nilotica</i> Linn (<i>Babul</i>), Its Phytoconstituents and Diverse Pharmacological Activities	Int J Pharm Pharm Sci. 2020; 12(2):8-14. [India]	0975-1491 (Electronic)
RushdaSaeedi Arshiya Sultana Khaleequr Rahman	Ethnomedicinal uses and pharmacological activities of different parts of <i>Cucumis sativus</i> linn: an update	Int J Pharm Sci & Res (IJPSR).2020; 11(4): 1549-56 [India]	2320-5148 (P) 0975-8232I
Saeedi R. Sultana A. Khan M.A. Farzana M.U.Z.N.	A conceptual literary exploration of Sayalan al-rahim (abnormal vaginal discharge) in Unani medicine	Sril Lanka journal of Indigenous medicine (SLJIM) 2020; 05 (02): 414 – 423	2012-9238
Arshiya Sultana MJA Fazmiya, Khaleequr Rahman	<i>Mundi</i> (<i>Sphaeranthus indicus</i> Linn): The best blood purifier and immunomodulatory Unani herb with versatile ethnomedicinal uses and pharmacological activities	CellMed 2021;11(2):e10	2233-8985 (Electronic)
Arshiya Sultana Khaleequr Rahman Abdul Aziz Abdul Haseeb Ansari	<i>Manae Hamal: Unani naziriya wa taqeeqi multiya</i>	Tarjima-e-Tibb 2020	2454-4507
Fazmiya MJ, Arshiya Sultana, Rahman K, Heyat MB, Akhtar F, Khan S, Appiah	Current Insights on Bioactive Molecules, Antioxidant, Anti-Inflammatory, and Other Pharmacological Activities of <i>Cinnamomum camphora</i> Linn.	Oxidative Medicine and Cellular Longevity. 2022 (7 th October 2022) (special issue:	ISSN: 1942-0900 (Print) ISSN: 1942-0994 (Online)

	SC..		Characterization of Food Varieties Bioactive Compounds and their Health Promising Effects)	
	Arshiya Sultana, Kousar F, Sultana S, Banu T, Begum A. -.	Traditional Unani Plant-Based Therapies for Menopausal Symptoms in Women.	CELLMED. 2023 Nov;13(14):4	2233-8985 (Electronic)

Papers presented (as 1st Author) in Conferences, Seminars, Workshops, Symposia etc.

S. No.	Title of the Paper presented	Title of Conference/ Seminar	Date and Organized by	Whether International/ national
1.	Comparative Study of Unani Formulation in Dysovulatory Infertility due to Luteal Phase Defects and its Associated Conditions.	3 rd Svastha International Ayurveda Conference,	Sri Lanka Institute of Ayurveda and Traditional Medicine, Colombo, Sri Lanka, 2-3 January 2010	International
2.	Conception with Unani Formulations in Unilateral Right Side Tubal Blockage.	"Our planet in crisis"	Indian Social Science Congress, VOL XXXIII, Indian Academy of Social Sciences Hyderabad, 10-14 March, 2010	International
3.	Efficacy of HijamatBilaShurt on Intensity of Pain in Dysmenorrhoea.	International Conference of Integrative Medicine and 1 st SAARC Conference on Unani Medicine	Faculty of Unani Medicine, Aligarh University, Aligarh, 2-4 February, 2010.	International
4.	Effect of Unani Drugs on Female Reproductive System: An Evidence Based Approach.	3 rd International Conference on "Medicinal Plants and Herbal Products"	Institute of Indigenous Medicine (IIM), University of Colombo, Sri Lanka, 19-21 December, 2011.	International
5.	An Appraisal of Unani Drugs Exhibiting Anti-fertility Activity.	World Conference on AYU 2012	International Academy of Ayurved and BAMS Graduates Association, Pune, 5-8 January, 2012.	International
6.	Unani Perspective of Qillatul Laban (Oligogalactia): A Literary Research.	1 st International Conference on Unani, Ayurveda, Siddha & Traditional Medicine 2013 on Natural Solution for Health Challenges	Institute of Indigenous Medicine (IIM), University of Colombo under the guidance of the University Grants Commission (UGC), Sri Lanka, 19-21 December, 2013.	International

7.	Efficacy of <i>KundurandNagarmotha</i> on Quality of Life of Reproductive Women with Stress Urinary Incontinence.	International Conference on Multidisciplinary Health care	Healthcare Professionals, All India Institute of Medical Sciences, Delhi, 9-14 January, 2014.	International
8.	Oleo-gum-resin of <i>Ferulaasafetida</i> : A traditional culinary spice with versatile pharmacological activities.	2 nd International Virtual Congress. (IVC-2015)	International Science Congress Association, 5-10April, 2015	International
9.	Anti-aging herbs: A natural Way for Longevity.	World Yoga and Aroyga Convention	SRS Art Exotica Pvt. Ltd., Hyderabad, 18-21 June, 2015	International
10.	Aetiology of <i>usreviladat</i> (dystocia) in Unani and conventional system of medicine: An appraisal. [poster]	Global conference on Unani Medicine, "Emerging trends and future prospects"	Kashmir international conference, Organized by Directorate General of Indian System of Medicine, J & K Srinagar, support by Ministry of AYUSH, GOI and World Unani foundation, Delhi, 12-13, October, 2015.	International
11.	Unani treatment in <i>Salae al Rahim</i> (leiomyomata): A Case Report.	Global wellness meet -2016 International Conference on Ayurvedia, Unani, Yoga and Naturopathy Health for All, Let us Make it	Karnataka Ayurveda and Unani Practitioners Board, Bengaluru, 26-28 February, 2016.	International
12.	<i>Uqr</i> (Infertility) in Unani System of Medicine: A Literary Research.	2 nd World Unani League on the occasion of 148 th Birth Anniversary of Maseehul Mulk Hakeem Ajmal Khan.	Unani Medical Association, Hyderabad, 10-12 February, 2016.	International
13.	Determination of Mizaj (Temperament) in Women with Mixed. Urinary Incontinence: A Preliminary Study.	International Conference of Unani Medicine, From Tradition to Evidence Based Medicine.	National Institute of Unani Medicine, Bengaluru, 25-27 October, 2016.	International
14.	Efficacy and safety of <i>Tribulus terresteris</i> L. (fruits) in menopausal transition symptoms: A randomized placebo controlled study'	International Collaborative Conference " Healthy ageing in the changing	World Congress of Gerontology and Geriatrics , BioGenesis, 23- 25 November 2016, J.N	International Best oral paper presentation award

