

**CERTIFICATE COURSE IN UNANI MEDICINE  
(SHORT DURATION COURSE FOR FOREIGN NATIONALS)**

- Eligibility** : Foreign Nationals having graduation degree in any discipline.  
**Venue** : National Institute of Unani Medicine, Bangalore, India  
**Duration of course** : 80 Hours  
**Fee** : 500 US \$ excluding boarding and lodging  
**Period of Course** : To be notified

**Last date of submission of applications** : To be notified

**Curriculum:**

The proposed curriculum is aimed to make the candidate familiar with the basic principles of Unani System of Medicine and to impart basic knowledge about the diseases and their principles of treatment. The curriculum is purely based on classical theme of the system.

**Part I**

**- 10 hrs**

**Basic principles of Unani Medicine**

- Evolution of Unani system of Medicine and its distinctive character *vis a vis* other systems of medicine
- Basic Principles of Unani Medicine specially the Concept of Mizaj, Akhlat, etc.
- Six essential factors and their impact on health
- Concept of health and disease
- Factors associated with health and disease
- Quwate Mudabbira badan ( power of self perseverance)
- Usoole Ilaj (Principles of treatment)
  - Ilaj Bil Ghiza (Dietotherapy)
  - Ilaj Bil Dava (Drug Therapy)
  - Ilaj Bil tadabeer (Regimenal Therapy)
  - Ilaj Bil Yad (Surgery)
- Regimenal therapy and its application in neurological disorders and the chronic diseases.

**Part II**

**- 20 hrs**

- Ashkale Advia (Dosage forms) of Unani Drugs
- Tadabeere Advia (Detoxification) of Unani Drugs
- Mode of action of Unani Drugs
- Concept of Zofe Aza and Muqavvyiat (Weakness of organs and Tonic Drugs)
- Description of important Unani Drugs related to the following Systems:
  - Central Nervous System
  - Digestive system
  - Respiratory system
  - Cardiovascular system
  - Urogenital system
  - Skin and Cosmatology
  - Life Style Disorders

### **Part III**

**- 20 hrs**

- Principles and methods of diagnosis
- Approach of Unani Medicine towards the treatment of Chronic and acute diseases
- Common Systemic manifestations and their management in Unani system of Medicine

#### **Central Nervous System**

Nisyan (Loss of Memory )  
Zofe Dimagh (Weakness of brain)  
Melancholia and other psychotic disorders  
Sahar (Insomnia)

#### **Digestive system**

Zofe Amaa (Weakness of Intestines)  
Hamoozate Meda (Hyperacidity)  
Zaheer (Dysentery)  
Warme kabid (Hepatitis)  
Zofe Kabid (Weakness of Liver )

#### **Respiratory system**

Chronic Bronchitis  
Bronchial Asthma  
Common Cold  
Sinusitis

#### **Cardiovascular system**

Zoafe Qalb

#### **Urogenital system**

Warme Kuliya ( Nephritis)  
Warme Majrae Bol (inflammation of Ureters, bladder and Urethra)  
Hasate Kuliya wa Masana (Kidney and Bladder stones)  
Zofe Bah, Surate anzal

#### **Skin**

Vitiligo  
Psoriasis

#### **Life Style Disorders**

Diabetes  
Hypertension  
Obesity  
Arthritis  
Infectious Diseases

### **Part IV**

**- 30 hrs**

- Demonstration of common single drugs
- Demonstration of different dosage forms of drugs
- Demonstration of some Pharmaceutical procedures
- Demonstration of some Regimental procedures
- Demonstration on OPD and IPD patients
- Visit to Unani industry