		world 2016"	Tata Auditorium, Indian Institutes of Science, Bengaluru, India.	
15.	Role of Fasd (venesection) in AmrazeNiswan (Gynecological disorders)- A literary Research (Poster presentation) .	JCON 4- International conference of Unani Medicine: "Revisiting IlmulJarahat (surgery). -2018	Organized by Department of Jarahat, AKTC college, Aligarh, 26- 28 February, 2018	International
16.	<i>Usr-i-Wiladat</i> (Dystocia) in Ancient Wisdom and Modern Medicine	Unani Global 2018- International Conference and Exhibibtion.	Organized by AYUSH Directorate, Government of Maharashtra, MCIM, India World Trade Centre, Mumbai, 11- 13 May 2018	International
17.	<i>Cassia fistula</i> Linn (<i>Khiyar Sambhar</i>): A Traditional Unani Medicine with different pharmacological activities	5th International Virtual Congress. (IVC-2018)	International Science Community Association, 5- 10August, 2018	International
18.	Efficacy of <i>Linum usitatissimum</i> Linn and <i>Plantago ovata</i> Forssk in uncomplicated Pelvic Inflammatory Disease -A Randomized Standard Controlled Study"	World Congress on infectious diseases and antibiotics-2018,	Organized by Biogenesis cluster J.N Tata Auditorium, Indian Institutes of Science, Bengaluru, India. 28 & 29 November 2018,	International Received Best Oral Presentation Award
19.	Efficacy of <i>Boswellia serrata</i> L. and <i>Cyperus scariosus</i> L. plus pelvic floor muscle training (PFMT) in reproductive age women with stress urinary incontinence: A randomized controlled study	Vth World Congress on Women-2019	Organized by Biogenesis cluster J.N Tata Auditorium, Indian Institutes of Science, Bengaluru, India. 8 September 2019,	International
20.	A literary exploration of ghiza (diet) used during Haml(pregnancy) in Unani Medicine [presented by co-author]	2 nd UMDA Day	Organized by Unani drugs manufacturers association, Jamial Millia Islamia, New Delhi, 11-13 October, 2019,	International
21.	Integrative approach for the prevention and palliative treatment of gynecologic cancer in Unani Medicine	GHF's ICIO 2020- Pre-Conference Integrative Oncology	Organized by GHF, at Govt, Homopathy Medical College, Bangalore 3 November, 2019	International
22.	Hospital Admission clerking medical record: Pre and Post national accreditation board for hospital (NABH) accreditation	BioInquirer Research Forum 2020 "Transform and Collaborate"	Organized by the International Institute of Health Sciences, Srilanka, 28 November, 2020	Conferred Merit Award for the oral presentation

23.	Effect of marham-i-raal on episiotomy wound healing and pain relief: a case series	First Online Conference on Integrative Pregnancy	Organized by University of Health Sciences, Istanbul Turkey under patronage of European Medical Association, facilitated by AAHN.UG and coordinated by Tehran University of Medical Sciences, Iran and RGUHS January 21, 2021	International
24.	Endorsing healthy aging in older women in India during COVID-19 pandemic	World Congress on Gerontology and geriatrics 6th International Conference Healthy ageing in the changing world 2021	organized by Biogenesis Health Cluster, Bengaluru, India 31 October 2021	International
25.	Herbal medicine and nutritional supplements for premenstrual psycho-behavioural and somatic symptoms: a meta-analysis of randomized controlled trial	World Congress on mental health and behavioural disorders treatment 2023 (virtually)	organized by BioGenesis Health cluster, Bengaluru, 12 January 2023.	International Best presentation award for scientific Paper
26.	Clinical Efficacy of Pisatcia Integerrima (Kakrasingi) and Metronidazole in Abnormal Vaginal Discharge due to Bacterial Vaginosis: A Randomized Controlled Trial' was presented by PG scholar in	International Ayush Summit: A comprehensive conclave on holistic health care 2023,	Kanayakumari, Tamil Nadu held on 27-29 January 2023.	International
27.	Roghan-i-Gul (Rosa damascena Mill) oil: An aromatic oil with versatile ethnomedicinal and pharmacological properties"	Virtual 2nd International Symposium on Materia Medica: Damask Rose	organized by Tehran University of Medical Sciences, Tehran, Iran. on 24 October 2023.	E-poster International
28.	Unraveling Potentials of Aslusoos (Glycyrrhiza glabra Linn) in Gynecological Disorders: A Systematic Review"	3rd International Symposium on Materia Medica	organized by Tehran University of Medical Sciences, webinar Tehran, Iran, 23 January 2024.	Paper presentation international

Papers presented in Conferences, Seminars, Workshops, Symposia etc (National)

1.	Clinical Trial of Unani Drugs in Dysovolatory Infertility due to Luteal Phase Defect.	National Seminar on Moalijat	Dept. of Moalijat, A.G. Unani Medical College, Akkalkuwa, Dist. Nandurbar, M.S, 25- 26 March, 2006.	National
2.	Effects of Air Pollution on Pregnancy: A Literary Review.	National Conference on HifzaneSehat and Unani Medicine	Dept. of TahaffuziwaSamaji Tib, Ahmad Garib Unani Medical College, Akkalkuwa, Dist. Nandurbar, M.S, 11- 12 April, 2009.	National
3.	Impact of Air Pollution on Pregnancy Outcome.	“Recent Advances in Reproductive and Child Health: A conference for traditional medicine and novel pharmaceutical techniques.” RCH Pharmamed 2009	Faculty of Medicine (U) and pharmacy, Jamia Hamdard, New Delhi, 17- 18 April, 2009.	National
4.	Reproductive and Child Health Care: <i>Tadabire Hamala</i> (Antenatal Care) in Unani System of Medicine.	4 th National Conference on Unani Medicine	All India Unani Tibbi Congress, Nagpur, 16 January, 2011.	National
5.	Efficacy of HijamatBilaShurt on Excessive Menstrual Blood Loss in Kasrate Tams. [only abstract]	National Seminar on Maternal and Child Health	Dept. of QabalatwaAmrazeNiswan, AK Tibbiya College, AMU, Aligarh, 21-22 March, 2011.	National
6.	Aromatherapy in Obstetrical and Gynecological Disorders	National Seminar on “Emerging Trends in the Development of Unani System of Medicine”	State TakmeelutTibb College and Hospital, Lucknow, 12-13 March, 2011.	National
7.	Significance of Mizaj (Temperament) in Gynecological Disorders:	Mizaj and its implication in different disciplines of Tibbe Unani	Ayurveda and Unani Tibbia College and Hospital, Govt of NCT of Delhi, Karol Bagh, 15-16 Oct, 2011.	National
8.	Effectiveness of HijamatbilaShart in Kasrate Tams: A Preliminary Study	Rural Health Care with Unani Medicine	All India Unani Tibbi Conference, Hyderabad Chapter, in Collaboration with Central Research Institute of Unani Medicine (CRIUM), Hyderabad, 22-23 Dec, 2012	National
9.	Scientific Appraisal of Hijamah in Menstrual Disorders.	National Seminar on Research Methodology in Ilaj Bit Tadbeer	State Takmeelut-Tib College, Lucknow, 10-11 October, 2015	National
10	Quantitative measurement for AjnaseAshra (Ten Determinants) of Mizaj (Temperament) [Poster]	National Seminar on Unani Medicine	Government NizamiaTibbia College, Hyderabad, 30-31 January, 2017	National
11	Dermatological disorders and pregnancy (Dermatoses specific to pregnancy)	Skin diseases and cosmetology in Unani Medicine	Central Research Institute of Unani Medicine, Hyderabad, 12-13 February, 2017.	National

12	View of Hakim Ajmal Khan on Salasal Bawl	National Seminar on 2 nd National Unani day celebration 2018	Govt. Nizamia Tibbia College, Charminar, Telangana, 5-11 February, 2018	National
13	Efficacy of Sitz Bath with Aqueous Extract Powder of Acacia nilotica's Pods in Pathological Vaginal Discharge and Health-Quality of Life- A Randomized Placebo-Controlled Study.p. Author: Dr. Arshiya Sultana Dr.RushdaSaeedi	National Conference on Recent Developments in Biomedical, Unani and Ayurvedic Translational Research & Darker Side of Rampant Use of Lead Based Products Theme: "safe and affordable research products for better healthcare"	Department of Biochemistry, J.N. Medical College, AMU, Aligarh And Under the Aegis of Indian Academy of Biomedical Sciences (IABS) & Indian Society for Lead Awareness and Research (InSLAR) 11, 12 March 2019	National Recieved Gold Medal for Best Oral Presentation Award by InSLAR
14	Management of Reproductive Health in Diabetic Woman with Unani Medicine.p.11 Author: Dr. Arshiya Sultana Dr.Khaleequr Rahman	National Seminar on prevention and control of Non-communicable diseases	Department of TahaffuziwaSamaji Tib National Institute of Unani Medicine, Bangalore 16-17 December, 2019	National
15	Therapeutic implications in Traditional medicine Unani medicine-- Bisfayej (Polypodium vulgare L.) Presenter: Dr Arshiya Sultana Co-presenter: Khaleequr Rahman	2 nd National seminar (vitrual) under the auspices of DRS-II UGC, Integrative approach for research in Unani Medicine	Department of Ilmul Advia, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh, 2-3 March 2022	National

Orientation and Teacher training/ Workshop/Training Courses as Delegate

S. No.	Programme	Duration	Organized by
Training programs and workshops			
1.	Certificate course in Medical Ultrasonography	11-8-2001 to 10-2- 2002	Nitya Diagnostics Centre
2.	Orientation and Training Workshop on Sickle Cell Disease	1- 2 March, 2006	Sumitabai Shah AyurvedMahavidalaya, Hadapsar, Pune, M.S, held at A.G. Unani Medical College, Akkalkuwa, Dist: Nandurbar, M.S.,
3.	Orientation and Teachers Training Program for 3 rd B.U.M.S.	20 March, 2004	A.G. Unani Medical College, Akkalkuwa, Dist: Nandurbar, M.S,
4.	Reorientation Training Programme in QabalatwaAmrazeNiswan	1- 6 December, 2008.	Dept. of AYUSH, NizamiaTibbi College, Hyderabad, A.P
5.	HELINET Training and Continuing Program	26 August, 2008.	Rajiv Gandhi University of Health Sciences, Bengaluru, Karnataka,
6.	Workshop on Research Methodology and Scientific Publication	4-5 June, 2008.	Indian Academy of Oral Medicine and Radiology in association with Indian Institute of Science and Indian Medical Association, Tata auditorium,

			Bengaluru Karnataka,
7.	Training Program on Research Methodology, Data Management and Biostatistics	8-9 January 2010.	National Institute of Animal Nutrition and Physiology, Bengaluru
8.	Workshop on Ethics Committee-Challenge in Building Stakeholder Confidence	26 September, 2010.	at the Zonal ethical Committee workshop, St. John's Hospital, Bengaluru organized by ISCR, Pfizer and IEC,
9.	Training Program on Research Methodology, Data Management and Biostatistics Using Web Based Statistical Software	10-11 December, 2010	National Institute of Animal Nutrition and Physiology in Adugodi, Bengaluru
10.	Workshop on Writing a Research Protocol organized	6 January, 2011.	Pharmainfo.net and Education Open source
11.	Participated as delegate in International Congress on Emergencies in Obstetrics: Preconference workshop	29-31 July, 2011.	Federation of Obstetrics and Gynecological societies and BSOG at Vivinta by Taj, Bengaluru,
12.	Training Program on Research Methodology, Data Management and Biostatistics Using Web Based Statistical Software	4-5 August, 2012.	ChanRe Diagnostic Center, Malleshwaram, Bengaluru,
13.	Workshop on Research Methodology in Unani Medicine	8-9 Dec, 2012.	Dept of Moalajat, National Institute of Unani Medicine, Bengaluru
14.	Workshop on Clinical Update in Rheumatology 2012	16 Dec, 2012.	ChanRe Diagnostic Center, APH Bhavan, Bengaluru
15.	Workshop on Clinical Update in Rheumatology 2013	15 Dec, 2013	ChanRe Diagnostic Center, APH Bhavan, Bengaluru
16.	Workshop on MatabwaNuskhaNavesi in Unani Medicine	18 Dec, 2013	National Institute of Unani Medicine, Bengaluru
17.	Workshop on Research Methodology in Unani Medicine	15-16, Feb 2014	National Institute of Unani Medicine, Bengaluru
18.	Workshop on Research Methodology in Fundamental Principles of Unani Medicine	11-12, June 2015	National Institute of Unani Medicine, Bengaluru
19.	Training Program on Implementation of NABH Unani Standards for NIUM Bangalore	1- 3, Dec. 2016	National Institute of Unani Medicine, Bengaluru
20.	Clinical Audit	20-November, 2016	National Accreditation Board for Hospitals and Health care Providers, Quality Council of India. Conducted in Bengaluru.
21.	Training program for NABH assessor for AYUSH, Bengaluru,	5-9, June 2017	National Accreditation Board for Hospitals and Health care Providers, Quality Council of India. AYUSH-S-2017-04-065
22.	5th National Certificate Course on Hospital Infection, Prevention and Control.	27-29, October 2017	Infection Control Academy of India, University of Hyderabad, Telangana.
23.	Training on online submission of Form F	20 December, 2017 at 10.00 am	Organized by District health and Family welfare officer, Urban District at District health and Family welfare officer, Indiranagar, Bangalore
24.	Antimicrobial stewardship: A competency based approach [Online]	15 January, 2018	OpenWHO course, Web Based knowledge-transfer platform, World Health Organization,
25.	Good Clinical Practice [Online]	01 April, 2018	National Institute of Drug Abuse (NIDA), Clinical Trials Network,

			National Institute of Health, Department of Health and Human Services, United States
26.	Clinical Research training and medical education [Online]	06 April, 2018	Clinical Center office of Clinical Research Training and Medical Education, National Institute of Health (NIH), Department of Health and Human Services, United States
27.	Introduction to an integrated Approach (WISH module 1)	25 April 2018	Training Website. The North Carolina Institute for Public Health, Part of the University of North Carolina Gillings School of Global Public Health
28.	Defining the Challenge (WISH module 2)	2 May 2018	Training Website. The North Carolina Institute for Public Health, Part of the University of North Carolina Gillings School of Global Public Health
29.	Standard precautions: Waste management	May 14, 2020	OpenWHO course, Web Based knowledge-transfer platform, World Health Organization, -Health Emergencies programme
30.	Online training on an update on COVID-19 for AYUSH doctors on preparedness, response and containment of pandemic	May 28, 2020	Directorate of AYUSH, Govt of NCT of Delhi, Department of Health and Family Welfare, Govt. Delhi.
31.	Standard precautions : Environmental cleaning and disinfection	June 5, 2020	OpenWHO course, Web Based knowledge-transfer platform, World Health Organization, -Health Emergencies programme
32.	Online training and brainstorming through webinar on COVID 19 pandemic for health professional and COVID warriors	June 21, 2020	Regima Healthcare Pvt. Limited and softential solutions technology partners
33.	Online Webinar series IPC Masterclass: outbreak, epidemics and pandemics	April 21 to May 19, 2020	IPC Masterclass, Indian Institute of Public Health, Infection Control Academy of India, Hyderabad
34.	Online Webinar series, IPC Masterclass: Biosafety	June 5 to July 7, 2020	IPC Masterclass, Indian Institute of Public Health, Infection Control Academy of India, Hyderabad
35.	International forum on quality and safety in healthcare virtual workshop: improving safety post pandemic	July 30, 2020	Institute for Healthcare improvement BMJ New Delhi
36.	International forum on quality and safety in healthcare virtual workshop: Leadership and culture for change during COVID-19	August 6, 2020	Institute for Healthcare improvement BMJ New Delhi
37.	Basic Microbiology	August 8, 2020	OpenWHO course, Web Based knowledge-transfer platform, World Health Organization, -Health Emergencies programme
38.	Infection prevention and control core components and multimodal strategies	August 8, 2020	OpenWHO course, Web Based knowledge-transfer platform, World Health Organization, -Health Emergencies programme

39.	International forum on quality and safety in health care virtual workshop: Doing more with less-reducing waste and improving quality	August 13, 2020	Institute for Healthcare improvement BMJ New Delhi
40.	Certificate course on Hygiene and decontamination practices for life sciences & pharma: A new normal post covid-19	November 21, 2020	PHIC expo 2020, Preventive healthcare and infection control EXPO organized by Infection control academy of India (IFCAI)
41.	E-workshop on dermoscopy	December 6, 2020	Department of Amraze Jild wa Zoharawiya, AMU, Aligarh and Unani dermatologists and cosmetologists association of India
42.	Online IPC Master Class Covid-19: Learning from the past waves to prepare Hyderabad from	June 8 to July 6, 2021	IPC Masterclass, Indian Institute of Public Health, Infection Control Academy of India, Hyderabad
43.	Cancer Screening Training program for health professionals	12 June 2021-11 September 2021	PRAYASH TCM-ECHO cancer screening training course on cervical, breast and oral cancer organized by Tata Medical Centre Kolkata, ICMR and NICPR
44.	Online training program Emotional Intelligence at Workplace for Women Scientist/Technologists	29 November 2021 to 3 December 2021	Sponsored by Department of Science and Technology, Centre for Organization Development, Hyderabad
45.	Dr Arshiya Sultana attended Online Training in Assessment Methods for the Teachers of Unani, Yoga & Naturopathy	17 February 2022	organized by RGUHS, Karnataka
46.	Dr Arshiya Sultana attended Workshop on Colposcopy practical demonstration	11 January 2023.	organized by Dept. of Ilmu Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Bangalore held on
47.	Hand- on training using IBM SPSS software CME program	24 and 25 January 2023	organized by National Institute of Unani Medicine, Bengaluru
48.	One day workshop medical assessment and rating board for Indian system of Medicine (MARBISM)	26 September 2023.	organized by MARBISM, NCISM, New Delhi
49.	virtual MARBISM pilot assessment and rating of AS&U colleges	20 October 2023	organized by MARBISM, NCISM, New Delhi on.
50.	Training program for the assessors of rating of ASU College	17 May 2024.	organized by National Commission for Indian System of Medicine (NCISM), New Delhi.
51.	Workshop on scientific writing, research integrity, and publication ethics (capacity building programme)	20-23 June 2024	Sri Sri College of Ayurvedic science and research, Bengaluru organized by National Commission for Indian System of Medicine

	for PG guide NCISM initiative)		
Delegate in Conferences, CME, Webinar and Seminars			
1.	“Jyotsna-2001: National Seminar on Obstetrics and Gynaecological organized by at	14- 15 July, 2001	Federation of Obstetrics and Gynecological societies of India and Gynecological and Obstetrical society of Hyderabad Ravindra Bharathi, Hyderabad
2.	International Congress on Recent Advances in Obstetrics and Gynecology	8-10 April, 2011.	Federation of Obstetrics and Gynecological societies and FIGO at ITC Maratha, Mumbai
3.	International Congress on Emergencies in Obstetrics	29-31 July, 2011.	Federation of Obstetrics and Gynecological societies and BSOG at Vivinta by Taj, Bengaluru,
4.	Unite together to fight against gynecological cancers-Vision-2020.	17-18 Nov, 2012.	First annual conference of Association of Gynaecologic Oncologists of India. Karnataka Chapter in association with Dept of Public Health. AGOI-KSCCON-2012, Dhanvantri Hall Auditorium, RGUHS, Bengaluru,
5.	National Seminar on Masheehul Mulk Hakeem Ajmal Khan Life and contribution.	28 Dec, 2013.	All India Unani Tibbi Conference Hyderabad Chapter with collaboration with Central Research Institute of Unani Medicine (CRIUM), Hyderabad,
6.	Oshadhi 2013. Herbal Expo exhibition and National Seminar on current status and recent advances in Medicinal plants of research,	29-31 Dec, 2013.	National Board of Medicinal Plants,Central Research Institute of Unani Medicine (CRIUM),Erragada, AP
7.	Sandal wood: Current trends and future prospects,	26-28 February 2014.	Institute of Wood Science and Technology, Bengaluru,
8.	Annual conference “Gnanavarsha 2014”,	13-14, Sept 2014.	Bengaluru Society of Obstetrics and Gynecology, St. John’s Medical College, Bengaluru,
9.	31 st National annual conference of ISOPARB 2015,	14 &15 March 2015,	Bengaluru Society of Obstetrics and Gynecology, Bengaluru, Karnataka
10.	CME on Recurrent pregnancy loss.	24, May, 2015.	Bengaluru Society of Obstetrics and Gynecology, Dept of OBG, MS Ramaiah Medical College, Bengaluru,
11.	Annual conference “Gnanavarsha2015”,	12-13, Dec.2015.	Bengaluru Society of Obstetrics and Gynecology, NIMHANS convention Center, Bengaluru,
12.	Annual conference “Gnanavarsha2016”, Prevention of infection in pregnancy,	10-11, December, 2016.	Bengaluru Society of Obstetrics and Gynecology, NIMHANS convention Center, Bengaluru
13.	III World Congress of Gynecology and Pediatrics Conference	23-25 November 2016	BioGenesis, J.N Tata Auditorium, Indian Institutes of Science, Bengaluru, India.
14.	Conquer the Contagion maternal infections during pregnancy	06 August, 2017	Sapthagiri Institute of Medical Sciences and Research Centre, And BSOG, Bengaluru,
15.	Infection Control: Sighting the Unseen	19 August, 2017	Dept. of Micro Biology, Bangalore Medical College and Research Institute, Bengaluru
	Ovulation Induction and luteal	11 March,	Seminar by Indian Society for Assisted

16.	support and KISAR Chapter ISAR Quiz	2018	Reproduction, Bengaluru
17.	CME on “Diabetes mellitus Tsunami” If you think wellness is expensive then try illness	7 October, 2018	Shifaa Institute of Postgraduates Medical Science and Shifaa health foundation trust, Shifaa Auditorium, Bengaluru
18.	CME on “Can we prevent TB Tsunami”	4 November, 2018	Shifaa Institute of Postgraduates Medical Science and Shifaa health foundation trust, Shifaa Auditorium, Bengaluru
19.	National Seminar on Unani Medicine, Non Communicable Diseases (NCD).	28-29 December, 2018.	All India Tibbi Congress, New Delhi at Urdu Maskan Auditorium, Hyderabad, Telangana
20.	Ortho-Neuro Con 2018 International Conference on orthopedic and Neuroscience with Unani Trends on the occasion of the 3 rd Death Anniversary of Hakeem Gulam Rasool	30 December 2018	Hazrat Ghouse ul Azam Academy and UMA at Nawab Zain Yar Jung Bahadur Auditorium, Hyderabad, Telangana
21.	CME- CLCE-Clinical laboratory continued education” Without laboratories, Men of Science are Soldiers without arms	6 January 2019	Shifaa Institute of Paramedical Science, Postgraduates Medical Science and Shifaa health foundation trust, Shifaa Auditorium, Bengaluru
22.	Two day CME in Pharmacovigilance	15-16 January 2019	Intermediary Pharmacovigilance Centre for Unani Drugs (IPvCC), National Institute of Unani Medicine, Bangalore
23.	Naitonal Conference on educational administration and excellence in ISM	21-22 January 2019	CCIM, J.N Tata Auditorium, Indian Institutes of Science, Bengaluru, India.
24.	CME and Workshop in Research Methodology and Protocol Writing	2-3 February 2019	Shifaa health foundation trust in association with National Board of Examinations, New Delhi, Shifaa Auditorium, Bengaluru
25.	One day Seminar on Unani Medicine for public health	14 February 2019	National Institute of Unani Medicine, Bengaluru
26.	Prevention and management of medical emergencies in dental office	3 March 2019	KGF College of Dental Sciences and Hospital, Department of conservative dentistry and endodontics and Shifaa Health foundation trust in association with global dental professionals. Shifaa Auditorium, Bengaluru
27.	National Conference on Recent Developments in Biomedical, Unani and Ayurvedic Translational Research & Darker Side of Rampant Use of Lead Based Products Theme: “safe and affordable research products for better healthcare”	11-12 March 2019	Department of Biochemistry, J.N. Medical College, AMU, Aligarh and Under the Aegis of Indian Academy of Biomedical Sciences (IABS) & Indian Society for Lead Awareness and Research (InSLAR)
28.	National Hijama Convention Redeeming the forgotten Sunnah on occasion of World Health Day	7 April 2019	Organized by Aisha Alternative Medicine and Regimenal Therapies Foundation at Urdu Maskan, Hyderabad, Telangana
29.	CME on Basic of emergency and critical care	4 August 2019	Shifaa Institute of Postgraduates Medical Science and Shifaa health foundation trust, Shifaa Auditorium, Bengaluru
30.	Science of energy	24 August 2019	Otganized by Dept. of IlmuJarahat, Sponsored by Johnson and Johnson.,

			National Institute of Unani Medicine, Bengaluru
31.	Vth World Congress on Women-2019	8 September 2019	Organized by Biogenesis cluster held on 8 September 2019, J.N Tata Auditorium, Indian Institutes of Science, Bengaluru, India.
32.	Treatment guidelines in the AmrazeAsab	21 September, 2019	National Institute of Unani Medicine, Bengaluru
33.	Doses of drugs	23 Sept. 2019	National Institute of Unani Medicine, Bengaluru
34.	ISAR travelling seminar as controlled ovarian stimulation, IUI and vaginal progesterone in Obstetrics and Gynecology	29 Sept.2019	Organized by Indian Society for Assisted reproduction, Lalit Ashok Hotel, Bengaluru, India
35.	Life Conference-2019 Life beyond expectations	1-3 Nov. 2019	Organized by International Institute for Training & Research in Reproductive Health (IIRRH), Lalit Ashok Hotel, Bengaluru, India
36.	National Seminar on prevention and control of Non-communicable diseases	16-17 Dec.2019	Organized by Department of TahaffuziwaSamaji Tib National Institute of Unani Medicine, Bangalore
37.	CME in Gynec oncopathology Challenges in the path of Gyn-oncology	8 February, 2020	Organized by Sri Shankara Cancer hospital and Research centre, Bangalore
38.	CME- Health care Landscape. "Law and The Doctor"	9 February, 2020	Shifaa Institute of Postgraduates Medical Science and Shifaa health foundation trust, Shifaa Auditorium, Bengaluru
39.	International Conference on Unani Medicine: Unani Medicine- Towards achieving the sustainable development goal (SDG-3) of "Good health and well being" for public health	11-12 February, 2020.	Organized by Central Council for Research in Unani Medicine, Ministry of AYUSH, GOI. Vignan Bhavan, New Delhi
40.	Prevention is better than cure: Potential Unani solution for COVID-19	May 13, 2020	Jamia Hamdard Webinar Series (COVID-19) School of Unani Medical Education and Research, Jamia Hamdard, New Delhi
41.	Role of Hijamah in present Health Challenges	May 23. 2020	Regima Healthcare Pvt. Limited and softential solutions technology partners, Online CME Webinar
42.	Global response to Covid-19	May 23, 2020	Webinar International conference, International Institute of Health Sciences, International University Learning centre, Srilanka
43.	First International Online Conference on Integrative Medicine and Clinical Practice "Integrative Medicine and Covid-19"	May 30, 2020	Tehran University of Medical Sciences, School of Persian Medicine
44.	CME through webinar on revisiting clinical understanding in post-covid scenario	June 3. 2020	Regima Healthcare Pvt. Limited and softential solutions technology partners, Online CME Webinar

45.	Online teaching and its effect on social life	June 4, 2020	Department of automobile Engineering. M. H. SABoo Siddik college of engineering , Anjuan-i-islam's, Mumbai.
46.	National Webinar on optimising Tabiat and boosting immunity as cure all in epidemics and pandemics	June 12, 2020	Departmental of Munafeul Aza, Ajmal Khan Tibbiya College, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh
47.	Post Corona times: Road a head	June 15, 2020	Jamia Hamdard Webinar Series (COVID-19) School of Unani Medical Education and Research, Jamia Hamdard, New Delhi
48.	Webinar on collaborative action between Government and Academic Institution	June 17, 2020	IIHMR University, Jaipur
49.	Online CME program on "A talk to Unani Doctors on COVID-19"	June 21, 2020	Al-Hakeem Unani Medicare Centre, Mumbai
50.	Amraze Niswan wa Qabalat: How to manage in CORONA and COVID-19	June 25, 2020	Jamia Hamdard Webinar Series (COVID-19) School of Unani Medical Education and Research, Jamia Hamdard, New Delhi
51.	Online Virtual CME on Reproductive immunology infections and rheumatology	December 19-20 December, 2020	18 th ChanRe Update 2020. ChanRe Rheumatology and Immunology Center & Research, Bengaluru
52.	SPSR National webinar on Academic delivery and assessment during covid-19 pandemic Vis-à-vis national education policy	December 20, 2020	Society of pharmaceutical sciences and research
53.	International webinar on International student mobility and its ethical implications	December 3-4, 2020	Dept. of English, Scott Christian College, Nagecoil, Globeethics.net India and Journal of Dharma, Bangalore
54.	Awareness programme on pharmacovigilance	December 21, 2020	Intermediary pharmavigilance centre for Unani drugs, National Institute of Ayurveda Jamnagar, Ministry of AYUSH, GOI
55.	SPSR National webinar on pharma career vogue: paving the Way ahead	December 27, 2020	Women's forum of society of pharmaceutical sciences and research
56.	Live webinar on the scope of clinical research, growth and opportunities for Unani medical professionals and student	December 26, 2020	FUMO in association with ClinoSol Research Pvt. Ltd,
57.	National Webinar on impact of covid 19 on pharmaceutical education and research	January 8, 2021	Society of Pharmaceutical Sciences and Research
58.	National Webinar on nanotechnology and medical sciences challenges ahead	January 16, 2021	Society of Pharmaceutical Sciences and Research

59.	Virtual blood health forum series- Micronutrients and blood health: Myths and challenges in Asia	January 21, 2021	FOGSI
60.	Cervical cancer awareness month- two day national webinar on gynecological cancer: A Holistic approach.	January 22-23, 2021	organized by the dept of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Ministry of AYUSH
61.	Webinar series-1 Unani medicine in Ilmul Qabalat wa Amraze Niswan (Obstetrics and Gynecology	February 4, 2021	organized by the dept of Ilmul Qabalat wa Amraze Niswan, National Institute of Unani Medicine, Ministry of AYUSH
62.	National webinar on Unani Medicine	February 7, 2021	Hamara Research and Training centre, Saharanpur
63.	Webinar on vital deficiency vs. Life making hormone	21 November 2021	Society of Pharmaceutical Sciences and Research
64.	CME- Live Case Discussions Basic Life Support -Live demonstration	30 November 2021	CLIRnet service private Limited
65.	Covid-19 pandemic: experiences and lesson learned webinar on role of nutrition in maintaining health	16 December 2021	Organized by Central Council for Research in Unani Medicine, Ministry of AYUSH, GOI
66.	19 th ChanRe update-2021 virtual CME	18& 19 December 2021	Immunology centre and Researh and ChanRe diagnostic laboratory, Bangalore
67.	Covid-19 pandemic: experiences and lesson learned webinar on Management of COVID-19 cases: Experience sharing	17 December 2021	Organized by Central Council for Research in Unani Medicine, Ministry of AYUSH, GOI
68.	Covid-19 pandemic: experiences and lesson learned webinar on Taking care of mental health during and after covid-19	20 December 2021	Organized by Central Council for Research in Unani Medicine, Ministry of AYUSH, GOI
69.	Covid-19 pandemic: experiences and lesson learned webinar on post-covid complications and care	21 December 2021	Organized by Central Council for Research in Unani Medicine, Ministry of AYUSH, GOI
70.	Webinar on Awareness program of pharmacovigilance of ASU drugs	20 December 2021	Peripheral pharmacovigilance Centre, Hakim Syed Zia ul Hasan Govt. Hospital, Bhopal
71.	webinar on International world cancer Day	4 February 2022.	Organized by International association of Oncology,

72.	National Webinar on bio-ethics with emphasis on GCP guidelines”	5 February 2022	organized by RRIUM, Chennai, Ministry of AYUSH, GOI
73.	Annual global conference “Pradanya 2022” on innovation in healthcare and education: The decade of acceleration for global goals	9-11 February 2022.	organized by Indian Institute of Health Management Research (IIHMR) University, Jaipur, Rajasthan,
74.	National Webinar on Unani system of medicine for public health	12 February 2022	organized by A & U Tibbia College and Hospital, Government of NCT of Delhi, Karolbagh, New Delhi
75.	webinar on International Childhood Cancer Day,	15 February 2022.	Organized by International association of Oncology and RV College of Nursing, Bangalore,
76.	Dr Arshiya Sultana attended Webinar on management of respiratory symptoms in long Covid by Dr Prince James	24 February 2022.	organized by BMJ,
77.	Webinar on International Women’s Cancer Awareness Day world cancer Day.	8 March 2022	Organized by International association of Oncology
78.	International webinar on women’s health and entrepreneurship	10 March 2022	International naturopathy organization and surya foundation , NIN, Ministry of AYUSH
79.	Webinar on Management of type 2 diabetes mellitus with focus on oral hypoglycaemic, on	25 March 2022.	BMJ India
80.	Webinar on Diagnosing and managing epilepsy in primary care	28 July 2022.	BMJ
81.	Clinical update in diabetes 2022. 8th edition.	12-14th August 2022,	Hotel Sheraton Grand at Brigade Gateway, Bengaluru (physically) organized by American Diabetes Association.
82.	One-day Interdisciplinary CME in Collaboration with NU Hospital on Unani and contemporary view on diabetic complications and their	03 September 2022	National Institute of Unani Medicine, Ministry of AYUSH, Bengaluru-91

	management.		
83.	Webinar on the Approach to abnormal uterine bleeding in primary care by Dr Amita Ray.	October 28, 2022	BMJ India
84.	Webinar on the management of T2DM with a focus on New age Therapies by Dr Sanjay Kalra	November 24, 2022.	BMJ India
85.	CME on critical care and pain medicine	31 May 2024	organized by Shifaa Institute of Post graduate Medical Sciences Hospital, Bengaluru,
86.	Unveiling Role of 'Ilāj bi'l Ghidha (Unani Dietetics) in Metabolic Syndrome in Women	12 June 2024	conducted by Dept of Amraze Niswan wa Ilmul Qabalat, National Institute of Unani Medicine, Bengaluru
87.	Anaesthesia in obstetrics and labour room protocol	19 June 2024	conducted by Dept of Amraze Niswan wa Ilmul Qabalat, National Institute of Unani Medicine, Bengaluru

III. Books/Chapters Published as Single Author or as a Editor

S. No.	Title with page nos.	Type of Book Editor & Authorship	Publisher & ISSN/ISBN No. National /International	Name. of Co-authors/Associate editor	Whether you are the main author/Editor/
1.	Scientific appraisal of Unani herbs acting on female reproductive system.	LAP Lambert Academic Publishing, Germany; 2012	978-3-659-11677-3 International	Rahman K, Wadud A.	Yes author
2	Essentials of Research Methodology in Unani Medicine	Frontline Publication; 2020 Editor and author	9781-89966-81-2 National	Rahman K, Wadud A.	Yes Editor and author
Citation:					
1. Unani Medicine and Cancer Christer Sundqvist. Prepublished article, 2020 Petrafoundation, Helsinki, Finland https://www.petrafoundation.com/en/foundation					
1.	Chapter in a book: Arshiya Sultana: Contemporary overview of bacterial vaginosis in conventional and complementary and alternative medicine in Computational Intelligence in	Academic Press: An imprint of Elsevier, 2022	ISBN 978-0-323-99031-8 https://doi.org/10.1016/B978-0-323-99031-8.00024-7 International	Kahkashan Baig Khaleequr Rahman et al.	Yes

	Healthcare Applications				
2.	Chapter in a book: Arshiya Sultana Recent advancements of pelvic inflammatory disease: A review on evidence-based medicine in Computational Intelligence in Healthcare Applications	Academic Press: An imprint of Elsevier, 2022	ISBN 978-0-323-99031-8 https://doi.org/10.1016/B978-0-323-99031-8.00024-7 International	Sumbul, Khaleequr Rahman et al.	Yes
3.	Chapter in a book: A review of amenorrhea toward Unani to modern system with emerging technology: Current advancements, research gap, and future direction in Computational Intelligence in Healthcare Applications	Academic Press: An imprint of Elsevier. 2022	ISBN 978-0-323-99031-8 https://doi.org/10.1016/B978-0-323-99031-8.00024-7 International	Sumbul Mehdi Arshiya Sultana, Md Belal Bin Heyat et al	No
4.	Arshiya Sultana, An Integrative and Holistic Approach in Premenstrual Syndrome and Premenstrual Dysphoric Disorder Management.	Springer: The Psychology of Anger. 2022. pp.145–173.	10.1007/978-3-031-16605-1_9. International	Khaleequr Rahman, Heyat, Md Belal Bin, Alexiou, Athanasios, Akhtar, Faijan.	Yes

MS: Supervisor in National Institute of Unani Medicine

S. No.	Name	Year	Title of the Research Work:
1.	Dr. Arifa Fatima	2007-08	Clinical Evaluation of <i>Kasrate Tams</i> (Menorrhagia) and its Management with a <i>Unani</i> Formulation
2.	Dr Manjula S	2009-10	Management of <i>Qillatul Laban</i> (Inadequacy of Lactation) with a <i>Unani</i> Drug
3.	Dr. A R Padmaja	2010-11	Clinical Evaluation of Stress Urinary Incontinence in Women of Reproductive Age and its Management with Combination of Two <i>Unani</i> Drugs.
4.	Dr Lubna Fathima	2011-12	Clinical Efficacy of <i>Khare khask</i> in Menopausal Transition
5.	Dr. Kum Asma	2012-13	Clinical Efficacy of a <i>Unani</i> Drug in <i>Usre Tams</i> (Dysmenorrhoea): A Single-Blind Randomized Standard Controlled Trial
6.	Dr. Najeeya AGF.	2103-14	Efficacy of <i>Bisbasah</i> in women with mixed urinary incontinence: A single-blind randomized controlled trial
7.	Dr. Amera Anjum	2014-15	Comparative study of <i>Joshandae amaltas</i> and <i>Bisbasah</i> vs mefenamic acid in <i>Usre Tamth Tashannuji</i> (Spasmodic Dysmenorrhea)
8.	Dr. Sana Qayyum	2015-16	Efficacy of <i>Tukhme Katan</i> and <i>Isapghol</i> in <i>Waram al-Rahim</i> - A Randomized Standard Controlled Study
9.	Dr. Rushda Saeedi	2016-17	Effect of <i>Abzan</i> of <i>Samar Babool</i> in <i>Sayalan-al-Rahim</i> : A randomized controlled study
10.	Dr. Marhaba Khanam	2017-18	Effect of <i>Bisfayej</i> in premenstrual syndrome: A randomized controlled study
11.	Dr. Khahkashan Baig	2018-19	Comparative evaluation of <i>Kakrasingi</i> and Metronidazole in <i>Sayalan al-Rahim</i>
12.	Dr MJ Aynul Fazmiya	2019-20	Effect of <i>Shiyaf</i> of <i>Gond-i-Babul</i> and <i>Kafoor</i> in <i>Kathrat-i-Hayd</i> (Heavy Menstrual Bleeding)- A Randomized Controlled Study
13.	Dr Sumbul	2019-20	Effect of <i>Hamul</i> of <i>Roghan-e-Gul</i> with <i>Kunjad</i> in Uncomplicated Pelvic Inflammatory Disease: A Randomized Controlled Study
14.	Dr Arfa Begum	2020-21	Effect of <i>Anisoon</i> in Menopausal Women with Psychological Symptoms: A Randomized Placebo-Controlled Study
15.	Dr Taseen Banu	2020-21	Comparative study of <i>Abhal</i> and Mefenamic Acid in Primary Dysmenorrhoea
16.	Dr Uzma Shamim Ahmed Ansari	2021-22	Effect of <i>Khar-e-Khasak</i> in Female Sexual Dysfunction: A Randomized Placebo-Controlled study
17.	Dr Zohra Jabeen Ali Ahmad	2021-22	Effect of <i>Brahmi</i> in Premenstrual Syndrome: A Randomised Placebo-Controlled Study
18.	Dr Rahnuma Anjum	2022-23	Efficacy of <i>Roghan-e-Hina</i> Versus Povidone-iodine in Perineal Wound Healing in Postpartum Women: A Randomized Controlled Study
19.	Dr Zya Shireen	2022-23	Efficacy of <i>Barg-e-Gaozaban</i> in Postmenopausal Syndrome: A Randomized Placebo Controlled Study

20.	Dr. Ramsha Arshad	2023-24	Efficacy of Hījāma bilā Sharṭ and Tukhm Bartang versus Tranexamic Acid in Women with Kathrat-i-Hayd
21.	Dr Saman Fatma	2023-24	Efficacy of Badranjboya in Postmenopausal Syndrome: A Randomized Placebo-Controlled Study
22.	Dr. Mohamed Farook Mohamed Silmy	2023-24	Awareness and Perception about Male Infertility among Medical Students: A cross-sectional Study
MS: Co-Supervisor in National Institute of Unani Medicine			
23.	Dr. Shabana Hashmi	2006-07	Clinical study of <i>Takkul mae Iltehabe unqur Rehm</i> and its Management with <i>Unani</i> Formulations.
24.	Dr. M.U. Z. N. Farzana	2007-08	Clinical Study of <i>Nutue Rehm</i> (Uterine prolapse) and its Management with a <i>Unani</i> Formulation
25.	Dr. Wajida Tabassum	2008-09	Clinical Evaluation of <i>Usre Tams Ibitadee</i> (Primary dysmenorrhoea) and its Management with a <i>Unani</i> Treatment.
26.	Dr Fakeha Firdous	2017-18	Formulation and Evaluation of Vaginal Suppositories Prepared with Extract of <i>Berge Hina (Lawsonia inermis L.)</i>
27.	Dr. Farheen Zehra	2020-21	Exploration of <i>Asbab wa Mahiyatul Marazi</i> (Etiopathogenesis) of <i>Ihtibas-e-Tamth</i> , National Institute of Unani Medicine
28.	Dr Kouserunnisa M	2020-21	Prevalence of Iron Deficiency Anaemia in Pregnant Women: A Prospective Observational Study Government Unani Medical College and Hospital, Bangalore, Rajiv Gandhi University of Health Sciences
29.	Dr Hamida Bano	2021-22	Efficacy of Unani formulation in <i>Inzilaq al-Rahim</i> (Uterine Prolapse). A self-control clinical study Government Unani Medical College and Hospital, Bangalore, Rajiv Gandhi University of Health Sciences
30.	Dr Sumaiya Kouser	2021-22	Comparative study of <i>Tukhm-e -Bartang</i> with Tranexamic acid in <i>Kathrat-i-Tamth</i> (Heavy Menstrual Bleeding) Government Unani Medical College and Hospital, Bangalore, Rajiv Gandhi University of Health Sciences
31.	Dr. Sonam A	2023-24	Efficacy of <i>Ābzān</i> of <i>Habbul Aas, Izkhar</i> and <i>Post Anar</i> with Pelvic Floor Muscle Exercises in <i>Nutū al-Rahim</i> (Uterovaginal Prolapse): A Randomized Standard Controlled Study Government Unani Medical College and Hospital, Bangalore, Rajiv Gandhi University of Health Sciences
32.	Dr. Summaiya Mulla	2023-24	Efficacy of <i>Joshānda Baboona</i> and its Sitz Bath in ' <i>Usr al-Tamth Tashanuji</i> (Spasmodic Dysmenorrhea): A Randomized Standard Controlled Study Government Unani Medical College and Hospital, Bangalore, Rajiv Gandhi University of Health Sciences
33.	Dr. Siddiqui Shaheen Abdul Wahid	2023-24	Efficacy of Unani Formulation Locally in Cervical Ectopy with Cervicitis: A Randomized Standard Controlled Study Government Unani Medical College and Hospital, Bangalore, Rajiv Gandhi University of Health Sciences
34.	Dr. Humera Sadiya	2023-24	Efficacy of <i>Zaj</i> in <i>Kathrat-i-Hayd</i> (Heavy Menstrual Bleeding) - A Randomized Comparative Clinical Study